



- 6 Samoa fish farm
- 9 It takes (a bigger) village
- 19 Grammar binary

BY BEN CHRISTOPHER,
A REPORT FROM CALMATTERS

FRIDAY | MARCH 29th

Sapphire Palace at Blue Lake Casino Hotel



BLUE LAKE
CASINO ♦ HOTEL



1.877.BLC.2WIN
WWW.BLUELAKECASINO.COM

We support responsible gambling: call 1-800-GAMBLER. Management reserves the right to cancel or modify promotions at any time. An enterprise of the Blue Lake Rancheria Tribe. ©2002-2019 Blue Lake Rancheria Tribe. All Rights Reserved.

Contents

- 4 Mailbox**
- 5 Poem**
Shared Space
- 6 News**
Norwegian Company Casts
Bid for Fish Farm
- 8 Home & Garden**
Service Directory
- 9 News**
The Village Returns
- 11 Week in Weed**
The Fear is Real
- 13 NCJ Daily**
- 14 On The Cover**
How California got Tough on Guns
- 19 Seriously?**
Why I Will Not be Using
Your Preferred Pronouns
- 20 Table Talk**
Bottled Up at Tomaso's
- 21 Humboldt Made**
Special Advertising Section
- 22 Music & More!**
Live Entertainment Grid
- 26 The Setlist**
In and Out of Love
- 27 Calendar**
- 32 Filmland**
Frozen Out
- 33 Sudoku & Crossword**
- 34 Washed Up**
Interview with a Sand Dollar
- 34 Workshops & Classes**
- 39 Cartoons**
- 40 Free Will Astrology**
- 40 Classifieds**



Filling up sauce jars at Tomaso's. Read more on page 20.

Photo by Mark McKenna

On the Cover
Illustration by Jonathan Webster

North Coast Journal

of Politics, People and Art

Feb. 14, 2019 • Volume XXX Issue 7
North Coast Journal Inc.
www.northcoastjournal.com

ISSN 1099-7571 © Copyright 2019

Publisher

Chuck Leishman
chuck@northcoastjournal.com

General Manager

Melissa Sanderson
melissa@northcoastjournal.com

News Editor

Thadeus Greenson
thad@northcoastjournal.com

Arts & Features Editor

Jennifer Fumiko Cahill
jennifer@northcoastjournal.com

Assistant Editor/Staff Writer

Kimberly Wear
kim@northcoastjournal.com

Staff Writer

Iridian Casarez
iridian@northcoastjournal.com

Calendar Editor

Kali Cozyris
calendar@northcoastjournal.com

Assistant Special Publications Editor

Cassie Curatolo
cassie@northcoastjournal.com

Contributing Writers

John J. Bennett, Simona Carini, Wendy Chan,
Barry Evans, Gabrielle Gopinath, Collin Yeo

Special Publications Publisher

Creative Services Director
Lynn Leishman lynn@northcoastjournal.com

Production Manager

Holly Harvey holly@northcoastjournal.com

Art Director

Jonathan Webster jonathan@northcoastjournal.com

Graphic Design/Production

Miles Eggleston, Jacqueline Langeland,
Amy Waldrip ncjads@northcoastjournal.com

Advertising Manager

Kyle Windham kyle3@northcoastjournal.com

Advertising

Linus Lorenzen linus@northcoastjournal.com

Tyler Tibbles tyler@northcoastjournal.com

Multimedia Content Producer

Zach Lathouris zach@northcoastjournal.com

Classified Advertising

Mark Boyd classified@northcoastjournal.com

Bookkeeper

Deborah Henry billing@northcoastjournal.com

Chief Executive Officer

Judy Hodgson judy@northcoastjournal.com



Mail/Office

310 F St., Eureka, CA 95501
707 442-1400 FAX: 707 442-1401

www.northcoastjournal.com

Press Releases newsroom@northcoastjournal.com

Letters to the Editor letters@northcoastjournal.com

Events/A&E calendar@northcoastjournal.com

Music thesetlist@northcoastjournal.com

Classified/Workshops classified@northcoastjournal.com



The North Coast Journal is a weekly newspaper serving Humboldt County. Circulation: 21,000 copies distributed FREE at more than 450 locations. Mail subscriptions: \$39 / \$2 issues. Single back issues mailed \$2.50. Entire contents of the North Coast Journal are copyrighted. No article may be reprinted without publisher's written permission. Printed on recycled paper with soy-based ink.

Did you survive abuse within the Diocese of Santa Rosa?



The Diocese of Santa Rosa has released a list of 39 priests and others who it says have been the subject of an allegation of child sexual abuse.

If you or someone you love was sexually abused by a priest or person associated with the Diocese of Santa Rosa, please contact us for a free consultation to learn your legal options.

We represent abuse **survivors**, not the Catholic Church.

If you were sexually abused as a child, you are not alone.

For more information, please call or visit our website.

CaliforniaSexAbuseLawyers.com
1-888-355-2471

All contact is strictly private and confidential.

The information in this Attorney Advertising is provided by Rahul Ravipudi of the California-based law firm of Panish Shea & Boyle LLP, 1111 Santa Monica Blvd., Suite 700, Los Angeles, California 90025, (310) 477-1700. Panish Shea & Boyle has joined with the Seattle, Washington law firm of Pfau Cochran Vertetis Amala PLLC, 403 Columbia St., Suite 500, Seattle, Washington 98104, (206) 462-4334 to assist survivors of abuse. The lawyers of Pfau Cochran Vertetis Amala PLLC are not licensed to practice law in California, but have extensive experience representing survivors of childhood sexual abuse. The two law firms have not formed a partnership, but are working together in accordance with applicable California law, court rules, and ethics requirements to represent abuse survivors given the likely change to California law for abuse survivors. Prior results do not guarantee a similar outcome. Please contact us if you have any questions.

FORBUSCO
LUMBER & BUILDING SUPPLY

**WEEKLY
SPECIALS!**

81.60 Carton
PURE Vinyl Plank Flooring
Carton equals 23.29 sq. ft., which equals a sale price of**3.50** Sq. Ft.

Revolutionary 360 Locking system allows you to create stunning patterns and designs. Installs faster than traditional click systems.

- Made in Belgium
- PURE floors are 100% Waterproof
- PURE Floors are 100% Recyclable
- RCB (Rigid Composite Board) for superior Dimensional Stability
- PURE is extremely stable, floor temperature up to 140°F
- RCB planks help eliminate telegraphing of subfloor imperfections
- Lifetime Residential Warranty
- 10-Year Light Commercial Warranty



Sale Starts 2/21/19
Sale Ends 3/6/19

55.79 Carton
Rich Earth Hybrid Aquarius Flooring
Carton equals 23.64 sq. ft., which equals a sale price of**2.36** Sq. Ft.

- 100% waterproof
- Ideal for kitchens, bathrooms & basements
- Sound absorbent
- High density core board (870 PSI)
- Glue less interlocking system
- Durable and resilient
- Stain and wear resistant
- Easy to clean

High performance hybrid WPC flooring by Medallion

U-Haul Only...Limited Stock On Hand

FORBUSCO LUMBER • 1784 SMITH LANE • FORTUNA, CALIFORNIA • (707) 725-5111

19-0003 CU

COPYRIGHT © 2019 CIRCULARS UNLIMITED. All Rights Reserved. www.circulars.com

Joan Woodcock Insurance Services



I CAN HELP!

Medicare Supplements • Life
Prescription Drug Plans • Dental Plans

725-1200 • 1506 a Main Street Fortuna, 95540
CA Lic. # 0E34152

DR. PAUL DOMANCHUK
OPTOMETRIST

THE VISION CENTER

Providing Eye Care &
Eye Wear for over 50 years.

DR. KENNETH KAISER
OPTOMETRIST

Previously with Eye of the Phoenix

616 H STREET • EUREKA

443-1619



DOWNTOWN
&
OLD TOWN
EUREKA

#SHOPLOCAL

#SUPPORTLOCALBUSINESSES

EUREKAMAINSTREET.ORG

Mailbox

Our Come to Jesus Moment

Editor:

Something special happened locally around this years Women's March: authentic dialog around white privilege ("Overwhelmingly White," Jan. 10). As a white male, I choose to be careful commenting about the women's movement and racial injustice. It would be easier to say nothing. Though I'm not "religious," I learned about Jesus as a child and, like Jesus, I choose peace for all humankind.

So, as a descendant of colonizers, I choose to reflect on the benefits white privilege affords me as I work for peace. I challenge other white men to do the same. I also extend this challenge to white women because white privilege transcends gender and because, based on the words of local women upset by the march cancellation and subsequent boycott, I can see that reflection is needed. The self-declared "new management" for the local 2019 Women's March could not understand the reasons that compelled original organizers to hit the pause button. As stated in a calendar announcement in the *North Coast Journal*: "What do we want? Intersectional feminism. Why is this hard?" That is a great question!

It gets back to the idea of Jesus' pure love and desire for peace. Privilege makes it easy for us to wrap ourselves up in the comfortable idea that we just want peace for everyone. Why all the divisiveness? After all, we all want the same thing, right? Let's check ourselves there. The comfortable space we enjoy all year, by virtue of our white privilege, affords us these luxurious ideas. It's disrespectful to expect our brothers and sisters of color to come out and "intersect" during our annual show of force. Persistent, systematic oppression means that authentic intersectional experiences are going to be the hard-won result of humble, courageous and sustained engagement with the communities struggling against that oppression.

Dave Carter, Eureka

On Priest Abuse

Editor:

I just finished reading the *Journal's* report on the Catholic Archdiocese of Santa Rosa in which Bishop Robert Vasa is partially quoted as saying "I know of no other way to bring light to this distressing moment in the church." ("Rid me of This Troublesome Priest," Feb. 7.)

This moment. In chilling understatement, the bishop and even the *North Coast Journal* fail to follow the dots to the end. It has long been accepted that abusers are usually survivors of abuse.



Terry Torgerson

That being the case, doesn't it follow that abusive priests may have been previously abused within the church they serve? In which case, shouldn't we be asking ourselves whether this problem has always existed in the Catholic Church?

It is time for the church to reexamine its rules on celibacy. It should be remembered that priests were not always forbidden to marry and in other denominations marriage is accepted. While marriage itself is no guarantee that abuse won't happen, allowing for the possibility of a healthy form of love and affection is better than a forced lifelong abstinence. Celibacy for life shouldn't be the only way to serve in the church. We must do more to break the cycle of abuse than just calling out the abusers. We must evolve the church into a spiritual system that doesn't create abusers.

Rhonda Kaminski-Hanck, McKinleyville

Editor:

It is indeed a shame that many of the higher ups in one of the world's oldest religions have turned out to be abusive slimeballs of various kinds.

I recall many years ago, being told by a gentleman, who I have no reason to doubt, that when he was younger, he had applied to be a postulant for the priesthood and, as such, had been sent to a seminary to be trained.

Among other things, one reason he

bailed was that the candidates — all men, naturally — slept together in a dormitory and he would be kept awake by some of the postulants playing musical beds. I suppose you could say they were being trained to not respect the chastity they were supposed to live by.

It is undoubted that at least part of the reason there have been so many abusive priests can be blamed on the Catholic Church holding on to the outmoded ideas of chastity and patriarchy.

So, hold their noses to the grindstone until this mess is cleaned up and admitted to by the hierarchy. There is no reason why the most vulnerable members of society — the children — should be abused by those in power over them.

And not just priests. Several years ago, a Ferndale scoutmaster wound up in prison for abusing his charges. (See the latest edition of the Ferndale Museum's "Our Story.")

And now the reason I originally got up on my soapbox.

The headline for your cover story "(Will No One) Rid me of This Troublesome (sometimes Meddlesome) Priest" — may indeed have been said by Dublin Archbishop Dermot Ryan to Santa Rosa Bishop Mark Hurley, but its history is much longer.

Usually attributed to King Henry II in 1170, it was said about Thomas Becket — Archbishop of Canterbury — after which some of his knights took it upon them-

It's only love that
makes me
get out of bed
and walk into the wide
garden again –
clearing space
for another gathering of
flowers
and my friend
the honey bee

While it shouldn't be
surprising
(at this point)
the way things go
both directions at once –
it helps to be reminded
that
without the Other
there would be no here
here

selves to murder the archbishop as a favor to their monarch.

Which is kind of reminiscent of the recent debacle with the journalist and the Saudi crown prince. The more things change, the more they remain the same.

Bruce L. Slocum, Ferndale

Editor:

Thank you for your much needed article on the sexual abuses by Catholic priests and the cover-ups of their actions. Bad information that needs to be shared. Thank you for helping to spread the word.

I do have one problem with the article. You have a chart of known alleged abusers, which is very interesting. The problem is the repeated use of the word “laicized.” I did not know what that word meant I bet I have a lot of company there. Not in my dictionaries, but in Wikipedia: “Defrocking, unfrocking or laicization of clergy is the removal of their rights to exercise the functions of the ordained ministry.”

Dave Rosso, Eureka

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The deadline to have a letter considered for the upcoming edition is 10 a.m. Monday. ●

PRESIDENT'S WEEK SALE

***** AT PIERSON'S *****

BARE ROOT FRUIT TREES

Bare root fruit trees are now in stock! Choose from apple, pear, peach, cherry and more!

25% OFF

OUR REGULAR MARKED PRICES

IMPACT DRIVER KIT

18-V LXT® Lithium Ion, brushless kit includes Impact driver, battery, charger & bag.

#216118 Reg. \$149.00

LIMITED STOCK NO RAINCHECKS

REDWOOD DECKING

Beautiful and durable con-heart lumber. 8'-18' lengths. S4S.

#14250

\$229 LF

2x6 Milled Locally Humboldt Redwood

BLUEBERRIES

Grows well in our coastal climate. Several varieties. #727008

1-GALLON Reg. \$12.99

\$9.88 EACH

DRILL DRIVER KIT

18-V LXT® Lithium Ion, brushless kit includes ½" drill driver, battery, charger & bag

#216120 Reg. \$149.00

LIMITED STOCK NO RAINCHECKS

\$115.00 KIT

Your Choice Makita

BOGS BOOTS

Warm, waterproof boots that are perfect for Humboldt County weather.

ASSORTED SIZES

15% OFF

OUR REGULAR MARKED PRICES

BEDDING PLANTS

Hardy locally-grown vegetable starts. #727001

Reg. \$2.59

\$1.93 EACH

Locally Grown

GEORGE WASHINGTON
OUR FIRST PRESIDENT
ABRAHAM LINCOLN
OUR SIXTEENTH PRESIDENT

CEDAR FENCING

Dog Ear cedar. Rustic fence boards. #101414

1x6x6' Reg. \$1.99

\$1.69 EACH

SOIL BUILDING CONDITIONER

Excellent organic mulch for bedding plants. #709260

3 CU.FT. Reg. \$8.99

\$7.99 SALE

PPLIER/WRENCH COMBO SET

Includes 8" adj. wrench, 6" slip joint pliers and 10" groove joint pliers. #2001212

3-PC Reg. \$24.99

\$18.88 SET

CEDAR DECKING "WESTERN RED"

Sanded 4 sides with radius edge. STK. #14269

5/4x5

99¢ LF

Premium

DRILL/DRIVE 74-PC BIT SET

Milwaukee Shockwave™ Impact Duty bit set. #236101

LIMITED STOCK - NO RAINCHECKS

Reg. \$39.99

\$29.88 SET

* SPECIALS *

- DRI-Z-AIR CRYSTALS** 13-oz. Refill #86397 **\$1.49 BKG**
- T-8 FLUORESCENT TUBE** 4-ft. 3000 K - 6500 K **\$2.44 EACH**
- LED T-8 TUBE** 4000K, 5000K. Plug 'N' Play. #327050.57 **\$6.88 EACH**
- GREAT STUFF** Expanding foam 12-oz. #13322 **\$3.39 EACH**
- BLUE ATLAS GLOVES** Outstanding grip! Sizes S-XL **\$3.88 PER PAIR**
- TERRO ANT BAIT** 6 liquid bait trays. #7105786 **\$4.99 PACK**
- 5-LB. FATWOOD** Easy fire starter. #4565537 **\$5.44 BXL**
- GORILLA TAPE** 1.88"x35-yds. Black. #4595567 **\$7.88 ROLL**
- PICK-UP TOOL** 36". Gripping claws. #2301190 **\$8.44 EACH**

SALE ITEMS LIMITED TO STOCK ON HAND. NET ITEMS EXCLUDED.

BARBEQUE ACCESSORIES

All BBQ tools and accessories from ManLaw™ are on sale.

20% OFF

OUR REGULAR MARKED PRICES

LED SECURITY LIGHT

Save energy, protect your property. Bronze or White. #326053,054

Reg. \$41.99

\$29.88 EACH

SPECIAL ORDER SHOWER DOORS

All of our special order shower doors from Arizona Shower Door are on sale!

ARIZONA SHOWER DOOR

15% OFF

OUR REGULAR MARKED PRICES

FIR LUMBER

Quality fir lumber at a great price. Rustic AAA #14672

2x4x8 Reg. \$3.69

\$1.79 EACH

3-PC CHISEL SET

Includes ½", ¾" and 1" wood chisels. #20809

Reg. \$25.99

\$17.44 SET

OSB SHEETING

⅞ x 4 x 8 waferboard. #14857

Reg. \$13.99

\$9.99 SHEET


FEB 12TH - FEB 18TH

PIERSON BUILDING CENTER

4100 BROADWAY - EUREKA - 441-2700 - WWW.THEBIGHAMMER.COM

THE Big Blue CAFE

Breakfast Served All Day
Coffee & Espresso
Lunch & Specialty Dishes



**Bring in your sweetheart!
Open on Valentines Day**

MIDDLE OF G ST. ARCATA PLAZA
707.826.7578

Sun - Thurs 8am-3pm
Fri. & Sat. 7am-3pm

HUMBOLDT BAY BISTRO

Classics



**20% OFF
SINGLE ENTREE**

NOT VALID WITH ANY OTHER OFFERS
GOOD THROUGH 3/31/2019

CALIFORNIA-FRENCH CUISINE

1436 2ND ST. EUREKA, CA • 707.443.7339

News



Nordic Aquafarms founder and president of U.S. operations Erik Heim spoke to the crowd before a final vote. *Photo by Mark McKenna*

Norwegian Company Casts Bid for Fish Farm

Question raised about timing and lack of public input

By Kimberly Wear and Thadeus Greenson

kim@northcoastjournal.com | thad@northcoastjournal.com

If everything goes as planned, fresh fish raised in tanks on the now blighted former pulp mill site will be making its way across the West Coast in four years, opening up new avenues for economic development in a region still reeling from downturns in the once mainstay lumber and fishing industries.

At least that is the realistic best hope of officials with Nordic Aquafarms, the Norwegian company behind the proposed land-based facility that looks to ultimately produce some 25,000 tons of farmed fish a year here on the North Coast.

The clock was set in motion Feb. 11 with the Humboldt Bay Harbor, Recreation and Conservation District's decision to sign a 30-year lease with Nordic amid concerns that the deal was ushered through without public input.

It is, Nordic Commercial Director

Marianne Naess said during the meeting, an opportunity to place "Humboldt and Eureka on the map" as an aquaculture innovator.

While the plan has garnered enthusiastic support from some corners, an air of skepticism also abounds, as evidenced by several speakers who emphasized few specifics have been released — one noting the "devil is in the details" — while others questioned the seeming rush to cement the agreement.

Among the standing-room-only crowd, many identified themselves as members of the local fishing community, noting they wished the harbor district was putting less energy into a fish farm and more effort into maintaining the harbor for those who are still trying to make a living off the sea — the very people who worry they may end up in competition with the

proposed endeavor.

Several commissioners said the lease agenda item was just about the land and this was only the start of a long process that will have ample opportunity for public comment.

"This is step one," Commissioner Larry Doss said. "This is the beginning of due diligence."

According to Nordic, the company is looking at raising salmon, yellow tail kingfish (which it does in Denmark) or steelhead using a recirculating aquaculture system, or RAS, which utilizes large tanks and water treatment systems.

The method, the company says, prevents many of the common issues associated with raising fish in offshore pens, including pollution from waste, chemical use and the potential to pass on diseases and parasites to wild fish.

According to the harbor district, the project will include “the removal of all remaining deteriorating buildings and unutilized infrastructure” at the 30-acre property, which was the site of a multi-agency clean-up effort in 2014 to avert a looming catastrophic environmental disaster on the edge of Humboldt Bay.

The lease comes with two automatic 10-year renewals but also includes a three-year option, or “planning period,” during which the company will be pursuing the necessary permits before Nordic would have the option of putting the full lease into effect.

During that time, Nordic will pay the harbor district \$20,000 a year. The rent will increase to \$159,128 annually after the three-year mark. Included in the terms is the right for the company to discharge 6 million gallons of wastewater per day using the site’s ocean outfall pipe, which extends 1.5 miles offshore.

Nordic would also pay a one-time \$500,000 fee to access the district’s electric substation.

According to Naess and Nordic’s founder Erik Heim, the company set its sights on the Samoa Peninsula property after searching the entire coastline up to Canada, looking for a place to establish a West Coast hub of operations.

Humboldt, they said, fit the bill for a number of reasons: the availability of clean fresh and sea water, a central location with the markets of Seattle and Los Angeles just a 12-hour drive away, appropriate infrastructure, a nice community for employees to live, a favorable climate for development and a nearby university that happens to have an aquaculture program.

“We have a freshness advantage and a CO2 advantage,” Naess said in an interview with the *Journal*, referring to the company’s stated goal of generating a minimal carbon footprint.

She and Heim said this West Coast hub would be a far-more environmentally friendly way to meet the United State’s appetite for fresh fish than importing it from other points around the globe.

The region’s notoriously fragile road system didn’t seem to faze them.

“If there’s going to be disruption, obviously we need to account for that,” Heim said of the potential for closures due to weather, fire, landslides or other natural disasters, adding that some customers will be unhappy but they don’t see it posing enough of an issue to disrupt their business model.

Regarding the size of the proposal, Heim seemed to take issue with the “massive” moniker some have affixed to it, pointing to a facility in Miami produces about 99,000 tons of fish a year, far larger

than what’s being proposed here.

“This is far from the biggest,” Heim said. “We’re trying to size this to the local market, we’re not trying to build the world’s biggest farm.”

Touted for the potential to bring millions of dollars to the local economy and employing at least 80 people — the fish farm has its share of supporters, including Fourth District Supervisor Virginia Bass,

who said the proposal would be one of the largest economic investments in the county “since the end of the 20th century.”

“This opportunity represents, to me, the rebirth of the peninsula,” she said.

Others, like Humboldt Baykeeper Executive Director Jennifer Kalt, one of the “shareholder groups” that Nordic has been talking with in the recent weeks, are

taking a measured approach as the process unfolds.

“What the company representatives have said to us, so far, has potential but there’s no specifics of what they actually plan to do,” she said. “So, we’ll be waiting until there is actually something to look at.”

Kalt, like others, questioned why the harbor district deemed it necessary to call a special meeting late Friday afternoon

Continued on next page »

COAST CENTRAL CREDIT UNION



Global Mobile. We got it.

Get More NOW

Belonging Never Felt Better®

445-8801

NCUA
Federally Insured by NCUA





NMLS #808545

Coast Central

Credit Union



coastccu.org

northcoastjournal.com • Thursday, Feb. 14, 2019 • NORTH COAST JOURNAL 7

Continued from previous page

LIVING STYLES

Furniture & Mattress Showroom

PRESIDENTS
DAY SALES
EVENTGOING ON NOW
THROUGH FEB. 18TH

**Extra Savings
on Stressless
Save 20% on
select sofas**



WE PAY THE \$SALES TAX

excluding Tempur-pedic, Stressless, Simmons Black & American Leather



**30% OFF
selected Beauty
Rest close-outs**

**Save up to \$500
on adjustable
Tempur-pedic sets**

Beautyrest
PLATINUMBeautyrest
BLACK

TEMPUR-PEDIC

PLUS EXTRA SAVINGS ON SELECT ITEMS THROUGHOUT THE STORE

Free Delivery, set-up and removal.

2nd & A • Facing the Bay • Old Town Eureka
707.443.3161 • livingstyles.net • Mon-Sat 10-5:30, Sun 11-5

for a Monday afternoon closed session discussion on the lease.

"Unfortunately, the harbor district didn't make the lease available until after it was signed," Kalt said. "We would have appreciated an opportunity to review and comment on it before the commissioners approved it."

"I realize the harbor district is desperate to turn the pulp mill into a positive, but it could have waited a few days," she continued. "Why the rush?"

(Harbor district Executive Director Larry Oetker did not immediately return an email asking for comment on the scheduling decision.)

Members of the fishing community also raised concerns about the timing, the lack of specifics on the project and the lease and potential impacts to their industry, with one noting Nordic gave a "great presentation" but "there's a huge amount of unknowns."

"We're going to be selling fish and you're going to be selling fish, so I think there's some conflict there," another said.

Heim said local input is a "key component" for the company and he understood the concerns of local fishermen, saying he would like to "look for opportunities to work together."

That included going out with a group of local fishermen this week to hear them out but Heim also made clear he doesn't see the facility as their competition.

"Wild salmon is its own category. It's a fantastic product," he said, adding that it has a different texture, taste and price point than its farmed counterpart. "The way we think about it is we're not impacting them, we're reducing the imports (of farmed fish) to the U.S."

Naess added that there may be room for collaboration, noting that Nordic will be building an ice plant on the peninsula that could benefit the fishing fleet and

there may be opportunities to collaborate on transportation.

The company is also in the process of developing an East Coast equivalent in Belfast, Maine, a city of fewer than 7,000 that fought to transform itself following the demise of a harmful legacy of chicken processing plants and canneries that polluted its bay and once left a lingering odor in the air, much the way Samoa Pulp Mill fumes blanketed Eureka in the past.

Heim and Naess both said the company is big on contributing to the local community, pointing the company's offer to help underwrite the purchase of 80-acres of forest for conservation in Belfast.

Nordic's proposed Maine facility, situated on Penobscot Bay, has not been without controversy, however.

Belfast opponents, according to a December *Boston Globe* article, "say city officials are being seduced by the project's potential economic benefits into risking the hard-fought environmental improvements that have helped make Penobscot Bay one of the richest fishing grounds in the world."

But the project also has support from what the *Globe* describes as "major environmental and scientific groups," including the Gulf of Maine Research Institute and the Atlantic Salmon Federation.

"Some of the issues that have created conflict there are kind of out of the equation here," Heim said, citing the lack of neighbors and the availability of an existing outflow pipe.

Meanwhile, Heim and Naess say the outreach in Humboldt will continue as the company pursues the necessary permits for the Samoa site, with the goal of becoming what Naess described as a "serious employer in the community."

But, she acknowledged, there is still "a lot of hard work ahead of us."



Hensel's ACE Hardware
Benjamin Moore

Kitchen Store • Furniture • Appliances • Old Fashioned Candy Store

10% OFF*
FINAL
PURCHASE PRICE
with this coupon

*Excludes power tools.
Not valid with other discounts.

(707) 822-2965
884 9th Street, Arcata

Almquist
lumber company

Your source for the finest hardwoods
& wood working supplies

**CONTRACTOR OR DO-IT-YOURSELF, COME INTO
ALMQUIST LUMBER AND SEE WHAT WE HAVE TO
OFFER IN BEAUTIFUL HARDWOOD FLOORING.**

5301 Boyd Rd., Arcata • Just off Giuntoli Lane at Hwy 299 • 825-8880 • www.almquistlumber.com

*North American hardwoods
to make your home beautiful.*

MADE IN THE USA



Top photo: Current skyline. Bottom: The proposed village housing. *The city of Arcata*

The Village Returns

Revamped plan pits the need for housing against neighborhood concerns

By Iridian Casarez
iridian@northcoastjournal.com

When a controversial student housing project known as The Village came before the Arcata City Council last year, surrounding neighborhoods were concerned over the development's size before it stalled. Six months later, the project is back, with the developer having added about 90 units and 50 beds to its proposal.

AMCAL, the developer looking to get the city's OK for the project, modified the plans, it says, to meet other community concerns — most notably that the company's prior proposal was exclusively for students.

The project came to the Arcata City Council in August as a 600-bed student housing development on the 10-acre Craftsman Mall site that sits across U.S. Highway 101 from LK Wood Boulevard on St. Louis Road — a 20 minute walk from Humboldt State University. The school was on board to manage the 152-unit development but the project ultimately stalled with a split vote from the city council. Councilmembers Susan Ornelas and Brett Watson wanted the project modified to integrate housing for non-student commu-

nity members, while Councilmember Paul Pitino and Mayor Sofia Pereira voted to approve the project as proposed. (Councilmember Michael Winkler has recused himself from all votes on the development because of his prior work with AMCAL.)

The community has been divided on the project since it was proposed. Back in August, some urged the council to move forward, saying the development would help address a student-housing crisis, while others expressed worries about traffic and other neighborhood impacts. Some also pointed out that if HSU took over the project, as it had considered, it could take a valuable property off the property tax rolls and allow the developers to evade prevailing wage requirements.

After reevaluating the project, AMCAL spokesperson David Moon said it took three months to create a new plan for the now 240-unit development, which is proposed to include housing for students and non-students, with different amenities for both housing types. The project is now a divided facility, with two four-story buildings devoted to students and three more two-

Continued on next page »



FREE Box Spring
or up to
\$450 Off Adjustable
Base

some restrictions apply



Mon-Sat 10-6 Sun 11-5

www.mooressleepworld.com

Eureka Arcata Fortuna Mckinleyville

WANT A BETTER BANK?
TRY A BETTER
CREDIT UNION!



ABSOLUTELY
FREE
CHECKING
- ZERO REQUIREMENTS -

Open your account online at www.compassccu.org



Guiding you to better banking

707-433-8662 • 800-440-8662



\$5 Savings required for membership
Federally Insured by NCUA



EMERALD HILLS
ENVIRONMENTAL

**Cannabis
Permitting &
Environmental
Services**

**Need help with the
State, County, Water
Board, or CDFW?**

**Call Us Today!
(707) 633-0420**

Photos
*Is your
passport
current?*



POST-HASTE
SHIPPING • MAILBOXES • NOTARY

600 F St • Arcata • M-F 8:30-6 • Sat 9-5
825-8295 www.posthastemail.com

FedEx **UNITED STATES POSTAL SERVICE** **FedEx**
Authorized ShipCenter Approved Shipper Ground

**WINTER/SPRING
EDITION**

OUT NOW!

FIND IT ON NEWSTANDS
AND ONLINE AT OUR

**NEWLY
REDESIGNED
WEBSITE:**

HUMBOLDTINSIDER.COM



**LIFESTYLE
OUTDOOR FUN
PERFECT TRIPS
FOOD & DRINK
SHOPPING
SOUVENIRS
90-DAY
CALENDAR
REGIONAL MAPS**

**FOR ADVERTISING
INFORMATION CALL:**

442-1400 x319

News

Continued from previous page

to-three story buildings for non-student housing. According to Moon, HSU decided not to be directly involved in the project as a result of the mixed-housing component, as the university cannot manage a housing development that includes non-students.

The changes convinced the city council to give the project another chance and it voted unanimously Feb. 6 to reconsider the development. But opposition remains.

When Community Development Director David Loya presented the revised project to the council, he said some community members still have the same traffic and noise concerns as they did in August.

Steve Barton, a community member opposed to the development, noted that besides letting non-students rent a unit, the project hadn't changed at all.

Moon, meanwhile, said the development has become a "collaboration," as AMCAL considered the concerns expressed at public hearings and applied them toward the development. The new plan includes bike and car sharing programs and a bus line aimed at reducing the need for cars. He argued that the operations and floor plans of the project have changed significantly, with three buildings now slated to be devoted to an open rental market.

"We've always known that students need housing in Arcata. With the new changes, we know now that community members also need housing," Moon said. "[The Village] might not solve the problem but it will help."

In December, a class of HSU investigative reporting students found the California Department of Housing and Community Development determined that Humboldt County needs more than 3,300 new housing units, with 1,300 of those units dedicated for low-income residents, to meet the county's current housing needs. The Village will provide 240 units with 651 beds: 423 for students and 228 for non-student residents. But none of the units, as proposed, would be dedicated for low-income residents and, according to previous *Journal* reporting, rents are expected to run between \$732 for a furnished double room and \$903 a month for a single room.

AMCAL is waiting for the city council to approve the parameters of the project to estimate a price range for The Village, but Moon said that the student portion of the project will be similar to the original proposed rates at the College Creek Apartments and the community rates will be competitive with those on the open market in Arcata.

Loya, who has been working closely with AMCAL on the project, referred to HSU's Student Housing Master Plan study. Published in 2017, the study found that Arcata specifically has had historically low vacancy

rates in housing, making students resort to living in areas like McKinleyville and Eureka. An inability to find — or afford — housing has also left some students homeless.

"All over the map, we see some 1,500 or so students that want to live closer to school but there's no vacancy," Loya said.

Addressing the council this month, members of the public remained split on the project, with some — like Barton — feeling it is too big and hasn't really changed at all, while others hope the development might help address the overall housing crisis in Arcata.

Referencing the local housing shortage, Arcata resident Judy Longshore said this project could help Arcata House Partnership support homeless individuals looking for housing. In addition to helping individuals and homeless families access services like CalFresh and the Arcata Food Pantry, the nonprofit helps people find permanent housing and, in some cases, subsidizes part of their rent. Arcata House Executive Director Darlene Spooore said that when it comes to The Village, the nonprofit supports housing development in general.

"Any housing is good housing," she said. "We need more of it."

Arcata House, which also develops affordable housing, is currently building two new complexes that will result in 10 two-bedroom family units and seven single-room units in Eureka.

Spooore said she is not opposed to The Village exclusively housing students, pointing out that if 400 beds open up for students then that should mean 400 new beds would, in turn, open up to community members. The problem is, she added, there hasn't been enough housing development locally to test that theory.

While Loya said he couldn't give a timeline for the project moving forward, the city council will have to vote to vacate a part of St. Louis Road to formally approve the project. But before that happens, it will head to a hearing before the Arcata Planning Commission for review.

Loya seems to recognize that neighborhood concerns about the project's size are likely to persist. The student housing structure would become one of the city's larger buildings, as compared to HSU's Behavioral and Social Sciences building, the Jacoby Storehouse and Plaza Point Apartments.

"There hasn't been any modern design building developments in Arcata besides HSU, making this modern motif housing project a pretty drastic change to Arcata," Loya said. "And change is challenging."

Iridian Casarez is a staff writer at the Journal. Reach her at 442-1400, extension 317, or iridian@northcoastjournal.com. Follow her on Twitter @IridianCasarez.

The Fear is Real

By Thadeus Greenson

thad@northcoastjournal.com

An article recently published in the *Canadian Journal of Cardiology* links cannabis consumption to heart attacks. Kind of. The piece details the story of a 70-year-old Canadian man with a history of cardiovascular disease who was just looking for a little osteoarthritis pain relief and to get a good night's sleep when he decided to try a cannabis lollipop. He kept the sucker in his mouth for about 30 minutes, according to the report, before he was gripped by The Fear, which began with scary hallucinations and built until he "felt like he was dying."

While the man wasn't, in fact, dying from the estimated 70 milligrams of THC he'd ingested in the lollipop — he is said to have finished three quarters of the 90 milligram sweet — he was suffering a full-fledged panic attack, which elevated his heart rate and blood pressure to the point that it triggered a heart attack and "crushing chest pains."

"The patient's cardiac event was likely triggered by unexpected strain on his body from anxiety and fearful hallucinations caused by the unusually large amount of THC he ingested," wrote Alexandra Saunders, chief resident of Dalhousie University Internal Medicine Program, who authored the article.

For the record, relatively speaking, 70 milligrams is a whole lot of THC. California caps THC content in legally sold edibles at 100 milligrams — but that's often the THC content for a packaged edible that contains multiple doses. For example, cannabis chocolate bars are often molded into 10 sections, each of which contains 10 milligrams of THC, an amount considered to be the "standard dose."

Now, before California's new regulations came into play, there was effectively no limit on the amount of THC edibles could contain, which led to a lot of dragon chasing, with companies like Korova pushing products like the "5150 Bar" (the Welfare and Institutions Code section for an involuntary psychiatric hold) that touted "unrivaled potency." As such, with the new regulations, some companies are pushing 100 milligram products as single-serving treats, like the lollipop.

This puts the onus on consumers to

know what they are buying and to ingest accordingly. Experts suggest cannabis novices begin with 5 milligram servings, noting that it's better to have an underwhelming experience than to be gripped by heart-stopping Fear.

And as cannabis becomes mainstream, it also means doctors of all specialties should be prepared to discuss cannabis with patients of all tolerance levels.

"This case brings attention to the fact that just because something is legal does not mean it is safe and does not mean it is something that should be taken by everyone," Saunders wrote. "We do not want to demonize it, we just want our older patients with heart disease to have proper guidance."

Meanwhile, in Houston, Texas, which still has some of the most restrictive and punitive cannabis laws in the nation, some poor bastard was just looking for a safe place to get high in peace without facing the prospect of spending 180 days in jail.

So the guy ducked into an abandoned house to spark up only to come face to face with a full grown, 350-pound tiger. When the guy frantically called police to report he'd just seen a jungle cat, the dispatcher apparently thought he'd just eaten a 70 milligram lollipop or something and was gripped by The Fear, hallucinating.

But when officers responded to the given address, they in fact found one of the 4,000 or so tigers left in the world, kept in what they described as a "rinky-dink" cage that had been secured with a screwdriver and a nylon strap. They reported that the house was otherwise totally vacant, save for a few packages of unspecified "meat" scattered around the tiger's cage.

The tiger — which is now on its way to an undisclosed sanctuary — should stand as a reminder to us all: Sometimes The Fear is way too real. Dose accordingly.

Thadeus Greenson is the Journal's news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

130 G Street • Eureka, CA 95501 • 707.445.2041 • thespaatpersonalchoice.com



indulge

The Spa at Personal Choice

IN A DECADENT HEAD-TO-TOE CHOCOLATE RETREAT
chocolate massage • chocolate pedicures • truffle body wrap • body scrubs
individual and couples packages • GIFT CERTIFICATES AVAILABLE!

THE HEART OF HUMBOLDT

INTRODUCING...

Our brand new in-house punch cards!



Pick up yours & get started today!

♥ COME CELEBRATE VALENTINE'S DAY WITH US! ♥

Thursday, Feb 14th – Feel the love with sweet deals on:

Satori Chocolates ♥ **BOGO for \$1**

Select Oil ♥ Buy a gram cartridge, receive a **free CBD pen!**

Humboldt Apothecary ♥ Buy any HA product & get a 5ml Love Potion No. 7 for **99% off!**

Demo: UpNorth Feb. 14 3-6pm



wm f i s Leafly

707-822-9330 • 6th & I St., Arcata

M-Th 10am-7pm • Fri 10am-8pm
Sat 11am-8pm • Sun 11am-6pm

Lic # A12-18-0000040-TEMP M12-18-0000042-TEMP

ANNUAL INVENTORY CLEARANCE

SELECT KNIVES

UP TO **50% OFF**



Kershaw
KNIVES



& MORE!

SELECT MEDICAL SCRUBS

UP TO **75% OFF**



CHEROKEE
Inspired comfort



SELECT CAMO APPAREL

UP TO **50% OFF**



carhartt

ALL PELICAN RIFLE CASES

UP TO **35% OFF**



PELICAN

**Biggest Sale
of the Year**
**\$AVE UP
TO 75%**

carhartt CLOSEOUT DEALS

SIGNATURE LOGO SWEATSHIRT K288-060
Reg. \$44.99-\$47.99 **SALE \$33.99-\$35.99**

FORCE EXTREME 1/4 ZIP MOCK-T,
BASE LAYER #102586
Reg. \$39.99 **SALE \$29.99**

CAMO JACKET QUILT LINED J221-977
Reg. \$109.99-119.99 **SALE \$76.99-83.99**

RIGBY CAMO DUNGAREE #102288-977
Reg. \$49.99 **SALE \$39.99**

JEFFERSON CAMO VEST, INSULATED #101686-977
Reg. \$99.99-\$109.99 **SALE \$74.99-\$82.99**

FORCE EXTREME SHORT SLEEVE T #101545
Reg. \$24.99 **SALE \$19.99**

WORK TWILL PANTS
Reg. \$29.99 **SALE \$19.99**

FULL SWING ARMSTRONG JACKET select colors
Reg. \$124.99 **SALE \$94.99**

FORCE EXTREME BIB OVERALLS #101981
Reg. \$94.99 **SALE \$69.99**

FLEECE LINED DENIM JEANS #B155 DST
Reg. \$54.99 **SALE \$34.99**

SELECT FOOTWEAR

UP TO **50% OFF**



BOGS



& MORE!

MEN'S & WOMEN'S APPAREL

UP TO **50% OFF**



carhartt

KUHL APPAREL CLOSEOUT DEALS

UP TO
**50%
OFF**



KUHL

38 Years As
Humboldt's
Work & Outdoor
Outfitters



"We Fit Humboldt"
6th & E Sts. Eureka • 444-9201
Mon-Sat. 9:30-6:00 • 11:00-4:00

Sale ends 2/28/19 • Limited to Stock on Hand



**PICKY'S
PICKY'S
PICKY'S**
WORK & OUTDOOR OUTFITTERS

Steps Made to Protect the Klamath Spring Run Chinook

A first step in protecting Klamath-Trinity spring run Chinook as a separate species took place this week with the California Fish and Game Commission, making the fish a candidate for an endangered species listing in the state.

According to a release from the Karuk Tribe and the Salmon River Restoration Council, a final decision will be made within one year but, in the meantime, the so-called springers will “be afforded all the protections of a listed species.”

That includes fishing restrictions but the release notes that the tribe and the council want to work with fishermen and the agency for “common sense” regulations.

“There is a population of hatchery born spring Chinook on the Trinity River that can and should be fished,” Karuk Tribe Executive Director Joshua Saxon said in the release.

With spring run teetering on the brink of extinction, the tribe and SRRC have pushed for a state and federal listing, finally backed with DNA evidence that shows the fall and spring Chinook runs are genetically different.

Aiding in the research done by University of California at Davis scientists was a cache of old

fish bones — some dating back 5,000 years — found in a cave nestled in the Upper Klamath Basin.

While the spring run Chinook once made their way into those cool, deep waters in the far-flung reaches of the basin, the fish are now blocked by a series of dams, which are slated for removal in the largest project of its kind — with work slated to begin in 2020.

Meanwhile, the hope is the springers can hang on until the walls come down.

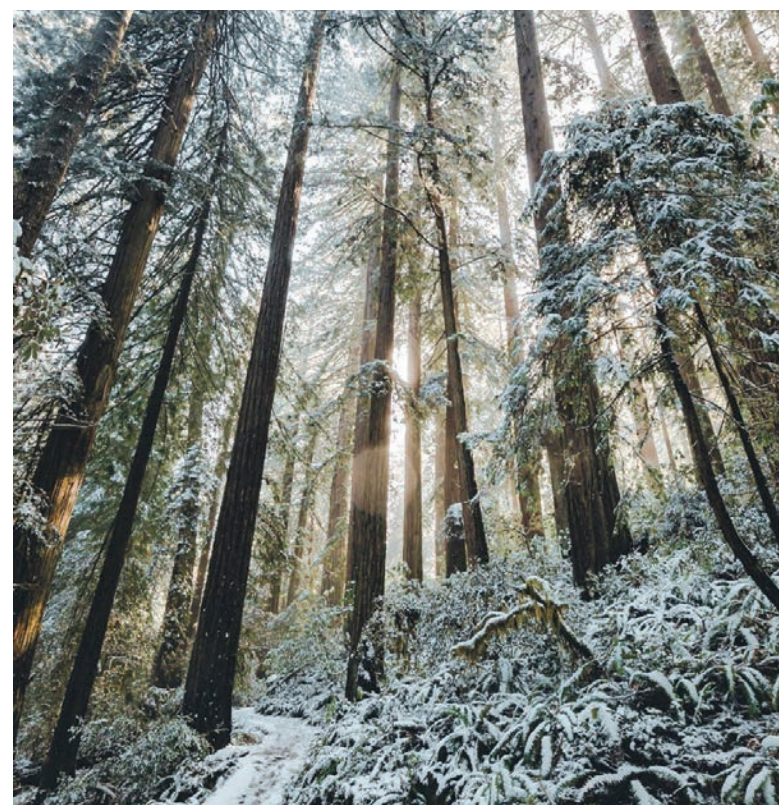
To learn more about the scientific breakthrough that helped prove what the Karuk and other Native American tribes that have lived in the Klamath basin for millennia have long known — that springers and fall run Chinook are not the same — read the *Journal's* Aug. 16, 2017, story “One Fish, Two Fish.”

“These fish have been on the brink of extinction for years,” Saxon said, “but no one believed us when we said they were a distinct species from fall Chinook until now.” Keep up with the latest on this and other stories at www.northcoastjournal.com.

— Kimberly Wear

POSTED 02.07.19 READ THE FULL STORY ONLINE.

Winter Wonderland



Most in Humboldt County went to sleep the night of Feb. 9 under the usual drab, drippy sky but awoke in the morning to a whole new landscape, as a storm dropped between 1 and 8 inches of snow before dawn. While the roads were treacherous and power went out in some areas, many seized the day for some winter revelry, building snow people and dusting off the old sleds. Check out a slideshow of all the snow day fun — including this picture of sunrise at Ladybird Johnson grove — at www.northcoastjournal.com.

POSTED 02.11.19

Houston Douglass aka @houstonshoots, via Instagram

Make us a part of your daily life

For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

Fatal Crash: A 63-year-old man was killed Feb. 10 when he lost control of his car and crashed into a tree on U.S. Highway 101 near Benbow. According to the California Highway Patrol, the man — whose identity hadn't been released by the *Journal's* print deadline — was travelling southbound shortly before 9 p.m. when for unknown reasons he allowed his SUV to drift off the roadway and into a tree. He was pronounced dead at the scene. POSTED 02.11.19

Huff Tapped for Climate Committee: North Coast Congressman Jared Huffman has been appointed by Speaker Nancy Pelosi to serve on a new Congressional committee formed to address the devastating effects of climate change. With the leadership shift in the House last month following Democratic victories in the November election, Huffman was also recently selected to chair the House Subcommittee on Water, Power and Oceans, one of the subcommittees of the Natural Resources Committee. Read more at www.northcoastjournal.com. POSTED 02.07.19

Last Chance Funding: More funding could be coming to help fix the 3-mile-long stretch of U.S. Highway 101 in Del Norte County known as Last Chance Grade in the race to ward off the \$1 billion economic loss a catastrophic failure could cost. Caltrans is slated to request \$40 million from the California Transportation Commission to aid finding a solution for the failing section of road, which connects California's northern coastal stretches to the rest of the state. POSTED 02.08.19

www.northcoastjournal.com/ncjdaily [f northcoastjournal](https://www.facebook.com/northcoastjournal) [ncj_of_humboldt](https://twitter.com/ncj_of_humboldt) [ncjournal](https://www.pinterest.com/ncjournal) [northcoastjournal](https://www.instagram.com/northcoastjournal) [newsletters](https://www.email.com/newsletters)

Digitally Speaking

12

The weight in pounds of heroin seized during a traffic stop by the Humboldt County Drug Task Force on Feb. 10 in what officials believe is the largest one-stop heroin seizure in Humboldt County history. Carlos Co-

ta-Alonso and Edgar Barragan-Castano, both from Sonora, Mexico, were arrested at the scene. Read more at www.northcoastjournal.com. POSTED 02.11.19

They Said It

“It’s just not attracting new customers. And the economy in Eureka is a little iffy right now. ... I’m just not going to lose my ass on this.”

— Joe Mazzotti, who with his wife Jean owned Mazzotti's in Old Town, explaining the couple's decision to close the 42-year-old restaurant. He didn't rule out opening another restaurant in Eureka in the future but said it won't be the same. Read more at www.northcoastjournal.com. POSTED 02.07.19

Comment of the Week

“Shouldn't this require an FBI level investigation? So sick and heartbreaking.”

— Meghan Hazard commenting on the *Journal's* Facebook page on a post about last week's cover story, “Rid me of this Troublesome Priest,” which detailed how 10 of the 39 priests accused of the sexual abuse of minors identified by the Roman Catholic Diocese of Santa Rosa were in Humboldt County, prompting one advocate to call the area a “dumping ground.” POSTED 02.07.19

HOW CALIFORNIA GOT TOUGH ON GUNS

By Ben Christopher,
A report from CALmatters
newsroom@northcoastjournal.com

The modern American gun debate began on May 2, 1967, when 30 protesting members of the Black Panther Party marched into the California Capitol with loaded handguns, shotguns and rifles.

As photos of gun-toting radicals from Oakland hit front pages across the country, many Americans were shocked to see who was embracing the Second Amendment. In California, as in most states at the time, there were few restrictions on carrying loaded weapons in public.

That soon changed. The Panthers' efforts to "police the police" already had led Republican Assemblyman Don Mulford to propose legislation to ban the "open carry" of loaded firearms within California cities and towns. After the Panthers showed up in the Capitol, his bill sailed through and was signed by then-Gov. Ronald Reagan. (Yes, that Reagan). It's hard to say which now seems more unlikely: that two dozen revolutionaries could legally stroll into the state Assembly chamber with semi-automatic rifles or that a Republican governor would champion stricter gun control.

In the years since, California's progressive politicians have layered on restrictions while gun owners and manufacturers continue to try to find their way out of them.

The battle continues. New Gov. Gavin

Newsom denounced "a gun lobby willing to sacrifice the lives of our children to line their pockets." A National Rifle Association spokesperson predicts the Trump-altered U.S. Supreme Court means "winter may very well be coming for gun laws in California." So while Newsom and the Democratic Legislature try to add new restrictions, gun advocates are going to court to overturn existing ones.

HOW STRICT ARE CALIFORNIA'S GUN LAWS COMPARED TO OTHER STATES?

California has a reputation for being tough on guns. That reputation is well-earned.

Researchers at Boston University have counted 109 California laws that in some way restrict "the manner and space in which firearms can be used." They include regulations on dealers and buyers, background check requirements and possession bans directed at certain "high risk" individuals.

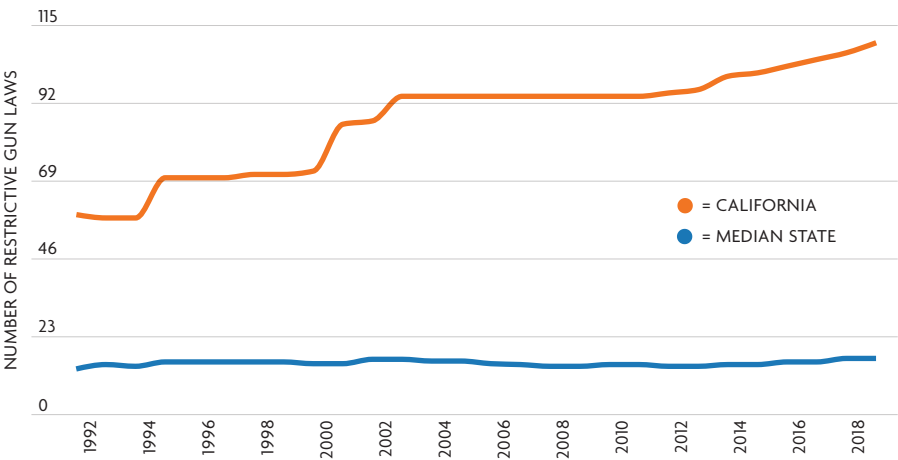
By their count, no other state out-regulates California when it comes to sheer quantity of rules. And we've held that top spot since at least 1991, the year the researchers started counting.

The Giffords Law Center To Prevent Gun Violence, a gun control advocacy group,

CALIFORNIA LEADS IN GUN LAWS

Number of laws that regulate firearm use, ownership or transactions, California vs the state median. (See interactive version online at www.northcoastjournal.com)

Based on a graphic by CALmatters. Source: State Firearm Laws Database



awarded California its only "A" grade in its 2017 state gun law scorecard.

"There are not a lot of As out there," said Ari Freilich, the organization's California legislative affairs director. "California has driven the conversation nationally."

In contrast, *Guns and Ammo* magazine labeled California the fifth-worst state for gun owners. (Washington, D.C., was the top jurisdiction, followed by New York.)

HOW DOES GUN VIOLENCE IN CALIFORNIA COMPARE TO ELSEWHERE?

The United States is not an especially crime-ridden nation. Overall crime rates here are roughly on par with other high-income countries. Where the country stands out — way out — from its international peers is in gun violence.

The U.S. has a gun death rate (all causes of death, including suicide and accidental death) of roughly 12 per 100,000 people. According to research out of the University of Washington, that puts the U.S. in the company of Panama and the Dominican Republic.

Recently guns became the second leading cause of death of children and teens across the country.

At 7.9 gun deaths per 100,000, gun violence in California is much lower than the national average. But that isn't particularly low by international standards. We have roughly the same gun fatality rate as the Philippines. In 2017, 3,184 Californians were killed by guns, 25 of them in Humboldt County, which has a gun death rate that outpaces that of the nation and is nearly twice that of the state.

According to the Humboldt County Coroner's Office, the county saw a total of 323 gun deaths from 2004 through 2018: 233 suicides, 84 homicides, two accidental shootings and four of undetermined causes. That averages out to about 21.53 gun deaths a year or 15.74 per 100,000 people.

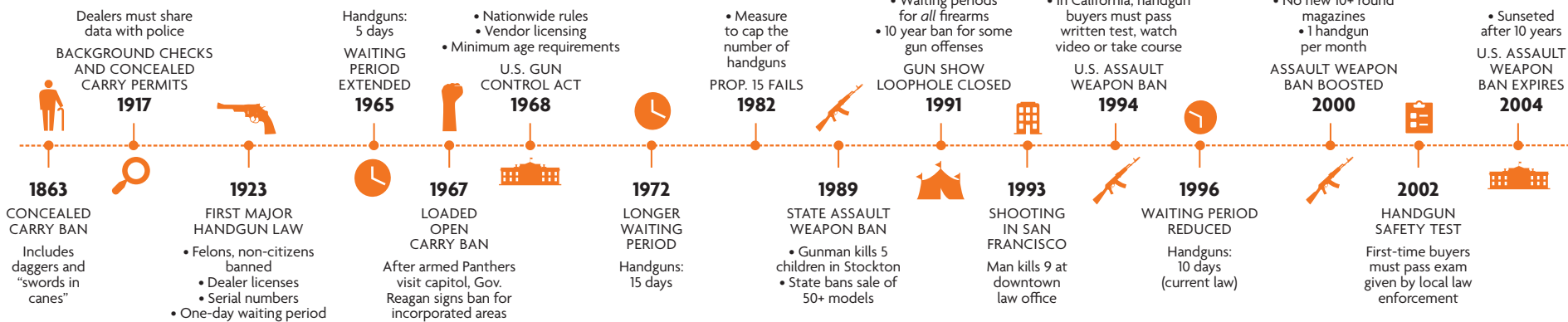
HOMICIDES AND SUICIDES BY GUN CLAIM VERY DIFFERENT VICTIMS

As in the rest of the country, gun violence in California is not equally distributed.

Firearm fatalities are a disproportionate-

CALIFORNIA'S PATTERN: TRAGEDY, LEGISLATION, REPEAT

The story of how California became, according to many, the state with the nation's most restrictive gun laws has largely followed a familiar pattern: alarm or tragedy, then a legislative response.



ly male tragedy. According to research from University of California at Davis, men are more than seven times more likely to be killed by someone else with a gun than women. Men are also more than eight times more likely to take their own lives with a firearm.

While mass shootings seize public attention, they do not claim the most lives. Half of gun deaths in California (and 72 percent in Humboldt County) are suicides — a disproportionate number of them among white men over the age of 50. Most gun homicides, meanwhile, are not high-profile acts of mass carnage, but random outbursts of violence that strike communities least likely to draw news crews.

THE GEOGRAPHY OF VIOLENCE

There is some good news.

Over the last decade and a half, the average annual homicide rate has fallen nearly in half in California. That's a steeper drop off than across the nation as a whole. According to a UC Davis study, most of that decline here has occurred in the state's biggest urban areas. Contrary to the stereotype of gun-ridden big cities, there is now no significant difference in the rate of gun violence between rural and urban areas in California. (In Humboldt County, meanwhile, homicide rates have nearly doubled since 2013.)

DO CALIFORNIA'S GUN LAWS WORK?

Supporters of California's rigorous gun controls have a pretty compelling argument on their side: California has tough gun laws and it has relatively low rates of gun violence. And that's a relationship that generally holds true across all 50 states.

But as with any thorny sociological question — particularly one where lives,

livelihoods, deeply held values and constitutional law all hang in the balance — it's probably more complicated than that.

Do tight gun laws lead to lower deaths? Or is it that states with less gun violence (due to different cultural attitudes about guns or varying economic and demographic patterns) are more likely to adopt tighter gun controls?

There seems to be relatively strong evidence that denying firearms to at least certain "high-risk" individuals leads to lower levels of violence. Three separate studies found that in states that keep guns away from those under domestic violence restraining orders, gun homicide rates between partners are 9 to 25 percent lower. California has such a law on the books. A similar study found that denying guns to those with misdemeanor violent crime convictions reduced their chances of being rearrested for another violent crime by 30 percent. California has this type of gun ban in place, too.

Do comprehensive background checks keep guns away from those who shouldn't have them?

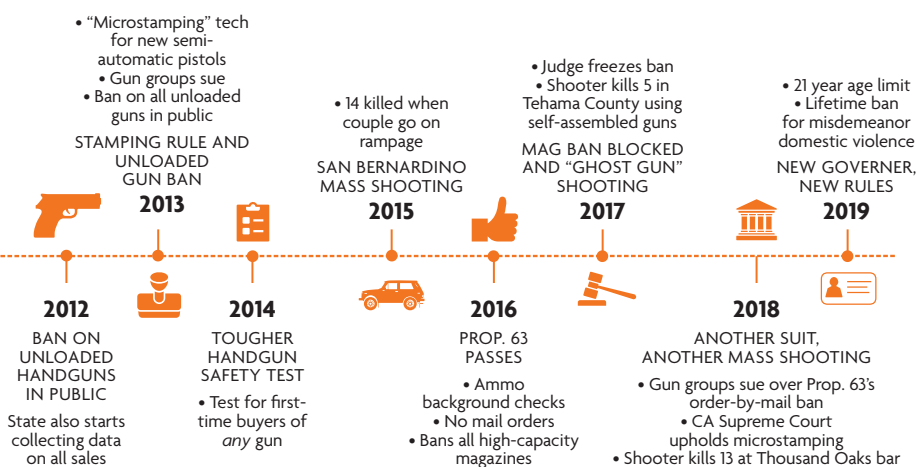
One study concluded California's law had relatively little effect — suggesting vendors skirting the rules and lax enforcement could be why. But another study estimated that when states require gun vendors to get licensed, conduct background checks and are subject to inspection, gun homicides can be expected to fall by more than 50 percent. An overview of the research from the RAND Corporation found suggestive but "limited evidence that background checks reduce violent crime."

And concealed carry laws?

A landmark economic study from the mid-1990s found evidence that making it easier for people to carry reduced crime, supporting the NRA's "good guy

Continued on next page »

Based on a graphic by CALmatters.



Eureka 1450 Broadway (707) 442-6325 • McKinleyville 2165 Central Ave. (707) 839-3636

Live Well and Be Healthy... Naturally!

EUREKA NATURAL FOODS

Healthy Rewards

3X Points

Frozen February

All purchases from our Frozen Food department earn 3% points!

feed your face with

FANTASTIC FROZEN FOODS IN FEBRUARY!

We all love fresh produce, meats and prepared foods, but did you know fruits and vegetables from the frozen department are picked at peak ripeness and often frozen within hours? This process locks in nutrients and flavor. Also, frozen foods generally retain their vitamins and minerals and there is no change to the carbohydrate, protein or fat content.

Frozen foods may not sound appealing in this cold weather, but they can be a convenient and affordable way to incorporate healthful foods into your diet and enjoy a quick hot meal! Not only can frozen foods be more affordable in price, but they also can aid in reducing food waste. All through February Eureka Natural Food's Healthy Rewards customers will earn 3% in points on foods from our Frozen Department!

A Few Fabulous Frozen Finds!

Woodstock Petite Peas 10 Oz	\$2.49	Udi's Gluten Free Pepperoni Pizza 10.1 Oz	\$5.99	Amy's Swirls Vegan Margherita 7.3 Oz	\$4.49	So Delicious Salted Caramel Cluster 1 Pt	\$4.29
-----------------------------	--------	---	--------	--------------------------------------	--------	--	--------

WWW.EUREKANATURALFOODS.COM

Tuesday Senior Discount 10% Off / Saturday Student Discount (w/ID) 10% Off

On the Cover

Continued from previous page

with a gun” theory. But more recent research using the same statistical techniques but with a larger dataset claims to show the exact opposite.

“What probably has the greatest impact are a number of things acting together — just the pure volume of laws,” said Eric Flegler, a pediatric emergency physician at Boston Children’s Hospital and professor at Harvard University. “We are studying legislation and not randomized control trials. But overall, when you look at systematic reviews of legislation on homicides and suicides, it is fairly clear that legislation designed to place reasonable restrictions on how firearms are sold or maintained or stored does lead to decreased fatality rates.”

THE POLITICS OF CALIFORNIA’S GUN DEBATE

Gavin Newsom’s first press conference as governor-elect took place on the morning of Nov. 8, 2018, just 11 hours after a gunman opened fire at the Borderline Bar and Grill in Thousand Oaks killing 13 people, including himself. “The response is not just prayers,” Newsom said. “The response cannot just be more excuses. The response sure as hell cannot be more guns.”

A few days later he doubled down on Twitter, calling the National Rifle Association “a fraudulent organization” and “completely complicit” in the massacre.

No one familiar with Newsom’s career could have been surprised. He was the driving force behind Proposition 63, a 2016 ballot measure that put sweeping new restrictions on ammunition sales and banned high-capacity magazines (like the ones used in Thousand Oaks).

“We’re preparing for the worst,” said Chuck Michel, head of the California Rifle and Pistol Association.

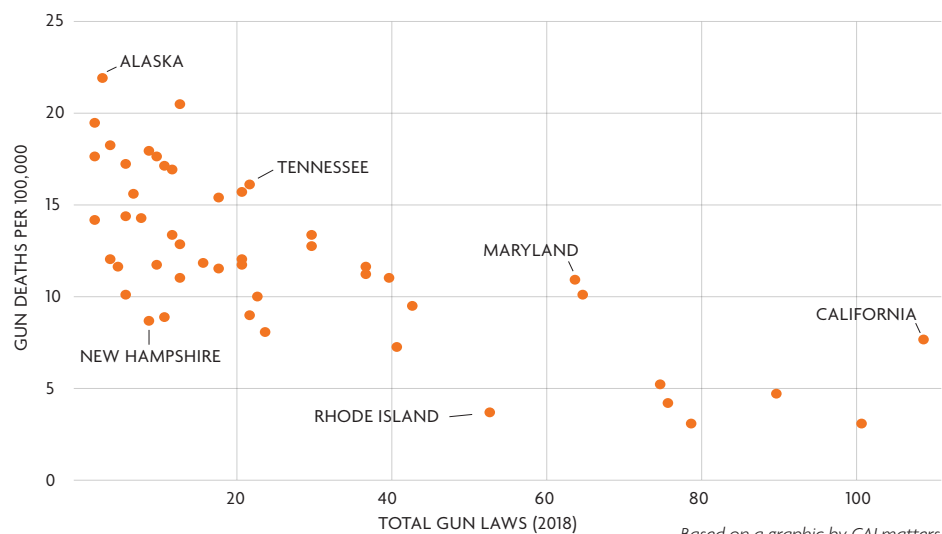
Pro-gun arguments once resonated in California. In 1982, a proposition to cap the number of handguns in California lost by 63 percent of the vote — taking the gubernatorial campaign of Democrat Tom Bradley along with it. The reason, according to a *Washington Post* analysis from the time, was that “people who did not ordinarily bother with politics and politicians were coming out in droves to save their unrestricted right to bear arms.”

But that silent, well-armed majority failed to materialize in 2016 when Proposition 63 passed — also with 63 percent of the vote.

Nearly two-thirds of respondents in a recent survey from the Public Policy Institute of California said that gun laws should be “more strict” than they are now.

MORE LAWS, FEWER GUNS

There is a strong correlation between the number of gun laws in a state and its gun fatality rate. Whether one leads to the other is the subject of fierce debate. (See *interactive version online at www.northcoastjournal.com*)



Included in that group were 49 percent of the conservatives surveyed.

According to Craig DeLuz, the California director of legislative affairs for the Firearms Policy Coalition, those numbers reflect a misconception of what’s already on the books.

“If there are reasonable firearms regulation out there, we’ve already passed that point,” he said. “A lot of people are completely unaware that most of the things that the average voter believes to be ‘reasonable’ are already in place in California.”

BRAVE NEW WORLD: THE TECH FUTURE OF GUNS

California is often considered the innovation hub of the United States. Why should it be any different for guns?

The state’s tough firearm laws have led “many entrepreneurs to ‘innovate’ ways around the law,” said Freilich of the Giffords Law Center To Prevent Gun Violence.

Consider the case of the bullet button. In 2001, California expanded its ban on new “assault weapons” to include any modern semi-automatic rifle with a detachable magazine and at least one of a handful of other features, including a protruding pistol grip or an adjustable stock. To get around the ban, many gun owners came up with a solution: Install a small lock on the magazine that can be easily opened with a small tool (or the tip of a bullet). Legally speaking, that tiny bit of hardware would transform a contraband assault weapon with a detachable magazine into a perfectly legal rifle with an ever-so-slightly-less detachable magazine.

In 2017, California lawmakers caught on and amended the law. That prompted the

development of yet another workaround device: the Patriot Pin. And so the arms race over arms design continues in California.

With so many regulations now in place on newly manufactured firearms, many gun enthusiasts are simply building their own guns — or at least, they’re putting together the final pieces.

One of the most popular firearm products in California are “80 percent” or “unfinished” receivers. Receivers are the central frame of a firearm onto which all the other components are connected. “Unfinished” simply means it lacks a few cavities and holes. But legally, that makes all the difference. Under both federal and California law, an unfinished receiver is just an elaborately shaped piece of metal. Under a law passed in 2016, Californians with home-finished receivers were given until Jan. 1 of this year to register their gun with the state. It’s not clear how widespread compliance has been.

Still, plenty of lawmakers are worried about the spread of unidentifiable “ghost guns.” In 2017, a man with two home-built semi-automatic rifles killed five people and shot up an Elementary School in Tehama County. Last year, a proposal to designate unfinished receivers legally as “firearms” passed both the Assembly and Senate, but was vetoed by Gov. Jerry Brown.

“By defining certain metal components as a firearm because they could ultimately be made into a homemade weapon, this bill could trigger potential application of myriad and serious criminal penalties,” Brown wrote in his veto message.

But the bill will be back.

GUN BILL WATCH: 2019

With a newly bolstered majority and an NRA-foe as governor, Democrats who sup-

port gun control in Sacramento have some plans for the 2019 legislative session. Here are few highlights:

SB 55 (Sen. Hannah Beth-Jackson of Santa Barbara): Would place a 10-year gun ban on anyone convicted of repeated drunk driving.

SB 61 (Sen. Anthony Portantino of La Cañada Flintridge): Would limit gun buyers to one firearm purchase per month. A 1999 law already applies the restriction to handguns. Gov. Brown vetoed this proposal twice.

SB 172 (Sen. Anthony Portantino of La Cañada Flintridge): Would make it a crime to leave a minor or a person banned from owning a firearm alone in a home with an unlocked gun.

AB 18 (Assemblymember Marc Levine of Marin County): Would impose an excise tax on gun sales to fund grants for violence intervention and prevention programs.

AB 276 (Assemblymember Laura Friedman of Glendale): Would require any adult to store a firearm within a lockbox, safe or any other “safety device” certified by the California Department of Justice for gun storage.

THE GUN FIGHT IN COURT

California’s Democratic attorney general, Xavier Becerra, is holding the line as gun rights advocates push back in ways that could have dramatic consequences for state law.

Duncan v. Becerra

In 2016, state voters passed Proposition 63, which banned magazines with a capacity to hold 10 rounds or more. Though a 2000 law restricted the sale and manufacture of *new* high-capacity magazines, existing owners had been grandfathered in. Proposition 63 effectively *un*-grandfathered them. Five gun owners and the California Rifle & Pistol Association (the state branch of the National Rifle Association) sued. Though the case has yet to go to trial, a federal district judge put a temporary hold on the Proposition 63 magazine ban, writing in his decision that the state’s “desire to criminalize simple possession of a firearm magazine” is “precisely the type of policy choice that the Constitution takes off the table.” The court of appeals upheld that hold.

Rhode v. Becerra

Proposition 63 also requires Californians to get their ammo only from state-li-

GETTING SPECIFIC: WHAT ARE CALIFORNIA'S GUN RULES?

Gun laws cover the who, what, where, when and how of buying, selling, lending, leasing, storing and firing guns. By national standards, California law is strict on just about all of these points.

Based on a graphic by CALmatters.

WHO CAN SELL	WHO CAN BUY
<ul style="list-style-type: none">• Licensed Dealers only• To qualify as a licensed dealer you must pass background check, earn a safety certificate and report all sales• Gun show and other private sales must go through a licensed dealer	<ul style="list-style-type: none">• Must pass an exam administered by a local law enforcement agency• Must wait 10 days between purchasing and receiving a gun• Only one handgun per month• Over age 21• Must be a resident (handguns)
WHO CAN'T OWN	AMMO RULES
<div><div>Lifetime ban for:</div><ul style="list-style-type: none">• Many violent felonies and various domestic violence misdemeanors• Those involuntarily placed into mental health treatment twice in same year</div> <div><div>Ten year ban for certain misdemeanors.</div><div>Temporary ban for:</div><ul style="list-style-type: none">• Those subject to restraining orders• A court can temporarily remove firearms from anyone charged with</div>	<ul style="list-style-type: none">• Anyone selling more than 500 rounds per month requires a license*• Can only buy from licensed dealer*• No online purchases for home• No magazines with 10+ rounds**• Background check required* <div><div>* Starting July 1, 2019</div><div>** Currently held up in court</div></div>
WHERE AND HOW	WHAT'S BANNED
<ul style="list-style-type: none">• No carrying in open — loaded or not• Concealed carry with permit only• Concealed carry applicants must demonstrate “good moral character” and “good cause,” then pass a test• No permit required for those who believe they are in “grave danger” from subject of a restraining order• Otherwise, gun must be transported unloaded and in a locked container	<ul style="list-style-type: none">• “Assault weapons,” which include all semi-automatic firearms without a fixed magazine and at least one suspect feature such as a protruding pistol grip• Any “assault weapon” listed by state• Post-1986 automatic weapons• Handguns not listed on the state's Roster of Handguns Certified for Sale• Guns with no registered serial number• Newly produced semi-automatic handguns without microstamping• Sound suppressors and bump stocks

censed vendors in face-to-face transactions. Out-of-state vendors hoping to get into the California cartridge* market are therefore required to go through a certified California vendor to broker the transaction. A pending lawsuit filed by the California Rifle and Pistol Association (NRA) and California-born Olympic skeet shooter Kim Rhode contends the new law puts an excessive burden on “interstate commerce” and that it violates the Second Amendment.

Pena v. Horan

Since 2001, California has only allowed handguns to be sold, imported, or manufactured in California if they are considered “not unsafe” by the state. The Department of Justice maintains a list of these approved firearms, known as the “roster.” In 2009, gun rights activists sued, arguing that the roster

impinges on gun owners' Second Amendment rights and that the rationale the state uses to keep certain guns off the list is “arbitrary and capricious.” In recent years, as the state has placed more restrictions on new firearms, opponents of the roster have said it amounts to a “slow-motion handgun ban.” The U.S. Supreme Court will soon decide whether to take up the case.

State of Washington v. United States Department of State

In 2015, the U.S. State Department settled a case with the Texas nonprofit Defense Distributed, allowing it to publish its 3D-printable gun designs online. California joined a multi-state lawsuit filed by the State of Washington against the federal government. The states argue that allowing

Continued on next page »



Northern United-Humboldt Charter School

- TK - 12th grades
- 6 Public Learning Center locations in Humboldt County
- AVID (Advanced Via Individualized Determination)
- PBIS (Positive Behavioral Interventions and Supports)
- Tuition Free Public School
- College and Career Readiness
- Flexible and Personalized Learning
- Co-enrollment at local colleges

Join us and be a part of designing your own education
Call 707-629-3634 for more information or to enroll

nucharters.org | 707-629-3634

Family Law
Civil Litigation
Criminal Defense

State and Federal Courts

Joan M. Gallegos & Paul V. Gallegos

707.441.8477

804 3RD Street, Suite C, Eureka

the release of those codes violated their right to regulate firearms within their own borders. A federal judge placed a temporary restraining order on the codes five days after their publication. But this being the Internet, that might as well have been five years. The files are out there.

New York State Rifle & Pistol Association v. New York

The U.S. Supreme Court in early 2019 agreed to hear a constitutional challenge to a New York City law that does not allow most handgun* owners to take their firearm outside their homes unless they're going to an authorized shooting range. California has a lot at stake in the outcome. In 2010 the Supreme Court affirmed every American's individual right to bear arms "in the home for the purpose of self-defense." An expansive ruling on the case from New York, as some court watchers predict, could find that the right to bear arms exists outside the home as well, potentially sweeping away California's restrictions on both open and concealed carry in a single decision. "Winter may very well be coming for gun laws in California," the head of the California Rifle and Pistol Association, Chuck Michel, told NRATV. "We may be able to knock more than a few of those out."

HOW TO SOUND SMART ABOUT GUNS: A GLOSSARY

Guns are complicated. So is gun policy. Here are some terms and phrases to help you make sense of it all.

AR-15-style rifle: A particularly popular style of semi-automatic rifle, this one is based on the original ArmaLite AR-15, built for U.S. military in the late 1950s, which relabeled it the M-16. Since the expiration of the AR-15 patent, many manufacturers have produced a wide array of similarly designed, modular semi-automatic rifles. The AR-15 style is among the most popular in the United States. People who aren't gun enthusiasts will likely recognize it as the weapon of choice for mass shooters at San Bernardino, California; Sandy Hook, Connecticut; Parkland, Florida; and Las Vegas, Nevada.

Assault rifle: A rifle capable of fully automatic and semi-automatic modes of fire. Based on this definition, federal law prohibits civilians from owning assault rifles manufactured after 1986. However, other definitions are occasionally used. Adding to the confusion, an "assault rifle" is not the same thing as an "assault weapon" (see below).

Assault weapon: A nebulous, politically-charged term that dates back to at least

1980. California law offers a wide-ranging definition that encompasses any "semi-automatic, centerfire rifle" with a detachable magazine and at least one of a handful of other features, including a protruding pistol grip or an adjustable stock. This mix and match approach to defining a banned weapon has led to some creative workarounds from gun enthusiasts. But California also explicitly includes a number of makes and models in its ban, including the original AR-15 and other high-powered rifles. Gun control activists argue that the term "assault weapon" is a useful term to describe a weapon with enhanced killing power, while gun rights advocates dismiss it as an imprecise catch-all designed to turn the public against any firearm that happens to look like an assault rifle, regardless of its actual lethality.

Automatic: A firearm or firearm setting that will allow the gun to be fired continuously until the trigger is released or the gun runs out of ammunition.

Bullet: A projectile shot from a firearm. A bullet is one component of a complete round or cartridge. To reiterate: a bullet is not a cartridge.

Bullet button: A magazine release that can only be activated with a pointed tool or the tip of a bullet (hence the name). These devices were invented to convert a firearm with a detachable magazine into a firearm with slightly-less detachable magazines so as to comply with California's assault weapon ban. California includes a detachable magazine as one of the components in its definition of restricted weapons. A 2017 state law effectively closed the "bullet button loophole," meaning that any firearm with the device is still legally considered to have a detachable magazine and therefore, possibly, an assault weapon.

Bump Stock: An adjustable rifle stock that uses the force of the firearm's recoil to allow the trigger to be repeatedly pulled. A kind of multiburst trigger activator, this effectively allows a semiautomatic weapon to simulate automatic fire. Bump stocks gained national attention after a shooter used one to kill nearly 60 people and wound hundreds more in Las Vegas in 2017. They are banned by both federal and state law.

Caliber: The diameter of a cartridge (or sometimes the bore of a firearm itself). Typically measured as fractions of an inch (for example, .22) or millimeters (for example, 9 mm).

Cartridge: A unit of ammunition for a firearm that often includes a bullet, primer and propellant (i.e. gunpowder) within a casing. Also called a "round." To reiterate: a cartridge is not a bullet.

Casing: The metal container for a unit of ammunition. Sometimes called a "shell."

Clip: A device used to hold multiple rounds together, which allows multiple rounds to be loaded into a firearm with an internal magazine at once. Clips are rarely used today except with older long guns.

Centerfire: A round-type that, when fired, is struck by the firing pin in the center of the back — used in most modern firearms as the rounds can accept higher power (as opposed to rimfire).

Concealed carry license: California is one of eight states that allow civilians to carry a concealed weapon only if local law enforcement agencies decide to give them a permit. This distinguishes California from "shall issue" states, in which concealed carry permits must be issued as long as an applicant meets the legally specified requirements, and "permitless" or "right to carry" states where no permit is required.

Gauge: A unit of measure for the diameter of a firearm barrel, typically used for shotguns. The origin is slight anachronistic: a gauge refers to the number of lead balls that one could snugly fit inside the barrel of the gun if only drawing from one pound of lead. In other words, the smaller the gauge, the bigger the gun.

Gun Show Loophole: Under federal law, individuals can sell firearms without a license as long as they don't make a living off the trade. These amateur sellers are not subject to federal requirements — namely, that they must conduct background checks on their purchasers. In California, all sales must be conducted through a licensed vendor, closing the "loophole."

Handgun: California defines a handgun as "any pistol, revolver, or firearm capable of being concealed upon the person." Also sometimes a "short-barreled rifle or a short-barreled shotgun."

Handgun Roster: California law bans the sale or manufacture of any handgun that doesn't meet state safety standards. According to data compiled by the CalGuns Foundation, a gun rights organization, the number of firearms on the list has declined each year since 2013. As of the end of January 2019, there were over 700 models on the list.

Magazine: A spring-loaded device used to hold multiple rounds designed to load each round into the firearm's firing chamber with a spring. Some firearms have internal magazines into which ammunition must be manually loaded, while others have detachable magazines which allow for quicker unloading and reloading.

Microstamp: Any technology that stamps a unique identifying mark on the round casing when the gun is fired. In theory, this acts like a fingerprint, allowing law enforcement to track an empty shell at a crime scene to a particular gun. California law requires all new semi-automatic pistols

sold in the state to include microstamping technology. Gun advocates argue that the technology is untested and prohibitively expensive for manufacturers to implement and that the law is effectively a "backdoor ban" on an entire class of newly manufactured firearms.

Multiburst trigger activator: Any enhancement that allows a semi-automatic weapon to fire multiple rounds with each pull of the trigger simulating automatic fire. A bump-stock is a notable example. Other devices use recoil, a crank, or internal mechanisms to the same effect.

Pistol: A handgun in which the chamber that holds that ammunition is part of the barrel. This is opposed to a revolver.

Pistol Grip: A grip that extends beneath the receiver allowing the shooter to hold and fire the weapon like a pistol (with a straight wrist). Under California law, a "pistol grip that protrudes conspicuously beneath" the weapon can be one of the defining features of an "assault weapon."

Revolver: A handgun in which the chambers holding ammunition revolve around a cylinder.

Rimfire: A round that can be fired by striking anywhere on the back of the round—rarely used today except for low powered firearms. As opposed to centerfire.

Receiver: The frame of the gun that houses the firing mechanisms. Under U.S. federal law, this is considered the firearm and regulated as such. As of January 1, all receivers in California must have a state-issued serial number.

Semi-automatic: A firearm that will fire a single shot and then automatically load a new round into the chamber each time the trigger is pulled.

Stock: The rear portion of a rifle or shotgun that is often held to shoulder for support.

Unfinished Receiver: The frame of the gun that houses the firing mechanisms, but which lacks a channel or pocket for the gun's firing mechanism. Once those modifications have been made with a drill press or another tool, the receiver is legally considered a firearm (though only legally; additional components are required before it can shoot). Also called "80 percent lower receivers." As of January 1, all *finished* receivers must be serialized under California. A bill requiring *unfinished* receivers be registered was vetoed by Gov. Jerry Brown. ●

*Thadeus Greenson
contributed to this report.*

*CALmatters.org is a nonprofit,
nonpartisan media venture explaining
California policies and politics.*

Why I Will Not be Using Your Preferred Pronouns

By Jennifer Fumiko Cahill

jennifer@northcoastjournal.com



NCJ Photoillustration

We've been friends for a long time and when you announced that you are non-binary I wanted to be a supportive ally. Remember, I was one of the first people wearing a safety pin until I realized it was leaving little vampire-bite holes in all my shirts and jackets. I'd still do anything to support you — anything! Except call you they/them.

Let me explain.

Firstly, the grammar gets me. And “they/them” clearly refers only to two or more people. You know how deeply I care about singular and plural distinctions, as evidenced by my habit of pointing aggressively whenever I say the word “you” and my refusal to discuss deer or fish in those terms, preferring instead to call them “antler dogs” and “scaly flippies.” It's as serious an issue to me as ending sentences with prepositions or using British spelling — knowing he writes “favourite” and “colour” is the reason Idris Elba and I are not together right now. It's just wrong. I literally can't make myself use incorrect English. If someone isn't happy with he/she, then they can come up with something else that will hopefully require no transitional

effort from me personally. And until they do, I'm not giving in.

It also sounds clunky. Even if the dignity of being addressed by pronouns that don't impose ill-fitting categories onto you was important enough to change English language and usage, it would have to be a little more musical to the ear. Do you really think the Oxford English Dictionary would have added “mankini” in 2011 if it didn't roll off the tongue? The clunkiness is part of what makes they/them an imperfect solution I cannot accept. “People of color” has always hit my ear as awkward, too. Do we not all have color? That's why I've vowed to go old school and only use the 19th century anthropological categorizations of Negroid, Mongoloid and Caucasoid until a perfect solution presents itself. Respecting your gender identity will just have to wait, too. Don't worry, sticking to terms previous generations were mostly fine with always works out.

But this isn't just about respecting a person's sovereignty over their — I mean, his or her — own naming, like when I abruptly switched my name to its French equivalent in the eighth grade or the justifiable rage I fly into when it's misspelled on a Starbucks

cup. (*L'accent aigu*, people — it's not hard.) It's even more crucial than our right to be accepted for our naturally evolving identities, like when I came back from a semester abroad with a Barcelonian lisp.

Consider for a moment how this will affect me. If I'm forced — strong-armed by common manners — to use they/them to refer to you in the third person, I'll have to actively acknowledge the existence of more than two genders when you're not even in the room. And sure, I get it that scientists have long drawn a distinction between gender and biological sex, and that neither necessarily divides into two neat categories for everyone. But now I have to stand up for facts and science when you're not even there to see me do ally shit?

And while I *get it*, I don't want to constantly be thinking about it. I used to be able to stand in the co-op checkout line secure in the knowledge that even though we were all strangers with different ancestries, native languages, religions and creeds, I could at least make a fair guess at what kind of reproductive organs everybody was packing, toss them into one of two time-honored piles and potentially talk to or underpay them accordingly. But

now that trans and non-binary people are on my radar, everyone might as well have Schrödinger's junk — male, female, non-binary or dozens of other possibilities including no gender — until I get to know them as individual humans, I guess?

Are we just going to let everybody determine their own gender identity and how they want to be addressed? What about my choices? Because I'm feeling like my right to free speech with zero consequences is being sharply curtailed here. I value our friendship but adjusting to your preferred pronouns would be forcing me into a box that feels awkward, unnatural and untrue to my authentic self. And I would never do that to you. ●

Jennifer Fumiko Cahill is the arts and features editor at the Journal. Reach her at 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.

Got a humorous take or tale to share? Then the North Coast Journal wants to hear from you. Contact us at editor@northcoastjournal.com to pitch your column ideas.



Westside Pizza®

It's all about the pizza!™

**1-Medium
1-Topping Pizza
ONLY \$5.99**

* BRING IN THIS AD *

600 F Street
ARCATA
(707) 822-9990

432 S. Fortuna Blvd.
FORTUNA
(707) 725-9990

Order Online westsidepizza.com

Always Authentic.
7 days a week!



La Patria
MARISCOS & GRILL
RESTAURANT
707-407-3848

1718 4th St. Eureka • Mon-Fri 10am-9pm • Sat & Sun 9am-9pm

HOT FRENCH DIP
FRIDAYS!



LE MONDE
RESTAURANT

Cultured Cuisine

2850 F ST, EUREKA
707.798.6499

Lunch: Tue-Fri 11:30am-2pm
Dinner: Tue-Thu 5pm-9pm
Fri-Sat 5pm-10pm



Enjoy the taste of Oaxaca
with some more of our
new menu items

508 Henderson St Eureka
707.445.9702 M-Sat 11am-8pm



Table Talk

Bottled Up at Tomaso's

Tom Pagano looks to
sell the local sauce
and distribution
outfit

By Steven Saint

tabletalk@northcoastjournal.com

When it comes to cooking, Tom Pagano is a homerun hitter. He not only helped start Ramone's Café & Bakery and the Plaza Grill, he's also built a local food distribution empire that keeps dozens of food enterprises on shelves all over Humboldt County.

But when it comes to finding a successor to own and operate the little empire that is Tomaso's Specialty Foods, well, Pagano's striking out. Dreams of retiring to play competitive senior-league softball are proving elusive.

"I'm puzzled," Pagano says about the year-old for-sale sign in front of the Tomaso's facility in Blue Lake. "I just want to retire. The business is profitable. We're not having a problem."

Making It

The New Jersey-born Pagano started solving culinary problems in 1972, when he opened Tomaso's Tomato Pies in Eureka. East Coast transplants needed their square pizzas and Pagano had a great recipe from his grandmother.

In 1982, he helped Berit Meyer and Barbara Jewell open Ramone's Opera Alley Café, which later morphed into the area's most prolific local bakery-café chain. After a brief flirtation with the San Francisco culinary scene, Pagano returned to Humboldt in 1987 to head the kitchen at Plaza Grill.

While he enjoyed running restaurants, his passion was sauce. Images of his grandmother stirring a thick marinara in mind, Pagano began canning 16-ounce jars off the stove in his apartment in Trinidad. Soon he was brewing cases in commercial cookers of temporarily closed restaurants.

By 1993, Pagano was making and canning seven flavors of sauce, sticking on the labels and driving cases to stores and restaurants in his truck. Tomaso's Specialty Foods and Distributing set up official shop



Owner Tom Pagano at the Tomaso's Specialty Foods facility in Blue Lake.

Photo by Mark McKenna

in the city of Arcata's Foodworks incubator building and actually hired an employee.

Pagano's third career — becoming the area's largest local-food distributor — grew organically from distributing Tomaso's brand sauces. Entrepreneurs at Foodworks were making salad dressings, frozen pizza and salsa. They needed to get their products in stores and Pagano was already driving his truck there.

Larrupin sauces, Desserts on Us (including Lacey Cookies) and Zimmerman's jams went on the truck. Pagano acquired rights to Mas Salsa Por Favor, Weitchpec hot sauces, Lindah's Hot-N-Sweet Mustard and Smokey Jim's Barbecue Sauce.

He struck co-packing production deals, making the products of fellow entrepreneurs Shamus T Bones and Smokin' Moses for a flat fee, then distributing them for another flat fee. The little empire moved into its own building in Blue Lake in 1998 and, two decades later, employs four food makers, two drivers and a manager to serve up dozens of products from Garberville to Crescent City.

"Food made in Humboldt County is going to be a lot fresher than national brands," Pagano says. "Stuff from the big distributors was bought from a mechanized manufacturer, sits in a warehouse, then gets delivered. Plus, when you buy local products, the money stays here in Humboldt."

Selling It

Now in his 60s, Pagano is ready to take holidays in Italy and play centerfield on the road. He put Tomaso's up sale in late 2017 but, so far, hasn't received an offer he can't refuse.

"Tom is pretty adamant about keeping Tomaso's in town," says Linda Disiere, the real estate broker Pagano retained to

market the business. "Fifty to 60 people have inquired but a lot have been out-of-towners who want to move it out of the community."

Disiere characterizes these prospects as investors, whose financial schemes usually include Pagano carrying a majority of the \$499,000 sale price, to be paid over time, and even staying on as a paid employee.

Pagano wants to cash out with a buyer who is willing to wear an apron. "The ideal buyer needs to be on site five days a week," he says. "You need a business person, but also someone who can make sure the products taste right."

Early on, Pagano says, he offered the business to his manager and employees. Initial enthusiasm was curbed after visits to the Small Business Development Center and Redwood Capital Bank failed to produce sufficient financing.

A half-million-dollar business opportunity is harder to finance than a half million house because there is usually no property to mortgage and few assets to secure one. Much of a business' value is the owner's ability to make a profit — often called "blue sky."

Pagano will throw in his Blue Lake building for an additional \$450,000. Disiere says two prospects are currently poring over Pagano's books and talking to banks. She insists the \$499,000 price tag is fair for the \$150,000 in equipment and enough sales to pay eight people.

Pagano's just waiting for the right pitch. "It's Humboldt County," Pagano says with a wry smile. "There's a blockbuster movie opening at 8 p.m. and people show up at 10 minutes to eight." ●

Steven Saint is a freelance journalist whose work has appeared in Time and LA Weekly.

Los Bagels

losbagels.com

Fresh La Granola available at a location near you!



Old Town Coffee & Chocolates

oldtowncoffeeeureka.com

Order your Chocolate Covered Strawberries today!



Humboldt Hemp Wick

www.humboldthempwick.com

The ONLY locally made hemp wick!



Tofu Shop

www.tofushop.com

Locally made, organic, artisan tofu – fresh, baked, smoked – since 1980.



Celebrations

We're in the freezer section at the grocery store. Also, available at the farmer's market!



Tomaso's

tomasospecialtyfoods.com

Humboldt Made's #1 selling Pasta Sauce. Now With Organic Tomatoes.



Kinetic Koffee

Celebrating our Veterans this November and all year round. 100% Memorial Benefit Roast honoring Navy SEAL Kevin Ebbert and the Navy SEAL Foundation.



Caffeinating Humboldt County since 2005.

Peace Pops

Artisan ice pops handmade in Arcata. May Peace Pop on Earth!



Ohana Organics

www.ohanaorganics.com

Heal, preserve and shine your tattoo. Hand-crafted with Aloha!



Jessicurl

jessicurl.com

Made locally, sold around the world since 2002.



Redwood Wishing Wells

707.362.2808

Working hand cranks, various sizes, garden or gifts

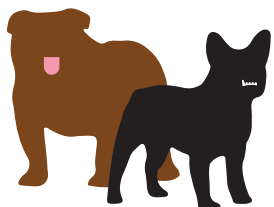


Redwood Curtain Brewery

Redwood Curtain Merch Available In Store Or Online.



CERTIFIED



ORGANIC



MUDDY WATERS COFFEE COMPANY



visit ilovemud.com

Eureka Natural Foods

eurekanaturalfoods.com

Introducing Eureka Natural Foods Everyday Pale Ale.



Bubbles

www.bubbles-arcata.com

Locally Made Heart Shaped Soaps.



Fieldbrook Winery

Wine Tasting &
Wood-Fired Pizza
Every Sunday

plus cozy indoor seating in
our tasting room too!

Sundays noon-5pm
4241 Fieldbrook Rd.
fieldbrookwinery.com

Live Entertainment Grid

Music & More

ARCATA & NORTH

VENUE	THUR 2/14	FRI 2/15	SAT 2/16	SUN 2/17	M-T-W 2/18-20
THE ALBI 944 Ninth St., Arcata 822-3731			Strix Vega, Mojave Green (rock) 11pm \$5		
ARCATA PLAYHOUSE 1251 Ninth St. 822-1575			Nels Cline 4 8pm \$34		
ARCATA THEATRE LOUNGE 1036 G St. 822-1220		<i>Labyrinth</i> (1986) (film) 8pm \$5		<i>Smallfoot</i> (2018) (film) 6pm \$5	[W] Sci-Fi Night: <i>The Wild Women of Wongo</i> (1958) (film) 6pm Free w/\$5 food/bev purchase
THE BASEMENT 780 Seventh St., Arcata 826-2345	RLA Trio (jazz) 8pm Free	Julie Froblom & Trio 8pm Free			
BLONDIES FOOD AND DRINK 420 E. California Ave., Arcata 822-3453	Open Mic 7pm Free			Jazz Jam 6pm Free	
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way, Blue Lake	Latin Nights 9pm Free	Wave: Rockin' Johnny Burgin (blues, rock) 9pm Free Sapphire: Joe Nichols with Chad Bushnell (country) 8pm - SOLD OUT	NightHawk (rock, dance) 9pm Free	Karaoke 8pm Free	
CENTRAL STATION SPORTS BAR 1631 Central Ave., McKinleyville 839-2013		Karaoke w/Rock Star 9pm Free			[M] 8-Ball Tournament [W] Karaoke w/Rock Star 9pm Free
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 27 Scenic Drive, Trinidad 677-3611		Lone Star Junction (Outlaw Country) 9pm Free	Dr. Squid (rock, dance) 9pm Free	Karaoke w/DJ Marv 8pm Free	
CLAM BEACH TAVERN 4611 Central Ave., McKinleyville 839-0545	Legends of the Mind (jazz, blues) 6pm Free	Kindred Spirits (bluegrass) 10pm Free		Anna Hamilton (blues) 6pm Free	[M] Steve Lloyd (acoustic) 6-9pm Free [W] Pool Tournament & Game Night 7pm Free
FLDDBROOK MARKET 4636 Fieldbrook Road 633-6097		Frogbite (rock and roll) 7:30pm Free			[T] Trivia Tuesday 6-8pm Free
THE GRIFFIN 937 10th St., Arcata 825-1755		DJ Rickshaw/The Bustop 10pm Free			[W] Salsa Dancing with DJ Pachanguero 8:30pm Free
HUMBOLDT BREWS 856 10th St., Arcata 826-2739	Sly and Robbie and the Taxi Gang with Bitty Mclean (rock reggae) 10pm \$25	Trivia Night 7pm \$7	Object Heavy, Dan & The Americans (soul, funk) 9pm \$10		

etnia BARCELONA

Trunk Show!
February 14 2 - 6 pm
40% off ALL Etnia Barcelona frames
and an additional \$20 off
all PINK and RED Etnias!

DOCTORS OF OPTOMETRY
A
2 Z
E Y E
C A R E

851 Bayside Road, Arcata * 707-822-7641 * www.atozeyecare.com

f

Team A To Z

A.to.Z.Eye.Care

22

NORTH COAST JOURNAL • Thursday, Feb. 14, 2019 • northcoastjournal.com

Arcata • Blue Lake • McKinleyville • Trinidad • Willow Creek *Eureka and South on next page*

VENUE	THUR 2/14	FRI 2/15	SAT 2/16	SUN 2/17	M-T-W 2/18-20
THE JAM 915 H St., Arcata 822-4766		The Miracle Show (Grateful Dead) 9:30pm \$8		Fam Jam w/Irie Rockers 1-4pm \$7, kids free Deep Groove Society 10pm \$5	[T] Top Grade Tuesdays Dancehall Reggae w/DJ RealYouth, Cassidy Blaze 10pm \$5 [W] Trivia Night 6pm, Whomp Whomp Wednesdays 10pm TBA
LARRUPIN CAFE 677-0230 1658 Patricks Point Dr., Trinidad				Tim Randles Jazz Piano 6-9pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Valentine's Day Open Mic 8pm Free	Jenny Don't & the Spurs, Moon Pine (garage country) 9pm Free	Full Moon Fever (Tom Petty tribute) 9pm Free		
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-4151	No Covers (jazz) 6pm Free	Pints for Non Profits Annie and Mary Trail w/Cadillac Ranch 6pm Free	Camp Fire Benefit w/For Folk Sake 6pm Free		[T] Dogbone (feral jazz) 6pm Free [W] Dead On 6pm Free
THE MINIPLEX 401 I St., Arcata 630-5000	"Love Bites" Sad Valentine's Day Karaoke 9pm 2 drink minimum	MRDR MTN, Over Yonder, & Los Dune Bums (punk) 9pm 2 drink minimum	The Getdown w/DJM 9:30pm Free	Karaoke 9pm Free	[T] Sonido Pachanguero 9pm [W] Local Trivia & Pint Night 8pm 2 drink minimum
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic 7pm Free	Three Chords And The Truth Songwriter Showcase 5-7pm Free	Two Mic Sundays (comedy) 5pm Free	[T] Spoken Word Open Mic 6pm Free
OCEAN GROVE COCKTAIL LOUNGE 480 Patrick's Point Dr., Trinidad 677-3543					[M] Rudelion DanceHall Mondayz 8pm \$5
REDWOOD CURTAIN BREWERY 550 South G St., Arcata 826-7224	Kingfoot (Americana) 8pm Free		Wild Otis (rock and roll) 8pm Free		[M] Bingo 7pm
SIX RIVERS BREWERY 839-7580 1300 Central Ave., McKinleyville		After Work Sessions with DJ D'Vinity 4-7pm		Trivia Night 8pm Free	[M] Karaoke with DJ Marv 8pm [T] Three Legged Dog (bluegrass) 8pm Free
WESTHAVEN CENTER FOR THE ARTS 501 S. Westhaven Dr. 677-9493		Third Friday Blues w/ the Jim Lahman Band 7pm \$5-\$20 sliding			

BEYOND
THESE
WALLS



RETHINKING
CRIME AND PUNISHMENT
IN THE UNITED STATES

TONY PLATT

DISCUSSION and
BOOK SIGNING
with TONY PLATT

7 PM
FRIDAY
FEBRUARY 15

NORTHTOWN BOOKS
957 H STREET ARCATA

**SORRY
ABOUT YOUR
ROAD...**

**CAUTION
POTHOLE
AHEAD**

**BUT LEON'S CAN
REPAIR YOUR CAR!**

LEON'S
CAR CARE CENTER

**(707) 444-9636 ★ M-F 7:30-5:15
929 BROADWAY ★ EUREKA**

*Elevated American
fare & craft
cocktails*



Moonstone Grill

100 MOONSTONE BEACH RD.
TRINIDAD • 677-1616
moonstonegrill.com

Dinner served
Wednesday-Sunday 5 pm - 8:30 pm
Reservations Recommended

Humboldt
CLOTHING CO.

**15-50%
OFF
STOREWIDE**

**ALL MONTH LONG
SAVE BIG ON THE
ENTIRE STORE**

TAKE ADVANTAGE OF THESE DEALS
BEFORE THEY'RE LOST IN SPACE!

(707) 476-0400
Bayshore Mall,
Eureka

(707) 822-3090
987 H ST,
Arcata

www.humboldtclothing.com

Kenny's
CHOCOLATES

hand crafted • made with the
finest ingredients

425 Snug Alley
Eureka, California
707.445.8015

NCJ HUM PLATE

northcoastjournal.com/
HumPlate

Have a tip? Email jennifer@
northcoastjournal.com

Live Entertainment Grid Music & More

EUREKA & SOUTH
Arcata and North on previous page

Eureka • Fernbridge • Ferndale • Fortuna • Garberville • Loleta • Redway

VENUE	THUR 2/14	FRI 2/15	SAT 2/16	SUN 2/17	M-T-W 2/18-20
ARKLEY CENTER FOR THE PERFORMING ARTS 422 First St., Eureka 798-6329		Joan Osborne - The Songs of Bob Dylan 8pm \$49			
ARTS & DRAFTS 422 First St., Eureka 798-6329			One-Year Anniversary 3-10pm		
BEAR RIVER CASINO RESORT 11 Bear paws Way, Loleta 733-9644		Saucy (covers) 9pm Free	Saucy (covers) 9pm Free		
BRASS RAIL BAR & GRILL 923-3188 3188 Redwood Drive, Redway	Pool Tourney 8pm				[T] Karaoke [W] Open Mic/Jam session 7pm Free
CHAPALA CAFE 443-9514 201 Second St., Eureka		Dominic Romano (acoustic) 6-8pm Free			
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	The Gatehouse Well (Celtic/Irish) 6pm Free	Michael Dayvid (guitar) 6-9pm Fee			
GYPPO ALE MILL 986-7700 1661 Upper Pacific Dr., Shelter Cove	Valentine's Day w/ Hannah Jern-Miller (acoustic guitar/harmonica) 5-8pm \$10				
HUMBOLDT BAY PROVISIONS 205 G St., Eureka 672-3850	Dinner Music 6-8pm Free				
HUMBOLDT CIDER TAPROOM 517 F St., Eureka 497-6320	Luke Tyger McCarthy (acoustic) 6-9pm Free		Terri Lynn Davis and Thomas Hinds (acoustic) 6-9pm Free		
NORTH OF FOURTH 207 Third St., Eureka 798-6303					[W] Brian Post and Friends Jazz Trio 7pm Free
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic with Mike Anderson 6:30pm Free	Improv Show 7pm Free			[M] Improv Jam 6pm Free
PALM LOUNGE - EUREKA INN, 518 Seventh St., Eureka 497-6093	Indigo - The Color of Jazz 7-11pm Free		The Lost Dogs (blues, R&B) 8pm Free		
PEARL LOUNGE 507 Second St., Eureka 444-2017	Reggae Thursdays 9:30pm Free	Selecta Arms (hip-hop, reggae hits) 10pm Free	DJ D'Vinity (hip-hop, top 40) 10pm Free		
PHATSY KLINE'S PARLOR LOUNGE 139 Second St., Eureka 444-3344	Laidback Lounge 6pm Free		The Jim Lahman Band (rock, jazz, blues) 8pm Free		[M] Karaoke 7:30pm [T] Phat Tuesday 7:30pm Free [W] Live Jazz with Bill Allison & Friends 7pm

Select Your Savings!

15% Off
Steaks & Seafood

15% Off
Daily
Specials

15% Off
Pizzas & Calzones

20% Off
Lunches
M-Sat 11-3

limit one item per person, per day

Mazzio's

Open Every Day For Lunch & Dinner
773 8th St. Arcata & **CLOSED**

RESTAURANT
FIVE ELEVEN

Josh Wiley
Voted Best Chef 2018

511 2nd St. Eureka
Tue-Sat 5pm-close
707.268.3852

fiveeleveneureka.com
Custom Catering Available

24
NORTH COAST JOURNAL • Thursday, Feb. 14, 2019 • northcoastjournal.com



Kingfoot plays Redwood Curtain Brewery in Arcata on Thursday, Feb. 14 at 8 p.m. (free)

VENUE	THUR 2/14	FRI 2/15	SAT 2/16	SUN 2/17	M-T-W 2/18-20
SAVAGE HENRY COMEDY CLUB 415 Fifth St., Eureka 845-8864	Inn-Q-Endo 9pm Free	Haus Plants 9pm \$10	iNoche de Comedia en Español! 9pm \$10	Two Mic Sundays 9pm Free	[M] Sketch Mini Film Fest 9pm Free [T] Trivia Tuesdays 9pm \$5
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	The Breakup Song Sing-Along w/Eyes Anonymous 8pm \$5		Paula Jones Band 9pm Free		[M] Scott Yoder, Opossum Sun Trail, Old Gold 8pm \$5 [W] CHRCH, Un, Dullahan, Ultramafic 7:30pm \$8 [T] Opera Alley Cats 7:30pm
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		Live Jazz and Blues 8:30pm Free			[M] Pool Tournament 8:30pm \$10 buy-in
STONE JUNCTION BAR 923-2562 744 Redway Dr., Garberville	Upstate Thursdays w/ DJs G. Davis, Just One 9pm Free		Sexy Saturdays w/Masta Shredda 10pm		
TIP TOP CLUB 6269 Loma Ave., Eureka 443-5696		Friday Night Function (DJ music) 9pm Free before 10pm			
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950	Jeffrey Smoller (solo guitar) 6pm Free	Jeffrey Smoller (solo guitar) 6pm Free			
VISTA DEL MAR 443-3770 91 Commercial St., Eureka			Claire Bent & Citizen Funk (funk) 9:30pm Free		[T] Blues Tuesdays 7pm Free [W] Karaoke Nights 9pm Free

20% OFF
our **TEPPANYAKI** menu

lunch time special only
EVERY DAY FROM 11 AM - 3 PM
reservations recommended

Bayfront Restaurant
ONE F STREET, EUREKA CA • 707.443.7489

The Sea Grill

Always Fresh
Local Seafood &
Great Steaks

Make Your Valentine's Day Reservation

Dinner 4:30-9 pm
Cocktails 3:30 pm

316 E ST • OLD TOWN EUREKA • 443-7187
SEAGRILLEUREKA.COM

Menu 1

Appetizer:
SAVORY CREPE FILLED WITH FRESH CRAB MEAT

Salad:
BABY SPINACH, FETA, PINE NUTS, & FRESH RASPBERRIES, DRIZZLED WITH RASPBERRY BALSAMIC DRESSING

Soup:
CREAMY CHICKEN & MANGO

Main course:
FRESH SALMON WRAPPED IN POTATO SLICES, WITH FRESH LEMON & DILL SAUCE. SERVED WITH HONEY GLAZED BABY CARROTS

Dessert:
CHOCOLATE DECADENCE WITH FRESH RASPBERRIES

STUF'T POTATO

Valentine's Day Menu

.....
BY RESERVATION ONLY
57.50 PER PERSON
(GRATUITY NOT INCLUDED)
.....

3220 BROADWAY SUITE. 8 EUREKA
OPEN TUES-SAT 4-9PM 707.444.6200

Menu 2

Appetizer:
SAVORY CREPE FILLED WITH FRESH CRAB MEAT

Salad:
BABY SPINACH, FETA, PINE NUTS, & FRESH RASPBERRIES, DRIZZLED WITH RASPBERRY BALSAMIC DRESSING

Soup:
CREAMY CHICKEN & MANGO

Main course:
PORK TENDERLOIN ON TOP OF CARMELIZED APPLE RINGS. SERVED WITH BLUE CHEESE POTATO PROFITEROLES

Dessert:
FRENCH MARZIPAN PEAR TARTS WITH RUM APRICOT GLAZE

northcoastjournal.com • Thursday, Feb. 14, 2019 • NORTH COAST JOURNAL 25

"each & every full moon"



MOONSHINE
madness

Celebrating the Full Snow Moon with

**HUMBOLDT
CRAFT SPIRITS**

 Meet your local distiller
Sip on Taster Flights
plus special Food Pairings

TUESDAY, FEB 19
5 to 9pm

plus Bluegrass Tunes from
Three Legged Dog!

 **RIVERS
BREWERY**
SMALL BATCH CRAFT BEER • RESTAURANT

1300 CENTRAL AVE, MCKINLEYVILLE



ORDER NOW FOR
VALENTINE'S DAY!



502 HENDERSON ST. 211 F ST.
EUREKA / 442-1522 EUREKA / 445-8600

Setlist

In and Out of Love

By Collin Yeo

music@northcoastjournal.com

I am tired and the delightful Les McCann reissue from 1966 I am listening to nonstop is putting me down at the coda of a long working day. So instead of blathering, I will share a quick thought with you: As much as I like this record, I'm glad people don't just casually write break-up tunes called *She Broke My Heart (And I Broke Her Jaw)* anymore. That kind of violence makes the mob-land massacre and martyred saints of Feb. 14 seem like preferable romantic associations.

Be good to each other, whether in love or out of it.

Thursday (St. Valentine's Day)

It's the loaded love holiday so, in deference to all our different relationships to this day, I will cast a wide net for your entertainment options. If your yearning isn't for eros but comes in the spiritual form, then I suggest you check out the concert at St. Innocent Orthodox Church by the St. Petersburg, Russia-based **Konevets Quartet**, founded at the Konevets Monastery as a male vocal ensemble to sing Russian Liturgical music. Tonight's 7 p.m. performance includes both devotional music and Slavic folk tunes sung in harmony. The concert is free with the fellows taking a collection. RSVP with the church at 443-2099, as space is limited.

If your heart is broken and you wish to share this fact with other lovelorn folks, come over to the Miniplex at 9 p.m. for a special edition of **Love Bites Sad Karaoke**. For a two-drink minimum you can perform bitter classics like "Girlfriend in a Coma," literally any Supremes song except "I hear a Symphony" or even just fully embrace the black with the "Theme from M.A.S.H."

Finally, if you want to dance, dance and make romance, at 10 p.m. Humbrews has Jamaican rhythm-section legends **Sly and Robbie and the Taxi Gang** to get your blood flowing to all the right places. Also on board is British lovers rock legend **Bitty Mclean**, as well as opening ceremonies provided by **DJ Ras Azad** (\$25, \$22 advance).



Konevets Quartet sings devotional music and Slavic folk tunes at St. Innocent Orthodox Church on Thursday, Feb. 14 at 7 p.m.

Courtesy of the artists

Friday

There are two fun, free shows going on tonight at 9 p.m. in geographically dichotomous regions. Portland's danceable backyard cowboy swing act **Jenny Don't and the Spurs** returns to the Logger Bar for an evening of energetic tunes. Joining in will be local cosmically-minded coo-coo country act **Moon Pine**.

Meanwhile, back in Arcata, there will be a local music showcase for upstart bands. Trio **Mrdr MTN** (sound it out with imported vowels) plays its first show, so you can see what is meant when the flier says it's a "stoner swamp punk band." Also on the bill are **Over Yonder** and **Dune Bums**, which is described as "long-haired Latinx garage punk." Cool.

Saturday

RampArt is putting on another massive punk show tonight at 8 p.m. Headlining will be the anarcho-crust ska band **Leftöver Crack**, whose name is noted for gracing more fliers, T-shirts and venue-bathroom applied stickers than almost anyone else in the world of underground music in the last 20 years. Fellow New Yorkers **Cop/Out** and Houston's **Days N Daze** are on the underbill as well, but I'd really be burying the lede if I didn't point out that four-decades old Canadian rough joke act **Dayglo Abortions** will be bringing its uniquely asocial punk rock to the half-pipe stage tonight. This will be one for the books. What books those are remains to be seen (\$20).

Later on at the Alibi, there's a benefit show for **Hollow Down**, whose tour bus/home went up in flames last month (as I mentioned in a recent column). The folks **Strix Vega** and **Mojave Green** have generously donated their time tonight at help the boys raise some coin for a new set of wheels. The music starts at 11 p.m., the show is only \$5 and it's all for a good cause.

Sunday

Cuco is the stage name of Los Angeles teenage pop prodigy Omar Banos. He

returns to Humboldt with his lo-fi, lovesick grooves to play the Kate Buchanan Room at 8 p.m. (\$25). This one's mostly geared for fellow kids, but if you are of a different age and still an appreciator of idiosyncratically-produced songs about heartbreak and love I am sure that there is space here for you, too.

Monday

Seattle's **Scott Yoder** is a self-described "glitter-elf folk prince" who traffics in a kind of glammy pop that draws a lot of water from the same stream as T Rex, David Bowie and contemporary Ariel Pink. He plays the Siren's Song tonight where he will be joined by Los Angeles sparkly goth rock act **Old Gold** as well as local dusty vespertine drifter **Opossum Sun Trail**. Sounds like a good night for a break from the cold mid-February slumberland of Eureka.

Tuesday

The Phat Tuesday series at Phatsy Kline's Parlor Lounge continues this week with local singer, guitarist and raconteuse **Anna Hamilton** at 7 p.m. Come see why she is a featured and appreciated act in the local tavern scene (price TBA).

Wednesday

There's metal afoot at the Siren's Song. Auburn-area doom and drone band **CHRCH** makes a tour-stop tonight where they will be joined by **Un**, a Seattle band cut from the same black cloth. At 7:30 p.m. (\$8). Local support comes from instrumental powerhouse **Ultramafic** and motor-psychos **Dullahan**. ●

Full show listings in the Journal's *Music and More grid*, the *Calendar* and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Collin Yeo wishes that you all experience the "love you take/love you make" dynamic outlined by Paul McCartney in "The End." He lives in Arcata.

Calendar Feb. 14 – 21, 2019



Submitted

Just like a woman. **Joan Osborne**, the multi-platinum-selling recording artist and seven-time Grammy nominee puts her soulful twist on the songs of Bob Dylan on **Friday, Feb. 15 at 8 p.m.** at the **Arkley Center for the Performing Arts** (\$49).



Nando Molina. Submitted

iNoche de Comedia en Español! Saturday, Feb. 16 at 9 p.m. at **Savage Henry Comedy Club** (\$10). *Venga y disfrute una noche de comedia stand-up en el nuevo club de Savage Henry. Con los variantes estilos humorísticos de: Leon Coello, Luigi Diaz, Nando Molina, Mariana Nava.* Four comedians performing entirely in Spanish for those who speak it and those who want to learn with a laugh.



Chubritza. Submitted

Join Chubritza International folk band for a musical trip around the world at the **World Music Benefit Concert** on **Saturday, Feb. 16 at 7:30 p.m.** at **The Sanctuary** (\$10-\$25 sliding scale). There will also be performances by members of the Ya Habibi Dance Company and Girl Scout Troop 90015, plus food, drinks, handmade gifts and local products available for purchase.



The Insult

Eye to Eye

As part of HSU professor Leena Dallasheh's *Let's Talk About the Middle East* film series, the **Minor Theatre** presents a special, one-night-only event: a screening of the Oscar-nominated film **The Insult**, with a **live Q&A** with the film's star **Kamel El Basha**, on **Thursday, Feb. 21 at 7 p.m.** (\$9.50, \$7). *The Insult* was nominated for best foreign language film at the 90th Academy Awards (losing to Sebastián Lelio's *A Fantastic Woman*), breaking new ground as the first Lebanese film ever nominated for an Academy Award. With those credentials, you know the film covers some heavy territory.

In the film, a small incident between a Palestinian refugee and a Lebanese-Christian turns into a heated argument that escalates into a complicated courtroom drama where centuries of political conflict and personal wounds play out with seemingly no right or wrong side. From the event's press release, "As one lawyer states, 'no one has a monopoly on suffering.'" As with most good art, there is hope here — optimism for understanding and perhaps reconciliation. In hearing our stories in others and vice versa, in coming face-to-face with our enemies, we have the opportunity to take another look at our beliefs. We can deconstruct, change, heal. *The Insult* reminds us of this. For his role in the film, El Basha was awarded the Volpi Cup for Best Actor at the 74th Venice International Film Festival. Seeing the film and speaking with the lead actor in it afterward is rare opportunity. Get your tickets at www.minortheatre.com.

— Kali Cozyris



Afrolicious. Submitted

Get Down Tonight

Single like a Pringle and ready to mingle? Partnered up and ready to boogie? Whatever your sitch, it's Valentine's Day and you should be dancing, yeah. Work that pick on your hair, paint on the polyester pantsuit and get your futuristic, fabulous self to the **Historic Eagle House** on **Friday, Feb. 15 for Friday Night Fever**, the Eagle House's second annual Valentine's Day party featuring disco, dating games, dancing and amore.

Tickets? Perhaps like your love life, you've got a couple of options:

All In — Doors open at **7 p.m.** for retro appetizers and a cocktail mingle. Starting at **8 p.m.**, Clyde Pendanski hosts dating game shows like "Love Connection," "Dating Game," "More Amour" and "How Well Do You Know Your Lover?" Later, **MC Lady Flavah** and **Bada Bling Burlesque** do the bustle, followed by music and dancing (\$75 VIP front row seated spots for the burlesque show and appetizer service by Sweet Basil Catering, or \$55 for regular admission).

Just Dance — If you just want to come for the **Soul Shakedown Dance Party**, things get bumping at **10 p.m.** and last until the wee hours of the morning (3 a.m.) with music by **Afrolicious**, **DJs All Good Funk Alliance**, **Marjo Lak** and **Knutz**, plus visuals by **Marmalade Sky** (\$30 at the door, \$25 advance).

The event is a fundraiser for Humboldt CASA, with a portion of the proceeds and money raised from the bar supporting the advocacy for foster children in Humboldt County. So get down to lift those kids up.

— Kali Cozyris

14 Thursday

ART

Artist Talk and Reception. 4:30 p.m. Goudi'ni Native American Arts Gallery, Humboldt State University, Arcata. Lyn Risling's solo exhibition "Reconnecting: A Cultural Journey" opens with a reception, 4:30-6:30 p.m. and artist's talk at 5 p.m. The show will run through March 10.

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

BOOKS

Tony Platt: Beyond These Walls. 3-5 p.m. Native American Forum, Humboldt State University, Arcata. The acclaimed author of *Grave Matters: Excavating California's Buried Past* discusses his new book *Beyond These Walls: Rethinking Crime and Punishment in the United States*. Free.

Trinidad Library Book Buddies Club. Second Thursday of every month, 11 a.m.-noon. Trinidad Library, 380 Janis Court. This casual community gathering discusses books, shares recent reads and offers new suggestions. No mandatory reading, just a love of books. Free. trihuml@co.humboldt.ca.us. 677-0227.

COMEDY

Inn-Q-Endo. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Celebrate Valentines with a Queer Comedy open mic followed by dancing with DJ Anya. Free. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Redwood Fusion Partner Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Contemporary partner dance with an improvised, lead-follow approach. A 7 p.m. lesson, 8 p.m. dancing. \$5, first time free. www.redwoodraks.com.

LECTURE

The Promise and Challenges of Wind and Solar: Stories from India and Africa. 5:30-7 p.m. Founders Hall 118, Humboldt State University, Arcata. Ranjit Deshmukh highlights the opportunities and challenges posed by a large-scale transition to renewable energy in developing economies in India and Africa. Part of the Sustainable Futures Speakers Series. Free. serc@humboldt.edu. www.schatzcenter.org/speakers. 826-4345.

International Education Week. 9 a.m.-10 p.m. Humboldt State University Library, 1 Harpst St., Arcata. Keynote speaker, featured lectures and presentations, panel discussions on current events and global topics, workshops on studying, working and living abroad. View the complete schedule at www.extended.humboldt.edu/iew. Free. international@humboldt.edu. 826-4142.

MUSIC

Konevets Quartet. 7 p.m. St. Innocent Orthodox Church, 939 F St., Eureka. St. Petersburg-based Konevets Quartet performs Russian choral music from the Eastern Christian tradition and a repertoire of Slavic folk songs. Free, RSVP required. 443-2099, 682-6263.

EVENTS

VDay Humboldt 1 Billion Rising. 1-3 p.m. Arcata Plaza, Ninth and G streets. Join VDay Humboldt and the Sunny Brae Middle School students at the Arcata Plaza at 2PM to dancing to Break the Chain.

FOR KIDS

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad

Continued on next page »



**New 2019
TACOMA**

PLAY NOW

**CHOOSE FROM
OUR LARGEST
SELECTION EVER!!**

MID-CITY Motor World
2 MILES NORTH OF EUREKA
LOOK FOR THE CAROUSEL

(707) 443-4871
www.mid-citytoyota.com

Mon - Fri: 8:30am to 7:00pm
Saturday: 9:00am to 6:00pm
Sunday: 11:00am to 5:00pm

TOYOTA
Let's Go Places

All advertised prices exclude government fees and taxes, any finance charges, and any emission testing charge. All new car fees include a \$80 dealer doc. fee. Offer end 7/31/19

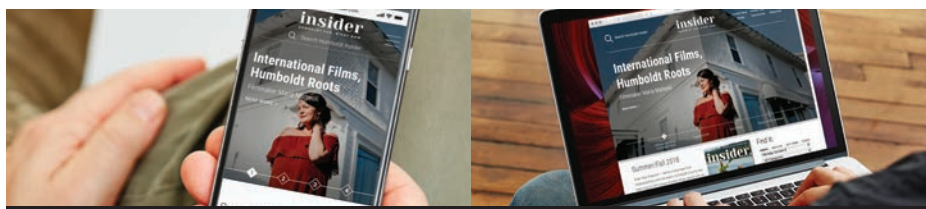
insider
HUMBOLDT FUN. RIGHT NOW

**INSIDER
ONLINE**

Check out Humboldt's
newest website!

All of *Insider's* travel tips are now available to you with a click of the mouse or a swipe of the finger. The website features a new search tool, which makes it easier than ever to find the best food, events and natural beauty that Humboldt County has to offer.

Now, go ahead,
explore Humboldt.
We'll be your guide.



» HUMBOLDTINSIDER.COM «

Calendar

Continued from previous page

Library, 380 Janis Court. Stories with the little ones. Free. trihuml@co.humboldt.ca.us. 677-0227.

HOLIDAY EVENTS

Cupcakes for Conservation. 10 a.m.-5 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Each organic cupcake comes with a edible fondant animal, a card and a keepsake photo. Proceeds go to conservation organizations: Giraffe Conservation Foundation and Lemur Love. Order by Feb. 11, or pick up first-come, first-served cupcakes at the Sequoia Park Zoo on Feb. 14. \$10 per cupcake. redwoodaazk@gmail.com. www.redwoodcoastaazk.org.

MEETINGS

Conservation Meeting. Second Thursday of every month, 12-1:30 p.m. Rita's Margaritas & Mexican Grill, 1111 Fifth St., Eureka. Discuss conservation issues of interest to the Redwood Region Audubon Society. Free. www.ras.org/calendar.html. 445-8311.

Humboldt Grange 501. Second Thursday of every month, 6:30-8 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Regular monthly meeting. nanettespearschade@gmail.com. 443-0045.

Humboldt Rose Society. 7 p.m. Christ Episcopal Church, 15th and H streets, Eureka. Why just give your true love a dozen roses on Valentine's Day? Learn about this year's new roses and give roses for a season and years to come. Refreshments, door prizes.

Toastmasters. Second Thursday of every month, noon. Redwood Sciences Laboratory, 1700 Bayview St., Arcata. Give and receive feedback and learn to speak with confidence. Second and fourth Thursdays. Visitors welcome.

SPORTS

HSU Women's Basketball. 5:30-7:30 p.m. Lumberjack Arena, Humboldt State University, Arcata. Cal Poly Pomona plays the Humboldt State women's basketball team. Tipoff at 5:30 p.m. \$10, free for HSU students, staff and faculty with valid ID card. kelly.kime@humboldt.edu. hsujacks.com. 826-3666.

Humboldt Roller Derby Official Scrimmage. 7:30 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. HRD's home teams face off. free. info@humboldtrollerderby.com.

ETC

Community Board Game Night. Second Thursday of every month, 7-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. ossln-crp@northcoast.com. www.baysidecommunityhall.org. 444-2288.

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Community Park Way. New members welcome. Anyone with sewing or quilting experience or who wants to learn. Free.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

15 Friday

ART

Community Art Night. Third Friday of every month. The MGC, 2280 Newburg Road, Fortuna. Family friendly, all ages welcome. All supplies are provided. Free. www.ervmgc.com.

Drop-in Volunteering. 1-6 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. Drop-in volunteering every Friday to help the creative reuse nonprofit. Free. volunteer@scraphumboldt.org.

scraphumboldt.org. www.scraphumboldt.org. 822-2452.

BOOKS

Tony Platt: Beyond These Walls. 7-9 p.m. Northtown Books, 957 H St., Arcata. The acclaimed author of *Grave Matters: Excavating California's Buried Past* discusses his new book *Beyond These Walls: Rethinking Crime and Punishment in the United States*. info@northtown-books.com. 822-2834.

COMEDY

Haus Plants. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Samantha Gilweil and Luigi Diaz bring their comedy band from the Bay for a night of funny tunes and stand-up. Alec Cole hosts. \$10. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

Improv show. 7-9:30 p.m. Old Town Coffee & Chocolates, 211 F St., Eureka. Films, songs, scenes and more created right before your eyes, with audience suggestions taken often. Free. damionpanther@gmail.com. www.oldtowncoffeecoreureka.com. 497-9039.

DANCE

World Dance. 7:30 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and easy dances, 7:30-8:30 p.m.; request dancing 8:30-10:00 p.m. \$3. g-b-deja@sbcglobal.net. www.stalbansarcata.org. 839-3665.

LECTURE

International Education Week. 10 a.m.-5 p.m. Humboldt State University Library, 1 Harpst St., Arcata. See Feb. 14 listing.

What the Dinosaurs Can Teach Us About Global Warming. 7:30 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Elliott Dabill presents *What the Dinosaurs Can Teach Us About Global Warming*. Seating is limited to the first 50 attendees, on a first-come, first-served basis. Free. 826-2359.

MOVIES

Jim Henson's Labyrinth (1986). 8 p.m. Arcata Theatre Lounge, 1036 G St. When a teen's baby brother is kidnapped, she must enter a maze of illusion to bring him back from a kingdom inhabited by mystical creatures and governed by the wicked Goblin King Jareth (David Bowie). \$5. www.arcatatheatre.com.

MUSIC

Third Friday Blues w/the Jim Lahman Band. 7-9 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. High class swingin', rockin' and funky blues. Lower gallery is the dance floor. Refreshments available. \$5-\$20 sliding scale.

Joan Osborne. 8 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. The multi-platinum-selling recording artist and seven-time Grammy nominee sings the songs of Bob Dylan. \$49.

THEATER

Taking Steps. 8 p.m. Ferndale Repertory Theatre, 447 Main St. Alan Ayckbourn's British farce told across three floors of a haunted former brothel. Appropriate for ages 14 and up. \$16, \$14 seniors/students. info@ferndalerep.org. ferndalerep.org. 786-5483.

FOR KIDS

Baby Read & Grow. Third Friday of every month, 11-11:45 a.m. Humboldt County Library, 1313 Third St., Eureka. Babies and their families are invited to share songs, finger plays and short stories at this early literacy event. Free. jlancaster@co.humboldt.ca.us. www.humlib.org. 269-1910.

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

Redwood Empire BMX - BMX Practice/Racing. 5-6 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Learn good sportsmanship and safety for kids of all ages. Friday and Sunday practices followed by racing. \$2 practice, \$5 ribbon race, \$8 medal race, \$11 trophy race. redwoodempirebmx1992@gmail.com. 845-0094.

Zumba Kids and Kids Jr. 6-7 p.m. The MGC, 2280 Newburg Road, Fortuna. Every Friday night, instructor Vanessa Maloney. Open to kids ages 5 and up. \$8, \$5 prepay. ecooper@ervmgc.com. ervmgc.com. 725-3300.

HOLIDAY EVENTS

Friday Night Fever. 8 p.m. The Historic Eagle House, 139 Second St., Eureka. Valentine's Day entertainment, live dating gameshows, burlesque show and dance party with Afrolicious, All Good Funk Alliance, DJ Marjo Lak and KNUZ. Tickets available at Brown Paper Tickets, Wildberries, The People's Records and at The Eagle House. Limited tickets available at the door. \$75-\$20.

ETC

A Call to Yarns. 12-1 p.m. Arcata Library, 500 Seventh St. Knit. Chat. Relax. Free. sparsons@co.humboldt.ca.us. 822-5954.

Cooperation Humboldt Open House. 6-8 p.m. Eureka Labor Temple, 840 E St. Celebrate the grand opening of Cooperation Humboldt's first physical space, which will house offices, workshops, potlucks, a tool library, tenants union and more. Please consider bringing a non-perishable food or personal care item to donate. Free.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.northcoastpeoplesalliance.org.

16 Saturday

BOOKS

Black History Month Story Time. 1-2 p.m. Northtown Books, 957 H St., Arcata. Stories will be read to celebrate Black History Month. Also, snacks, treats and simple activities. Free. info@northtownbooks.com. www.northtownbooks.com/event/black-history-story-time. 822 2834.

COMEDY

iNoche de Comedia en Español! 9 p.m.-midnight. Savage Henry Comedy Club, 415 Fifth St., Eureka. Venga y disfrute una noche de comedia stand up en el nuevo club de Savage Henry. Con los variantes estilos humorísticos de: Leon Coello, Luigi Diaz, Nando Molina, Mariana Nava. \$10. peter@savagehenrymagazine.com. www.savagehenrymagazine.com. 834-0690.

DANCE

Great Gatsby Daddy Daughter Dance. 6-8 p.m. The MGC, 2280 Newburg Road, Fortuna. Mini dance lesson focusing on the waltz and foxtrot 6-7 p.m., dance at 7-8:30 p.m. Formal attire encouraged. RSVP and Prepay at eventbrite.com. Daddy Daughter Dance is open to all "Dads" and all ages welcome. \$25/couple, \$5 more for each additional daughter. ecooper@ervmgc.com. www.ervmgc.com. 725-3300.

Va Va Voom Burlesque Vixens Presents: Let's Duet! 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Burlesque event of solos, duos, trios and more. Doors at 7 p.m. 18 and up. \$25, \$20, \$70 VIP table/2.

MUSIC

Joe Nichols with Chad Bushnell. 8 p.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. Country artists Nichols has six No. 1 hits and eight Top 10 singles to his credit including chart toppers like "Brokenheartsville" and "Gimmie That Girl." www.bluelakecasino.com.

Nels Cline 4. 8-11 p.m. Arcata Playhouse, 1251 Ninth St. Guitarist Nels Cline returns with his band featuring Julian Lage on guitar, bassist Jorge Roeder and drummer Tom Rainey. Cline is known as the lead guitarist of Wilco since 2004 and one of *Rolling Stone's* "100 Greatest Guitarists." \$34, \$32 Playhouse members. david@arcataplayhouseorg. www.arcataplayhouse.org. 822-1575.

World Music Benefit Concert. 7:30 p.m. The Sanctuary, 1301 J St., Arcata. Chubritza International folk band presents dance music and folk songs played on traditional and modern instruments. Performances by Ya Habibi Dance Company and Girl Scout Troop 90015. Concessions and gifts available for purchase. Proceeds provide scholarships for music and dance workshops and camps. \$10-\$25 sliding.

THEATER

Taking Steps. 8 p.m. Ferndale Repertory Theatre, 447 Main St. See Feb. 15 listing.

EVENTS

Mad Scramble Cyclocross. 11 a.m.-3 p.m. Blue Lake, Off State Route 299, Exit 5. Short-track format 30 minute and 60 minute races. Women's, men's open categories; junior girls and junior boys (12-17 years old) categories. No bicycle restrictions; ride what you have. Free kids races (under 12). A benefit for Friends of Annie & Mary Rail Trail. \$30 per rider, free kids races (under 12). two-wheelintim@gmail.com. 668-1716.

Volunteer Orientation with Friends of the Dunes. 9:30 a.m.-10:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Learn about the organization, education and stewardship programs and volunteer opportunities. After, take an optional guided walk focusing on coastal dune habitats and biodiversity from 10:30 to 11:30 a.m. Snacks provided. R.S.V.P.'s are encouraged but not required. Free. info@friendsofthedunes.org. friendsofthedunes.org. 444-1397.

FOR KIDS

Family Nature Club. 11 a.m.-1 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Discover the natural world through hands-on activities, guided exploration and science-based education. Includes an animal encounter or keeper talk, a craft or hands-on experiment and a take-home activity to continue the learning. \$25 (includes admission for one child and one adult). education@sequoiaparkzoo.net. www.sequoiaparkzoo.net. 441-4217.

Nature Story Time - Sea Turtle Edition. 2-3 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Join Friends of the Dunes naturalist Vanessa Munoz for a story based on local wildlife and paired with a simple craft project, props and fun movement activities geared for ages 3-6. Call or email to reserve a space. Free. info@friendsofthedunes.org. friendsofthedunes.org. 444-1397.

Piecing a Story Together. 1-2 p.m. Humboldt County Library, 1313 Third St., Eureka. Sewing teacher Jennifer Duncan joins library staff to share quilting stories and crafts. Enjoy the display of quilts in the children's room and try your hand at the quilted 'I spy' game. Craft activities sponsored by First 5 Humboldt. Free. www.humlib.org. 269-1910.

Storytime. 11:30 a.m. McKinleyville Library, 1606 Pickett Road. Stories for children and their parents. Free.

Storytime and Crafts. 11:30 a.m. Blue Lake Library, 111 Greenwood Ave. Followed by crafts at noon. Now with a Spanish and English story every first and third Saturday. Free. blkhuml@co.Humboldt.ca.us. 668-4207.

FOOD

Arcata Plaza Winter Farmers' Market. 10 a.m.-2 p.m. Arcata Plaza Farmers' Market, Eighth and I Street block. Fresh GMO-free foods direct from the farmers. Fruits and vegetables, humanely raised meats, pastured eggs, artisanal body products, plants, hot food stands and more. Free. info@humfarm.org. www.northcoastgrowersassociation.org. 441-9999.

Chinese New Year Fundraising Lunch. noon. Jefferson Community Center, 1000 B St., Eureka. Celebrate Chinese New Year with a multi-course lunch prepared by local chefs Wendy Chan, Jade Brady, Mary Chin and Kyoko Clark. Benefits Jefferson School and Food for People. \$20.

Breakfast and Flea Market. Third Saturday of every month, 8:30 a.m. Dow's Prairie Grange Hall, 3995 Dow's Prairie Road, McKinleyville. Enjoy pancakes, eggs and browsing knickknacks. Flea market ends at 3 p.m. \$5, \$3 for kids, first responders eat free. dowsgrange@gmail.com. www.dowsprairiegrange.org. 840-0100.

MEETINGS

Humboldt Embroiders' Guild. 11 a.m. Christ Lutheran Church, 2132 Smith Ln., Fortuna. Learn the age-old art of blockwork embroidery. Anyone interested in embroidery, novice to master embroiderer, is invited to join Humboldt Embroiders' Guild. lael14@suddenlink.net. 822-6723.

Photoshop User Group. Third Saturday of every month, 10 a.m.-noon. Prosperity Center, 520 E St., Eureka. Adobe Photoshop or LightRoom beginners and power users gather to swap ideas and techniques. Informal lunch usually follows. Free. wrishel@gmail.com. www.eurekaphotoshop.com. 510-410-3310.

OUTDOORS

Appreciating Lichens Walk. 10 a.m.-1 p.m. Ma-le'l Dunes Parking Area, Vera Linda Ln, Manila. Join Friends of the Dunes naturalist Jenny Hanson for an introductory walk about the lichens of our area. Bring a hand lens if you have one, otherwise, one will be provided. Space is limited, please RSVP. Free. info@friendsofthedunes.org. friendsofthedunes.org. 444-1397.

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. With leader Katy Allen. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and meet in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Walk leader is Christine Vertical. Free. www.rras.org/calendar.

Dune Restoration. 9:30 a.m.-12:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Help remove invasive plants to make room for native plant diversity. Tools, gloves, and snacks provided. Please bring water and wear work clothes. Free. info@friendsofthedunes.org. 444-1397.

Pulling Together to Save Our Coast. 9 a.m.-2 p.m. Sanctuary Forest Office, 315 Shelter Cove Road, Whithethorn. Help remove French broom and other invasive species in the Sinkyone Wilderness State Park. Some hand tools and weed wrenches provided. Bbring a lunch, water and gloves. Dress in layers and wear sturdy shoes. To RSVP

call 986-1087 ext. 9. Free. anna@sanctuaryforest.org. sanctuaryforest.org.

SPORTS

HSU Women's Basketball. 5:30-7:30 p.m. Lumberjack Arena, Humboldt State University, Arcata. Humboldt State women's basketball welcomes Cal State San Bernardino. Tip off at 5:30 p.m. \$10, free for HSU students, staff and faculty with valid i.d. card. kelly.kime@humboldt.com. hsujacks.com. 826-3666.

ETC

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

17 Sunday

COMEDY

Two Mic Sundays. 5 p.m. Northtown Coffee, 1603 G St., Arcata. 9-11:30 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. At Northtown Coffee at 5 p.m. and Savage Henry Comedy Club at 9 p.m. Free. editor@savagahenrymagazine.com. www.savagahenrymagazine.com. 845-8864.

MOVIES

Smallfoot (2018). 6 p.m. Arcata Theatre Lounge, 1036 G St. A yeti who is convinced that human are real has to prove to his tribe that a "Smallfoot" exists. Animated. \$5. www.arcatatheatre.com.

MUSIC

Bayside Community Hall Music Project. 6-8 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Bandemonium, community activist street band, from 6-8 p.m. Bring wind instruments and drums. Free. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Wine and Jazz. Third Sunday of every month, 3-5 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Sip and listen. After every performance, audience members with instruments can jam with the band. Music by The Laura Hennings Trio. \$5, \$2 students/seniors, free to HAC members and children 17 and under. alex@humboldtarts.org. www.humboldtarts.org. 442-0278.

EVENTS

Firemen's Games. 12-3 p.m. Ferndale Main Street, Ferndale. Ferndale's volunteer firefighters compete in old-fashioned firefighting techniques including bucket brigade, quick dressing and hose coupling. Free.

Humboldt County Historical Society Luncheon. 12:30-3 p.m. Sequoia Conference Center, 901 Myrtle Ave., Eureka. The 59th annual banquet features a historical presentation by Julie Clark and Jon Humboldt Gates on the lumber town of Falk. With wine bar and silent Dutch auction benefiting the HCHS research center and archive. Call for tickets. 445-4342.

FOR KIDS

Lego Club. 12:30-2 p.m. Redwood Discovery Museum, 612 G St., Eureka. For ages 4 and up. Free w/museum admission. www.discovery-museum.org.

Redwood Empire BMX - BMX Practice/Racing. 1-2:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. See Feb. 15 listing.

Continued on next page »

Calendar

Continued from previous page

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

Pancake Breakfast. Third Sunday of every month, 8-11 a.m. Mattole Grange, 36512 Mattole Road, Petrolia. All the homemade pancakes you can eat, organic oatmeal, local fresh eggs and sausage, and more. \$8, \$3. evenson@igc.org. 629-3421.

ETC

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

18 Monday

ART

Presidents Week Camp SCRAP. 8:30 a.m.-3:30 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. Creative reuse art camp for grades 1-5. \$175. education@scraphumboldt.edu. scraphumboldt.org. 822-2452.

COMEDY

Sketch Mini Film Fest. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. A collection of sketches from sketch crews from all over. Played on the big screen. Free. editor@savagehenrymagazine.com. www.savagehenry-magazine.com. 845-8864.

DANCE

Baile Terapía. 7-8 p.m. Jefferson Community Center, 1000 B St., Eureka. Paso a Paso host dance therapy. Free. jorge.matias@stjoe.org. 441-4477.

MUSIC

Humboldt Harmonaires. 7-9:30 p.m. First Congregational United Church of Christ, 900 Hodgson St., Eureka. Sing four-part men's a cappella barbershop harmony, no experience needed. All voice levels and ages welcome. Free. singfourpart@gmail.com. 445-3939.

Join the Scotia Band. 7:30-9 p.m. Fortuna High School, 379 12th St. Scotia Band invites Humboldt County woodwind, brass and percussion musicians (intermediate level and above) of all ages to join. The band rehearses Monday evenings in the Fortuna High Band Room and performs publicly or in schools throughout the year. Free. domenicbongoi@yahoo.com. 599-4872.

McKinleyville Community Choir Practice. 6:30-8:30 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. All choral voices are welcome with a particular call for male voices. Opportunities for solos and ensemble groups. \$50 registration fee w/scholarships available. 839-2276.

GARDEN

Drop-in Garden Hours. 1-4:30 p.m. The RAVEN Project, 523 T St., Eureka. Learn how to grow a vegetable garden, compost, cook, and make garden crafts. For youth ages 10-21. Free. hmccarthy@rcaa.org. 672-9944.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

19 Tuesday

ART

Presidents Week Camp SCRAP. 8:30 a.m.-3:30 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. See Feb. 18 listing.

Queer Coffe House w/Phyllis Barbara. 5:30-7:30 p.m. The RAVEN Project, 523 T St., Eureka. Presentation with local artist and owner of the Siren's Song Tavern (all materials provided). Free for anyone under 21.

COMEDY

Trivia Tuesdays. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Teams of three. Three rounds. \$5 entry fee per team. Real prizes \$5. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Let's Dance. 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Live music. All ages. \$5. www.facebook.com/humboldt.grange. 725-5323.

FOR KIDS

President's Week Zoo Camp. 10 a.m.-3 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Explore the wonderful world around us by using your senses of sight, smell, hearing, touch and maybe even taste. \$100. education@sequoiaparkzoo.net. www.sequoiaparkzoo.net. 441-4217.

MEETINGS

Humboldt Cribbers. Moose Lodge, 4328 Campton Road, Eureka. Humboldt Cribbage Club plays weekly. Seven games in summer and nine games during the season. \$8. grasshopper60@aol.com. 444-3161.

Redwood Coast Village Volunteer/Member Orientation. 1-3 p.m. Redwood Coast Village, 434 Seventh Street, Eureka. Redwood Coast Village is a community of volunteers helping seniors stay active, independent and living in their own homes. Find out more about becoming a member and/or volunteer. Free. office2@redwoodcoastvillage.org. www.redwoodcoastvillage.org. 442-3763.

Soroptimist of McKinleyville. Third Tuesday of every month, 5:45 p.m. Luzmila's, McKinleyville, 1751 Central Ave. Monthly general meeting of a local volunteer organization working to improve the lives of women and girls. Free. aprilsousal3@gmail.com.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

CalOSHA 30 Training. 8 a.m.-4 p.m. Garberville Civic Club, 477 Maple Lane. (registration required) Specifically designed for the cannabis industry, this class is required for businesses with more than one employee. Topics include hazard communication, electrical safety, lock out tag out, injury and illness prevention plans (IIPP's), walking and working surfaces, ladders, flammable liquid handling and storage, repetitive motion injuries and much more. This class is limited to 40 persons. www.safetylogistics.org.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Ave., Ferndale. Cards and pegs.

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Community Park Way. See Feb. 14 listing.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Feb. 17 listing.

20 Wednesday

ART

Presidents Week Camp SCRAP. 8:30 a.m.-3:30 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. See Feb. 18 listing.

MOVIES

Sci-Fi Night: *The Wild Women of Wongo* (1958). 6 p.m. Arcata Theatre Lounge, 1036 G St. Chaos ensues on the tropical island of Wongo. www.arcatatheatre.com.

MUSIC

Sweet Harmony Women's Chorus. 6-8 p.m. Arcata United Methodist Church, 1761 11th St. All-female barber-shop-style chorus that sings a variety of music, including pop, jazz, gospel and Broadway show tunes in four-part, a cappella harmonies. Accepting new members. Ability to read music not required. barbershophumboldt@gmail.com. (802) 490-9455, 601-8219.

FOR KIDS

President's Week Zoo Camp. 10 a.m.-3 p.m. Sequoia Park Zoo, 3414 W St., Eureka. See Feb. 19 listing.

GARDEN

BioSafe Seminar Hosted by NHS. 3-6 p.m. Red Lion Hotel, 1929 Fourth St., Eureka. Seminar covers Biosafe products, crop protection methods and pesticide best management practices. Earn Continuing Education Units from DPR for pesticide safety and worker protection standards. Refreshments provided. Free. marketing@northcoasths.com. www.redlion.com. 444-9999.

MEETINGS

Citizen Sourcing Workshops. 5:30-7 p.m. Redwood Coast Energy Authority (RCEA), 633 Third St., Eureka. Help identify new and/or expanded energy-related programs or projects that will benefit Humboldt County's Community Choice Energy Program ratepayers. Anyone with a compatible idea or vision is welcome to respond, prior experience with energy planning not required. Free. citizensourcing@redwoodenergy.org. redwoodenergy.org. 269-1700.

Dow's Prairie Grange. Third Wednesday of every month, 6 p.m. Dow's Prairie Grange Hall, 3995 Dow's Prairie Road, McKinleyville. Get involved in your community Grange. dowsgrange@gmail.com. www.dowsprairiegrange.org. 840-0100.

Humboldt Bay Mycological Society Monthly Speaker. 7-8:30 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Dr. Bruce Kessler will talk about mushroom poisoning, presenting current information on mushroom toxicology. Includes a discussion of some of the toxic "look-alikes." Doors open at 7pm, event at 7:30pm. Free. www.huuf.org.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

21 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Feb. 14 listing.

Healing Sketchbook Workshop. Third Thursday of every month, 5-6 p.m. Outer Space, 1100 M St., Arcata. Conversations About Power will hold a workshop focusing on mixed-media sketchbook techniques. All levels welcome. Bring sketchbook and art supplies. Some art supplies available. Free, donations appreciated. ConversationsAboutPower@gmail.com. conversations-aboutpower.com. 442-8413.

Presidents Week Camp SCRAP. 8:30 a.m.-3:30 p.m.

SCRAP Humboldt, 101 H St., Suite D, Arcata. See Feb. 18 listing.

BOOKS

Books on Tap. 6:30 p.m. The Boardroom, 3750 Harris St., Redwood Acres, Eureka. Read and discuss books, and enjoy cheese and charcuterie plates. Bring your library card or sign up for one to get your book. Ages 21 and up. www.boardroomeureka.com.

COMEDY

Savage Henry Improv Team. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Savage Henry Improv Team returns for a night of Long Form improv. \$5. editor@savaagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Redwood Fusion Partner Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. See Feb. 14 listing.

MOVIES

Dream Big: Engineering Our World. 6-8:30 p.m. Arcata Theatre Lounge, 1036 G St. *Dream Big* celebrates the human ingenuity behind engineering marvels big and small. \$5, \$3 college students (with ID), Free for K-12 students. LW76@humboldt.edu. arcataheater.com. 822-1220.

***The Insult* (2017) with Q&A by lead actor Kamel El Basha.** 7 p.m. Minor Theatre, 1013 H Street, Arcata. Kamel El Basha is a Palestinian actor from al-Quds (Jerusalem). His performance in *The Insult* won him the award for Best Actor at the Venice Film Festival. Part of HSU professor Leena Dallasheh's 'Let's Talk About the Middle East' film series. \$9.50-\$7.

Science on Screen: *Tank Girl* (1995). 7 p.m. Eureka Theater, 612 F St. This series pairs feature films with experts in the fields of science, tech, engineering and mathematics. This film's discussion features apocalyptic technologies w/Lonny Grafman. \$5. www.theeurekatheater.org.

MUSIC

Humboldt Ukulele Group. Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsanderl@arcatanet.com. 839-2816.

THEATER

Adaptations. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Original short stories and poems adapted and performed by Dell'Arte's 2nd Year MFA Ensemble. Pay what you can. www.dellarte.com. 668-5663.

Everybody. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. This finalist for the 2018 Pulitzer Prize is a modern, madcap riff on the fifteenth century play, *Everyman*. It follows Everybody (chosen from the cast each night by lottery) on a thoughtful, kooky and hilarious journey to find the meaning of life. \$20-\$10.

FOR KIDS

President's Week Zoo Camp. 10 a.m.-3 p.m. Sequoia Park Zoo, 3414 W St., Eureka. See Feb. 19 listing.

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. See Feb. 14 listing.

FOOD

Third Thursday Food Demos. Every third Thursday, 5:30-7:30 p.m. Humboldt County Agriculture Center, 5630 South Broadway, Eureka. Free food preservation demos presented by the Humboldt County Master Food Preservers. This month learn about preserved lemons. Free. tinyurl.com/MFPDemo. 445-7351.

MEETINGS

350 Humboldt. 6 p.m. Rita's Margaritas & Mexican Grill, Arcata, 855 8th St. Topics on the agenda include the future of renewable energy in Humboldt County, a call for proposals for RCEA's Citizens Sourcing Program, and what is happening locally with the Green New Deal. www.350.org.

Citizen Sourcing Workshops. 1-2:30 p.m. Redwood Coast Energy Authority (RCEA), 633 Third St., Eureka. See Feb. 20 listing.

Technical Assistance Workshop: Proposition 68. 9 a.m.-3 p.m. Wharfinger Building, 1 Marina Way, Eureka. The State of California will provide information and offer technical assistance on the development of Proposition 68 Statewide Parks and Community Revitalization grant application for up to \$8.5 million per park. Grant submissions due July 1. Free. Luis.Saldana@parks.ca.gov.

ETC

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Community Park Way. See Feb. 14 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Feb. 14 listing.

Heads Up ...

College of the Redwoods' literary magazine is accepting submissions of original poetry and fiction. The submission period continues through noon on Mar. 27, 2019. For details visit www.redwoods.edu/departments/english/poets&writers/index.htm and look under Campus Literary Magazines and then Eureka.

North Coast Open Studios is accepting artist and artisan manufacturer registrations for 2019. The deadline to register is Mar. 20. Registration is available at www.northcoastopenstudios.com. To receive a printed packet, email contact@northcoastopenstudios.com or call 442-8413.

Online registration is now open at www.godwitdays.org for the 24th Annual Godwit Days Spring Migration Bird Festival, held April 19-21, 2019 at the Arcata Community Center. Pre- and post-festival events extend the core dates from April 17 to 23.

HSU Wind Ensemble invites community musicians to attend open rehearsals (informal auditions) from Feb.

5 through Feb. 28, Tuesdays and Thursdays from 3-4:50 p.m. in Fulkerson Recital Hall at HSU. No cost. For more information, contact Paul Cummings: paul.cummings@humboldt.edu or phone 826-5435.

Open call for rebel craft rumble competitors. Applications can be picked up at SCRAP Humboldt at 101 H street Suite D, Arcata and are due by Feb. 22, with a \$5 non-refundable application fee. For more information and to apply visit www.scraphumboldt.org/programs/rebel-craft-rumble.

The Eureka Street Art Festival seeks artists for the second annual event, taking place July 27-Aug. 3, 2019. Learn more and apply at www.eurekastreetartfestival.com. Applications are due March 25, 2019.

Friends of the Arcata Marsh and Redwood Region Audubon Society are co-sponsoring a student bird art contest in conjunction with Godwit Days and a student nature writing contest. For more details visit www.rras.org and www.arcatamarshfriends.org. Entries must be received by Friday, March 22.

The Humboldt Branch of Women's International League for Peace and Freedom seeks applications for its Edilith Eckart Memorial Peace Scholarship/Grant, designed to support projects promoting peace and/or social justice, locally or globally. Visit www.wilpfhumboldt.wordpress.com. Deadline is 4 p.m. on April 1. May mail applications to WILPF at P.O. Box 867, Arcata, 95518 or email wilpf@humboldt1.com. 822-5711.

Donations and consignments are now being accepted at the Humboldt Coastal Nature Center for the annual Get Outside Gear Sale, happening April 13. Stop by Wednesday through Sunday from 10 a.m. to 4 p.m. Call 444-1397 or visit friendsofthedunes.org/get-outside-gear-sale for more info.

Faben Artist Fund now accepting applications. Grant guidelines are posted at www.humboldtarts.org. Email Jemima@humboldtarts.org or 442-0278, ext. 205.

Humboldt International Film Fest call for entries. Independent filmmakers, share your art. Submission deadline: Feb. 15. Visit www.HSUfilmfestival.com to learn more.

The California Department of Fish and Wildlife Dove Banding Program seeks volunteers. More information at www.wildlife.ca.gov/Science-Institute. ●



WAFFLES + DELICIOUS TOPPINGS
FOLDED TO GO



Now accepting NCJ smartcard



northcoastjournal.com/NCJsmartcard

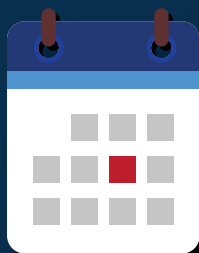


770 WILDWOOD AVE
RIO DELL, CA 95562



LOCATED IN ROOT 101 NURSERY

**SUBMIT your
Calendar
Events**

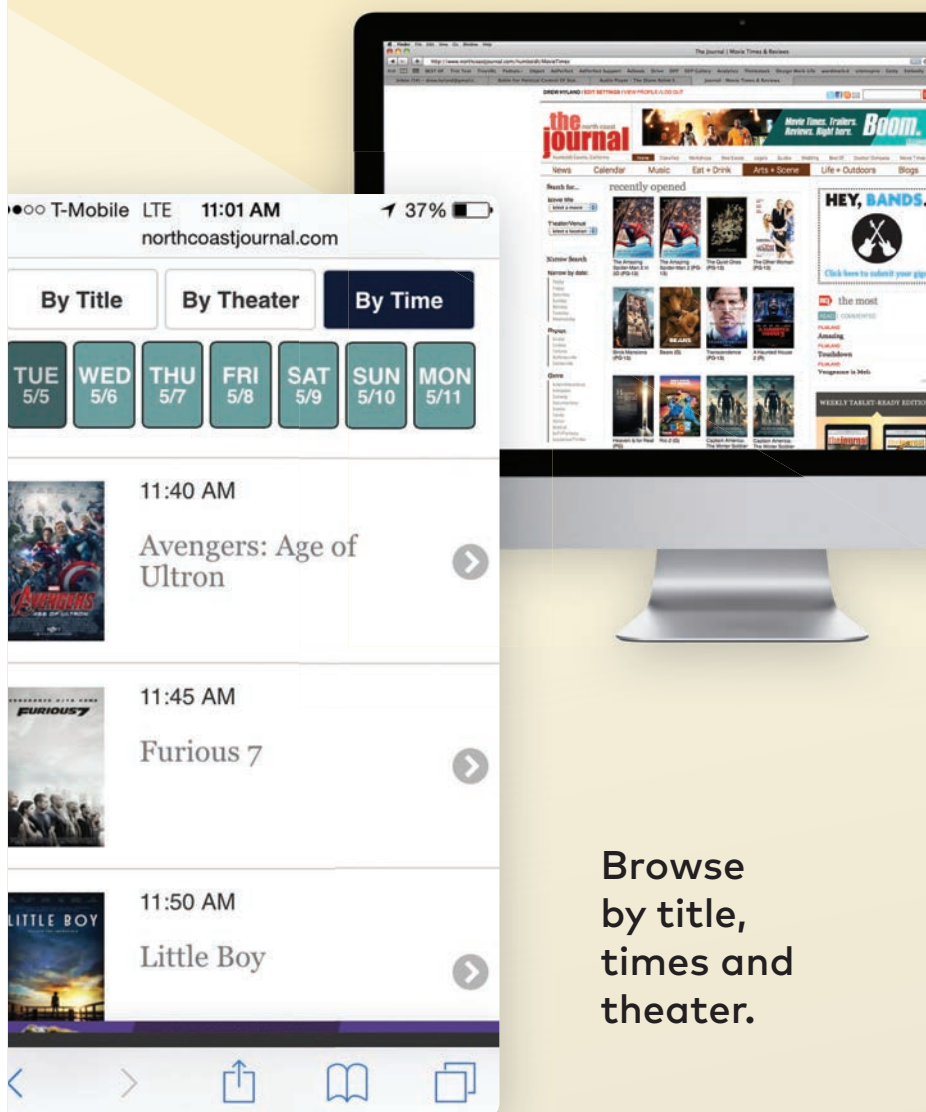
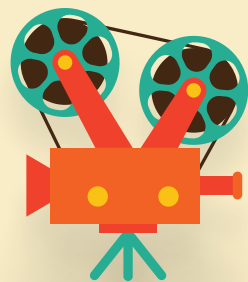


ONLINE or by E-MAIL

northcoastjournal.com
calendar@northcoastjournal.com

**PRINT DEADLINE: Noon Thursday,
the week before publication**

MOVIE TIMES. TRAILERS. REVIEWS.



Browse
by title,
times and
theater.

northcoastjournal.com

Filmland

Frozen Out

Cold Pursuit and *High Flying Bird*

By John J. Bennett

filmiland@northcoastjournal.com

Reviews

COLD PURSUIT. Unlike the mess Liam Neeson has made talking about his racist past while promoting *Cold Pursuit*, there really isn't anything in the movie itself to be upset about, I suppose. On balance, this is an amusing enough way to dispose of a couple of hours: a competent, if unremarkable, action movie that at least has an unusual scenario going for it. But one can hardly let things just be amusing and unremarkable, can one? (History says no). In this case it is because *Cold Pursuit*, in spite of its alpine setting, unusual characterizations and semi-inventive violence, follows the dumbfounding trajectory of remaking a recent foreign movie and, for those keeping score, calls back to the late '90s, early '00s tradition of movies derived from other, better movies that were, in their turn, intentionally derivative (we used to call it homage) of older, less ubiquitous genres and examples thereof.

In the matter of the first matter, Norwegian director Hans Petter Moland here helms a "reimagining" of his own *Kraftidioten* (English title *In Order of Disappearance*), from 2014, adapted by Frank Baldwin from Kim Fupz Aakeson's original screenplay. I have not seen that earlier work and in that I am remiss. However, history would indicate that it is likely a charming, more successful work in its native state than in this, its probably amplified but simultaneously dumbed-down reiteration.

Nels Coxman (Liam Neeson) operates a snow plow concern in rural Kehoe, Colorado, and quite successfully, judging by the appointments of his "humble" mountain abode and the quality of his French-cuffed shirts. He and his wife Grace (a shockingly underserved Laura Dern) seem content in their quiet little life, with the occasional, to-be-expected interruption from their son Kyle (Micheál Richardson), who works as a baggage handler at the airport. But then one of Kyle's buddies at work pilfers the wrong suitcase from the wrong people and Kyle ends up a casualty. His death, ruled an accidental overdose, drives Grace and Nels apart and sends Nels on the path of revenge. He takes on his own "investigation" (implausible but one can look past that), which really amounts to him killing employees of the criminal drug distribution network responsible. Of course, he is nothing to the head of said organization, the impeccably groomed and implausibly grav-

elly Trevor "Viking" Calcote (Tom Bateman). (Incidentally, all of the bad guys have cute nicknames.) And so, casting about for likely aggressors, Viking singles out the leader of nearby cartel named White Bull (Tom Jackson), with whom Viking's father, Bullet, years ago brokered a since unbroken peace. So now there's a racially fueled drug war raging, with kids in peril and a humble but impossibly violence-adept truck driver right in the thick of it.

The cultural aspect of this can be a little cringe-inducing but on balance it seems to be handled with relative delicacy. The problem is that the script is so busy charging around the shop, assigning cute personality traits to even minor characters, that it rarely rises above artifice. It's jokey, referential and half-clever in a way that most of us figured out was best left to Quentin Tarantino about 25 years ago. It's chock-a-block with quirks and oddities, but doesn't have the fundamentals strongly enough in place to support the circus. And with its relatively tame violence and strained attempts at coarse language, there seems little reason to have pursued an R-rating. That said, if all one wants is to see Liam Neeson pinning a car to the ground with a tree trunk, enjoy with my compliments. *R. 118M. BROADWAY.*

HIGH FLYING BIRD. I don't know how people become aware of impending media releases anymore; I used to watch television and read magazines. A beast of a bygone era, my exposure to the internet is willfully truncated, so other than theatrical trailers I feel like I only find out about things by happy accident or random whispers.

And so I can't say how I became aware that on Friday, Netflix quietly released a Steven Soderbergh (yeah, the guy who retired a few years ago and is now in the midst of the most prolific period of his career) movie. It is called *High Flying Bird*. It is deceptively simple, multi-layered enough to merit second viewing and gorgeously shot (apparently all on iPhone). It is also topical, satirical, tragic, hilarious and should be widely discussed.

Ray Burke (André Holland), a high-powered sports agent in a major New York agency, finds his livelihood threatened by an ongoing league lockout. He represents the first-round draft pick to the New York basketball club (unnamed, I assume due to licensing vagaries but also to narrative device) Erik Scott (Melvin Gregg), who has



When Sonja Sohn has seen your yearbook.
High Flying Bird

found himself in both social media and financial trouble in the absence of court time. Ray's assistant Sam (Zazie Beatz), a formidable mind in her own right, has her sights set on bigger things. The players' association, represented by the troubled, hard-drinking Myra (Sonja Sohn), refuses to bend to the owners, embodied by the conniving, swaggering David Seton (Kyle MacLachlan). Ray may be the only one who can see a way through to playing the game that plays the game.

Written by Tarell Alvin McCraney, who got a "story by" credit on Barry Jenkins' *Moonlight* (2016), *High Flying Bird* approaches American entertainment, sport, masculinity, race and commerce from a new and unique perspective and should be required viewing. *TV-MA. 90M. NETFLIX.*

—John J. Bennett

See showtimes at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Previews

ALITA: BATTLE ANGEL. A saucer-eyed, Snapchat-filtered robo-girl fights and roller derbies her way through a CG dystopia to find out who she is. *PG13. 122M. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

HAPPY DEATH DAY 2U. For the sequel, Tree (Jessica Rothe) dies over and over again at the hands of a baby-masked killer, this time with her friends in tow. *PG13. 100M. BROADWAY, MILL CREEK.*

ISN'T IT ROMANTIC. A cynical woman (Rebel Wilson) wakes from a head injury trapped in a romantic comedy. With Liam Hemsworth and Priyanka Chopra. *PG13. 88M. BROADWAY, FORTUNA, MILL CREEK.*

TO KILL A MOCKINGBIRD (1962). Gregory Peck and Brock Peters in the Harper Lee adaptation. *PG. 102M. BROADWAY.*

Continuing

AQUAMAN. James Wan directs the butched-up ocean superhero's (Jason Momoa) solo feature with Amber Heard and an army of CG sea creatures. *PG13. 143M. BROADWAY.*

A DOG'S WAY HOME. Live action drama in which a lost dog (voiced by Bryce Dallas Howard) searches for her owner cross country. Starring Ashley Judd. *PG. 96M. FORTUNA.*

GLASS. Director M. Night Shyamalan brings characters from *Split* (James McAvoy) and *Unbreakable* (Samuel L. Jackson, Bruce Willis) together to complete the dark superhero set. *PG13. 129M. BROADWAY.*

GREEN BOOK. The cringe-worthy story of a racist white man driving a black concert pianist around the South in the '60s buoyed by Viggo Mortensen and Mahershala Ali's immersive performances. *PG13. 130M. MILL CREEK.*

THE LEGO MOVIE: THE SECOND ONE. More blocky animated action starring the voices of Chris Pratt and Elizabeth Banks. *PG. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

OSCAR SHORTS: LIVE ANIMATION, ANIMATED, DOCUMENTARY. Three separate showings to catch you up on the 2019 nominees and give you an edge on your Oscar pool. *MINOR.*

THE PRODIGY. Parents of a gifted boy grow frightened of his behavior. (Spoiler: Totally evil.) *R. 92M. BROADWAY, MILL CREEK.*

SPIDER-MAN: INTO THE SPIDER-VERSE. Inter-dimensional spider heroes team up in an animated adventure. Starring Shameik Moore, Jake Johnson and Hailee Steinfeld. *PG. 117M. BROADWAY, MILL CREEK.*

THEY SHALL NOT GROW OLD. Director Peter Jackson's World War I documentary. *R. 99M. BROADWAY.*

THE UPSIDE. An inexperienced parolee (Kevin Hart) becomes an assistant to a wealthy man with quadriplegia (Bryan Cranston). With Nicole Kidman. *PG13. 125M. BROADWAY, FORTUNA, MILL CREEK.*

WHAT MEN WANT. If this mind-reading comedy reboot makes a single penny, Taraji P. Henson should go back and remake every Mel Gibson movie ever. *R. 117M. BROADWAY, FORTUNA, MILL CREEK.*

THE WORLDS OF URSULA K. LEGUIN. Documentary about the iconic fantasy writer. *NR. 68M. MINIPLEX.*

—Jennifer Fumiko Cahill



CROSSWORD by David Levinson Wilk

1	2	3	4		5	6	7	8		9	10	11	12
13					14					15			
16					17					18			
19				20					21				
22				23					24				
25			26				27	28				29	30
			32		33	34					35		
36	37	38								39			
40					41								
42				43						44		45	46
			48					49	50			51	
	52	53				54	55				56		
57						58					59		
60						61					62		
63						64					65		

LITTLE THINGS

ANSWERS NEXT WEEK!

ACROSS

- Intl. oil group
- SpaceX founder Musk
- Like a merciless movie review
- ____ Grant (college financial aid)
- It may be stored on the cloud
- Company that buried 700,000+ unsold video games in 1983
- Cruz with the 2010 #1 hit "Break Your Heart"
- "Eat up every moment" sloganer
- Instruments hit with mallets
- Really fuming
- Mo. when the Supreme Court reconvenes
- ____ Beta Kappa
- Food scrap
- Shellac ingredient
- Poet ____ St. Vincent Millay

- One of four in a grand slam
- Provoking sort
- Tylenol target
- Shakespeare play in which Beatrice says "I love you with so much of my heart that none is left to protest"
- Apple debut of 2001
- Litter makeup
- It breaks in the morning
- Lavish care (on)
- Pueblo building material
- State-issued driver ID
- Preceder of "two, three, four"
- Goat's bleat
- Comment about what really matters in life ... or a comment about fives squares in this puzzle's grid
- Move on tiptoe, say

- Whopper
- "Why do ____ this way?!"
- Garbo of "Grand Hotel"
- 1600 Pennsylvania Ave., e.g.
- ____ hygiene
- Requirements of Mormonism
- Like unfatty meat
- Mecca for oenophiles

- Bar selection
- Pessimist's word
- Frustrated exclamation
- "That may be true, but ..."
- Lead-in to phobia
- Sleep clinic concern
- "Happy Birthday, Mr. President" singer
- Having a crisp picture, say
- Overjoy
- What many college students accrue
- Supervised
- Dust jacket part, usually
- Latest fad
- Three-term Big Apple mayor
- "Stop procrastinating!"
- Condition once called "shell shock," for short
- Prefix with life or

- wife
- ____ creek
- Playfully shy
- Not suitable
- Chicago Bears coaching legend Mike
- Mark who was the 1998 PGA Player of the Year
- Swimwear option
- Title locale in a 1987 Cheech Marin film
- Exams with a max. score of 180
- Broom-____ of the comics
- Complete reversal
- Initials on a cross
- Raising canines?
- Airline that flies only six days a week
- Certain downer, for short
- Common symbol in heraldry
- The Beatles' ____ Pepper

LAST WEEK'S ANSWERS TO LITERARY CIRCLES

M	E	M	O		B	O	H	R	S		G	U	A	M
I	R	I	S		T	W	E	E	T		U	P	T	O
D	A	S	H	I	E	L	L	H	A	M	M	E	T	T
				T	E	N	N		L	E	N	O		N
S	A	L	A	D		T	O	M	C	L	A	N	C	Y
P	R	E		Y	E	W				H	I	T		
A	L	T	I		R	E	B	S		N	E	A	L	E
G	E	O	F	F	R	E	Y	C	H	A	U	C	E	R
O	N	E	I	L		N	E	R	O		P	A	P	I
				D	O	C			A	W	S		P	E
J	K	R	O	W	L	I	N	G		C	A	P	R	A
U	N	O		E	E	N	S		V	A	S	E		
L	I	T	E	R	A	R	Y	C	I	R	C	L	E	S
I	C	E	S		V	E	N	U	S		O	L	A	Y
O	K	S	O		E	M	C	E	E		T	A	R	S

www.sudoku.com

su | do | ku

© Puzzles by Pappocom

VERY EASY #100

		9					1		
4			7	1	6				
		5	9		8	7		3	
	7	8	5		3	6	9		
	4						5		
	9	6	1		7	3	2		
1		3	8		5	4			
			6	7	2			8	
	2					9			

Interview with a Sand Dollar

By Mike Kelly

washedup@northcoastjournal.com



The surface of a sand dollar.

Photo by Mike Kelly

Things got a little “out there” last week and I found myself kneeling in wet sand having a conversation with a washed-up Pacific sand dollar (*Dendraster excentricus*). We talked about — you know — sand dollar stuff.

He was a male but I couldn’t tell by looking. He was lonely and scared.

“The surf got too big, man,” he said. “I lost my hold on the bottom.”

I said, “Hey, maybe I can throw you back out there. You sand dollars go really far because your slightly domed shape generates lift.”

“If you’d do that for me, man, I’d do anything I can to repay you.”

So he granted me an interview.

“What’s your name?” I asked.

“All male sand dollars are named Dolly, and all females are named Sandy. Individuality isn’t our bag, man.”

“Well Dolly, readers will want to know how you have sex and what you eat — especially if there’s cannibalism involved.”

“Oh yeah, man, the sex is great! We live in colonies — mine is the size of a football field. And we get it on together all at once! In the late spring or early summer, the chicks discharge their eggs through their gonopores and we dudes simultaneously protrude our genital papilla to make some babies. Aw yeah ...”

“Sounds fun,” I said.

“Man, you gotta try it. Get a few thousand friends on a football field, then dig yourselves in a bit so you overlap like shingles and then everybody just releases.”

“Well, I might know a couple of guys who could pull it off. But human women don’t spontaneously ovulate into the atmosphere,” I said.

“That’s inconvenient,” said Dolly.

“Well, it creates a lot of extra work, but it’s OK. ... So, tell us about your diet.”

“We sand dollars basically feed on whatever organic stuff deposits on us. It could be little crustaceans, bits of algae,

fish eggs, various turdy materials. ... We aren’t too finicky, man. As long as we can transport it to our mouth with our various appendages, down it goes.”

“But you don’t appear to have appendages,” I said.

“We have lots of short ones. We are actually a type of sea urchin, so we have little pinchers, movable spines and even little tube feet with suckers on the end. You gotta look close though, man,” explained Dolly. “Otherwise we just look fuzzy.”

“How do you know you aren’t eating your own babies?”

“Funny thing, man. Our eggs have a coating so we don’t recognize them as food. But our swimming larvae go down the hatch like anything else. But each lady sand dollar releases about 250,000 eggs. And get this: The larvae can actually clone themselves before they settle. So there’s plenty to go around, man. Billions of them are doomed anyway, so what the hell.”

“I think most people are only familiar with your shells,” I said. “People like to collect them because they are so beautiful — especially that five-petal flower pattern.”

“Yeah, thanks man. That shell is called our ‘test.’ And the flower pattern is made up of pores through which little tube feet gather dissolved oxygen. It’s how we breathe.”

“So, you breathe through your feet?” I asked.

“Call it what you want, man, but that’s just misleading.”

Dolly was getting cranky, so we said our good-byes and I threw him seaward. But I got a bad angle on a gust of wind.

Dolly’s arc took him back toward the beach and he smashed on some poor child’s head. I ran into the dunes before the mother saw me. But I’ll never get Dolly’s screams out of my head. ●

Biologist Mike Kelly writes science-based satire as M. Sid Kelly on Amazon.

Workshops & Classes

List your class — just \$4 per line per issue! Deadline: Friday, 5pm.

Place your online ad at classified.northcoastjournal.com
or e-mail: classified@northcoastjournal.com

Listings must be paid in advance by check, cash or Visa/MasterCard.
Many classes require pre-registration.

Arts & Crafts

BEG & INT WATERCOLOR @ PLUM BLOSSOM STUDIO, ARCATA 6 Fridays; \$120 (03/01-04/05)
beg-int 9-11:30 am (6 spaces) www.thaoart.biz

STAINED GLASS Mar 5 - Apr 16. Call CR Workforce and Community Education for more information at (707)476-4500 (A-0214)

Dance/Music/Theater/Film

ARTISTS WHO ANIMATE is a gathering of folks who are interested in animation as art. Artists and art lovers are all welcome to come and share ideas, ask questions and inspire each other. Next gathering: 2/1/18 at 7:00 PM. For details, see: artistswhoanimate.com

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-0328)

REDWOOD RAKS WORLD DANCE STUDIO, OLD CREAMERY IN ARCATA. Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876 www.redwoodraks.com (D-0425)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri’s. 10:30a.m.-11:30a.m., Level 2 Beginners Class Fri’s. 11:30a.m.-12:30 p.m. Beginners Mon’s 7:00p.m.-8:00p.m. Pan Arts Network 1049 Samoa Blvd. Suite C (707) 407-8998. panartsnetwork.com (DMT-0328)

Fitness

SUN YI’S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0328)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don’t wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Community Hall 6-7 p.m., 2297 Jacoby Creek Rd. \$6. (707) 845-4307 marlajoy.zumba.com (F-0530)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0328)

Personal Development

PASSION AND SELF-LEADERSHIP GROUP — Arcata starting 3/14. Facilitated by a counselor for people who want to improve their sense of personal & career fulfillment. For FREE INTRO meeting rsvp & brochure Call Susan: 707-633-5211. (P-0314)

Spiritual

EVOLUTIONARY TAROT Ongoing classes, private mentorships and readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com
carolyn@tarotofbecoming.com (S-0418)

HUMBOLDT UNITARIAN UNIVERSALIST

FELLOWSHIP. We are here to change lives with our love. Services at 9am and 11am on Sunday. Child care is provided at 9am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0228)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun’s., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. Fierro_roman@yahoo.com. www.kdkarcatagroup.org (S-0328)

SOTO ZEN MEDITATION Sunday programs and weekday meditation in Arcata locations; Wed evenings in Eureka, arcatazengroup.org Beginners welcome, call for orientation. (707) 826-1701 (S-0530)

Sports & Recreation

BECOME A RIVER GUIDE : R&R Guide School March 17-22 .Work Scholarships available www.redwoods-rivers.com 800-429-0090

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0328)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 707-825-0920, saahumboldt@yahoo.com (T-0530)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0328)

Vocational

AUTO BODY COLLISION REPAIR Feb 25 - May 8. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0214)

EXCEL, ADVANCED Mar 26 - Apr 4. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0214)

EXCEL, INTERMEDIATE Feb 26 - Mar 7. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0214)

INCIDENT SAFETY AWARENESS FOR HIRED VENDORS Fire safety trainings for hired vendors in March & April! Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0214)

FROM VINE TO TABLE. Wine Certificate Program. A course series take aspiring wine professionals from novice to in-the-know. Register: 707-826-3731 or www.humboldt.edu/wine. (V-014)

INTERMEDIATE MICROSOFT EXCEL. Go beyond the basics! Wed., Feb. 27 - March 27. Evenings at HCOE. Register: 707-826-3731 or www.humboldt.edu/extended (V-0214)

PHARMACY TECHNICIAN April 1 - May 27. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0214)

PROFESSIONAL LETTER WRITING AND EMAIL STRATEGIES Mar 12 - 28. Call CR Workforce and Community Education for more Information at (707) 476-4500. (V-0214)

SECURITY GUARD TRAINING AND CPR Mar 25 - Apr 24. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0214)

SERVSAFE MANAGER CERTIFICATE One day training Mar 19th! Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0214)

TOOLS FOR ANNUAL GIVING. Develop prospects and donors to sustain your nonprofit. Starts Feb.18. Online course. Register: 707-826-3731 or www.humboldt.edu/extended (V-0214)

TRUCK DRIVING Informational meetings Feb 26th, 28th or Mar 5th. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0214)

WILDLAND FIRE SCHOOL 2019 Mar 18 - 22. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0214)

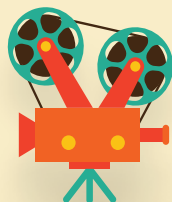
Wellness & Bodywork

AYURVEDA AWESOMENESS! WITH TRACI WEBB. AYURVEDIC MASSAGE TRAINING & GROUP DETOX. March 1-3 & 8-10. Become an Ayurvedic Massage Therapist. Learn Ayurvedic Warm Oil Massage, Hot Stones, Marma Points, Essential Oils + Group Detox. Deadline 2/19. AYURVEDA LIFE MASTERY! 9-Month Professional AYURVEDA HEALTH & LIFE COACH TRAINING: Starts May 7. Take your Health & Life to the next level! Make a difference not just a living! Register Early Save up to \$650! AYURVEDIC SELF-CARE IMMERSION: May 11-12, Enjoy Self-Massage, Body Scrubs, Facial Steam, Sinus, Oral, Eye Care, Daily Lunch, Yoga, and Taking Exquisite Care of Yourself, \$197 by April 19 (\$249 after). Professional AYURVEDIC PRACTITIONER PROGRAM Starts May 7. REGISTER: www.ayurvedicliving.com (707) 601-9025 (W-0214)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Beginning with Herbs. Sept 18 - Nov 6, 2019, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. 10-Month Herbal Studies Program. Feb - Nov 2019. Meets one weekend per month with three camping trips. Learn in-depth material medica, plant identification, flower essences, wild foods, formulations and harvesting. Springtime in Tuscany: An Herbal Journey. May 25 - June 5, 2019. Immerse yourself fully in the healing traditions, art, architecture, and of course the food of an authentic Tuscan villa! Register online www.dandelionherb.com or call (707) 442-8157. (W-0214)

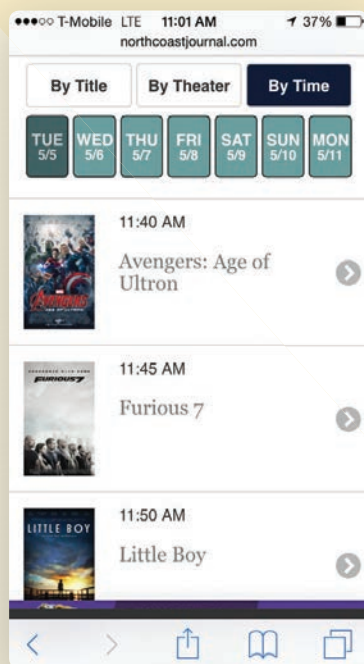
DEEP TISSUE THERAPY AT LOVING HANDS INSTITUTE OF HEALING ARTS. 120 contact hours Feb 25-April 4 M-Th 5:30-9:30pm (3 Sat sessions 9-5:30). Learn advanced techniques that are directed toward the deeper tissue structures of the muscle and fascia. Pre-requisite 150 contact hours in Swedish or equivalent. (W-0221)

REALITY CREATION AND CONSCIOUS EVOLUTION 4 week class taught by Susan Vaughn at the Isis Healing Center, 44 Sunnybrae Center, Saturday Feb. 16, 1-3, \$20 per class, smcvaughn@gmail.com (W-0214)



MOVIE TIMES. TRAILERS. REVIEWS.

Browse by title, times and theater.



northcoastjournal.com

Legal Notices

NOTICE OF PETITION TO ADMINISTER ESTATE OF CONSTANCE JEANNE COOK aka CONSTANCE J COOK CASE NO. PR180285

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of CONSTANCE JEANNE COOK aka CONSTANCE J COOK A PETITION FOR PROBATE has been filed by Petitioner KATHRYN WALTON In the Superior Court of California, County of Humboldt. The petition for probate requests that KATHRYN WALTON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on February 21, 2019 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. PETITIONER:

KATHRYN WALTON
4630 Meyers Ave, Apt A
Eureka, CA 95503
707-339-8990
Filed: November 21, 2018
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

2/7, 2/14, 2/21 (19-044)

NOTICE OF PETITION TO ADMINISTER ESTATE OF CORINNE VIVIAN MOEN CASE NO. PR190017

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of CORINNE VIVIAN MOEN A PETITION FOR PROBATE has been filed by Petitioner VIVIAN E. DENISTON

In the Superior Court of California, County of Humboldt. The petition for probate requests that VIVIAN E. DENISTON be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on February 2, 2019 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept

by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:

Leon A. Karjola
732 Fifth Street, Suite C
Eureka, CA 95501
707-445-0804

Filed: January 29, 2019
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

2/7, 2/14, 2/21 (19-043)

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST TITLE ORDER NUMBER: 165178 LOAN: DEW CLAW, LLC FILE: PFI-181199 A.P.N.: 522-521-001-000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/10/2012. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

NOTICE is hereby given that PLACER FORECLOSURE, INC., as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by: SUPPLY CREEK PARCEL 13 LLC, A CALIFORNIA LIMITED LIABILITY COMPANY Recorded 12/21/2012 as Instrument No. 2012-030816-7 in book , page of Official Records in the office of the Recorder of HUMBOLDT County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 10/26/2018 in Book , Page, as Instrument No. 2018-019384 of said Official Records, WILL SELL on 02/27/2019 At the front entrance to the County Courthouse at 825 5th Street, Eureka, CA 95501 at 11:00AM AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: See Exhibit "A" Attached hereto and made a part hereof EXHIBIT A LEGAL DESCRIPTION That real property situate in the County of Humboldt, State of California, described as follows: PARCEL ONE: The West Half of the Southeast Quarter and the Southeast Quarter of the Southwest Quarter of Section 20, and the Northwest Quarter of the Northeast Quarter of Section 29, Township 7 North, Range 4 East, Humboldt Meridian. Being the same parcel described in Certificate of Subdivision Compliance recorded September 30, 2011 as Instrument No. 2011-20429-2, Humboldt County Official Records. PARCEL TWO: A non-exclusive easement

for ingress, egress and utilities for all purposes across strips of land 60 feet wide, as further described in and subject to the terms of that certain document entitled "Reciprocal Road Easement" executed by C. Robert Barnum, et al, and recorded March 24, 2010 as Instrument No. 2010-6151-20, Humboldt County Official Records. PARCEL THREE: A perpetual easement for all lawful vehicle, pedestrian and utility access, not more than sixty (60) feet in width over, under, across and through a strip of land the center line of which is the center line of the existing road crossing the most Northwesterly corner of Parcel One in Deed recorded April 9, 2010 as Instrument No. 2010-7356-5, Humboldt County Official Records. PARCEL FOUR: Non-exclusive easements for ingress, egress and utilities for all purposes across strips of land 60 feet wide, further shown as "GRANTED EASEMENT" on the Map attached to Deed recorded July 23, 2013 as Instrument No. 2013-017173-4, Humboldt County Records, as Exhibit "B-1". APN: 522-521-001-000 The property address and other common designation, if any, of the real property described above is purported to be: VACANT LAND: WILLOW CREEK, CA 95573 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown herein. Total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$91,102.61 In addition to cash, the trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free

and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case PFI-181199. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Dated: 01/28/2019 PLACER FORECLOSURE, INC., as said Trustee 12190 Herdal Drive, Suite 9 Auburn, California 95603 (530) 888-8411 By: SHANNON WINFORD, TRUSTEE SALE OFFICER DIRECTIONS MAY BE OBTAINED PURSUANT TO A WRITTEN REQUEST SUBMITTED TO THE BENEFICIARY C/O PLACER FORECLOSURE, INC., 12190 HERDAL DR., SUITE 9, AUBURN, CA 95603, WITHIN 10 DAYS OF THE FIRST PUBLICATION OF THIS NOTICE. PLACER FORECLOSURE, INC. IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0348249 To: NORTH COAST JOURNAL

02/07/2019, 02/14/2019, 02/21/2019 19-042

T.S. No. 054449-CA APN: 526-071-027-000, 526-071-028-000 NOTICE OF TRUSTEES SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 9/4/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST

YOU, YOU SHOULD CONTACT A LAWYER

On 3/12/2019 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 9/11/2007, as Instrument No. 2007-27172-22, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: VIOLA MARIE LONG, A MARRIED WOMAN AS HER SOLE AND SEPARATE PROPERTY WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIERS CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE FRONT ENTRANCE TO THE COUNTY COURTHOUSE, 825 5TH ST., EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: more fully described on said Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 115 HIGHWAY 96 HOOPA, CALIFORNIA 95546 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$81,700.20 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest

bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 054449-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive San Diego, California 92117

2/14, 2/21, 2/28 (19-052)

Title Order No. 05937234 Trustee Sale No. 83366 Loan No. 9160033306 APN 203-261-052-000 NOTICE OF TRUSTEES SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/26/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On 3/12/2019 at 11:00 AM, CALIFORNIA TD SPECIALISTS as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 11/6/2006 as Instrument No. 2006-32449-14 in book N/A, page N/A of official records in the office of the Recorder of Humboldt County, California, executed by: PAUL E. ROLLINS AND CYNTHIA M. ROLLINS,

HUSBAND AND WIFE AS JOINT TENANTS, as Trustor U.S. BANK NATIONAL ASSOCIATION ND., as Beneficiary WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: Outside the front entrance to the County Courthouse located at 825 5th Street, Eureka, CA 95501, NOTICE OF TRUSTEES SALE continued all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California described the land therein: LOT 3 OF TRACT NO. 365, ST. MICHAEL ESTATES SUBDIVISION UNIT NO. 1, IN THE CITY OF FORTUNA, COUNTY OF HUMBOLDT, STATE OF CALIFORNIA, ON FILE IN THE OFFICE OF THE COUNTY RECORDER, IN BOOK 20 OF MAPS, PAGE 43. The property heretofore described is being sold as is. The street address and other common designation, if any, of the real property described above is purported to be: 2935 REBECCA LN FORTUNA CA 95540. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of trusts created by said Deed of Trust, to-wit \$259,101.59 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election of Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: 2/7/2019 CALIFORNIA TD SPECIALIST, as Trustee 8190 EAST KAISER BLVD., ANAHEIM HILLS, CA 92808 PHONE: 714-283-2180 FOR TRUSTEE SALE INFORMATION LOG ON TO: www.stoxposting.com CALL: 844-477-7869 PATRICIO S. INCE, VICE PRESIDENT CALIFORNIA TD SPECIALIST IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NOTICE TO POTENTIAL BIDDERS: If

you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 844-477-7869, or visit this internet Web site www.stoxposting.com, using the file number assigned to this case T.S.# 83366. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. CALIFORNIA TD SPECIALISTS Attn: Teri Snyder 8190 East Kaiser Blvd. Anaheim Hills, CA 92808

2/14, 2/21, 2/28 (19-050)

LEGALS?

County Public Notices

Fictitious Business

Petition to

Administer Estate

Trustee Sale

Other Public Notices

**classified@north
coastjournal.com**

442-1400 x314

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00010**
The following person is doing Business as
HUMBOLDT ARTISANS GROUP

Humboldt
1302 G Street
Eureka, CA 95501

CJ Idea Factory Inc
CA C4222410
1302 G Street
Eureka, CA 95501

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Christina Swingdler, President
This statement was filed with the County Clerk of Humboldt County on January 3, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-033)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00022**
The following person is doing Business as
REDWOOD LASER

Humboldt
26540 Hwy 254
Redcrest, CA 95585

Adam A Dias
383 Wildwood Ave
Rio Dell, CA 95562

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Adam Dias, Owner
This statement was filed with the County Clerk of Humboldt County on January 7, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

1/24, 1/31, 2/7, 2/14 (19-019)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00023**
The following person is doing Business as
3 FOX STUDIO

Humboldt
340 10TH St
Arcata, CA 95521

Leon F Villagomez
340 10th St
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Leon Villagomez, Owner
This statement was filed with the County Clerk of Humboldt County on January 8, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-030)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00034**
The following person is doing Business as
HUMBOLDT BEER DISTRIBUTORS

Humboldt
202 Commercial St
Eureka, CA 95501

LAPCO Beer Distributing, INC.
CA 676715
202 Commercial St.
Eureka, CA 95501

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Scott Cooper, Vice President
This statement was filed with the County Clerk of Humboldt County on January 14, 2019
KELLY E. SANDERS
by se, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-029)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00038**
The following person is doing Business as
THE COMPASS ROSE ACADEMY

Humboldt
603 Patterson Rd #8
Willow Creek, CA 95573

PO Box 174
Willow Creek, CA 95573
603 Patterson Rd #8
Willow Creek, CA 95573

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Matthew Kind, Maestro
This statement was filed with the County Clerk of Humboldt County on January 14, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

1/17, 1/24, 1/31, 2/7 (19-014)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00044**
The following person is doing Business as
REDWOOD SURF

Humboldt
1 Samoa Court
Samoa, CA 95564

Terry J. Yaeger
1 Samoa Court
Samoa, CA 95564

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Terry J. Yaeger, Owner
This statement was filed with the County Clerk of Humboldt County on January 15, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-037)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00067**
The following person is doing Business as
MISTWOOD MONTESSORI SCHOOL

Humboldt
1801 Tenth Street
Eureka, CA 95501

Patricia H. Frink
8073 Berta Road
Eureka, CA 95503

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Patricia Frink, Owner
This statement was filed with the County Clerk of Humboldt County on January 23, 2019
KELLY E. SANDERS
by ss, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-031)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00045**
The following person is doing Business as
SEMPERVIRENS GARDENING

Humboldt
1240 McMahan Street Apt B
Arcata, Ca 95521

Carlos Alvarado Sanchez
1240 McMahan Street Apt B
Arcata, Ca 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Carlos Alvarado Sanchez, Owner
This statement was filed with the County Clerk of Humboldt County on January 22, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-045)

NOTICE INVITING BIDS

1. Bid Information. The City of Fortuna ("Owner"), will accept bids for its Hillside Creek Plant Propagation and Delivery Project ("Project"), by or before February 28, 2019, at 10:00 A.M., Fortuna City Hall, located at 621 11th Street, Fortuna, California, or by email to kcarter@ci.fortuna.ca.us, at which time the bids will be publicly opened and read aloud. Owner reserves the right to reject any and all bids and to waive any non-substantive irregularities.

Contract documents, in pdf format, may be obtained by contacting the City of Fortuna:

Kevin Carter
Deputy Director of Public Works
City of Fortuna
PO Box 514
Fortuna, CA 95540
(707) 725-1472
kcarter@ci.fortuna.ca.us

2. Project Information.
 - 2.1 Location and Description. The Project is located within the City of Fortuna on Hillside Creek at its confluence with Rohner Creek and from North Fortuna Boulevard to Rohnerville Road and is described as follows:
Plant propagation and delivery of native riparian and wetland species for stream restoration and flood management project.
 - 2.2 Time for Completion. The planned timeframe for delivery of plants is: December 1-15, 2019



**REQUEST FOR PROPOSALS
GENERAL LEGAL SERVICE**

The Hoopa Valley Housing Authority will receive proposals for General Legal services until 4:30 p.m. February 28th, 2019. Proposals received after this time shall be rejected. All proposals shall be submitted by email and shall be reviewed according to a point rating system set forth below. The Housing Authority is an entity of the Hoopa Valley Tribe that manages low-income low rent and hombuyer homes on the Hoopa Valley Indian Reservation, which is located in Humboldt County.

Interested firms and attorneys must be experienced in working with Indian housing authorities or Indian tribes and working under the requirements of NAHASDA.

Proposals are invited from non-Indian and Indian-owned enterprises or organizations. The Housing Authority shall determine whether a firm or attorney is a 51% Indian and/or Alaskan Native-owned organization or economic enterprise, and if it receives preference in the award of this contract, based on proof of ownership submitted with the proposal.

The following point rating system shall be used in reviewing proposals:

A. General qualifications:	5
B. Past experience:	
1. Federal Indian and tribal law	15
2. Indian housing law	25
3. Tribal court litigation	10
4. NEPA compliance	10
C. Indian preference:	15
D. Cost proposal:	20
Total:	100

Proposals must be submitted according to the specific RFP instructions, available by request from Candee McCovey, Executive Director, at (530)625-4759 or mccoveycm@hvha.us



Submit your Calendar Events

ONLINE or by E-MAIL @ northcoastjournal.com / calendar@northcoastjournal.com
PRINT DEADLINE: Noon Thursday, the week before publication



Submit your gigs online:
www.northcoastjournal.com

FICTITIOUS BUSINESS NAME
STATEMENT 19-00101

The following person is doing Business as
BENBOW HISTORIC INN

Humboldt
445 Lake Benbow Drive
Garberville, CA 95542

John E Porter
7705 Benbow Drive
Garberville, CA 95542
John R MacDonald
1990 Holly Street
Eureka, CA 95503

The business is conducted by a General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s John E. Porter, Partner
This statement was filed with the County Clerk of Humboldt County on February 8, 2019
KELLY E. SANDERS
by se, Humboldt County Clerk

2/14, 2/21, 2/28, 3/7 (19-047)

FICTITIOUS BUSINESS NAME
STATEMENT 19-00045

The following person is doing Business as
ELLSWORTH PERFORMANCE

Humboldt
3990 Broadway St
Eureka, CA 95503

Tim R Ellsworth
1637 Carson Woods Rd
Fortuna, CA 95540
Dennis R Ellsworth
5485 Zeck Ln
Eureka, CA 95503

The business is conducted by a General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Tim Ellsworth, Co-Owner
This statement was filed with the County Clerk of Humboldt County on January 15, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-040)

FICTITIOUS BUSINESS NAME
STATEMENT 19-00070

The following person is doing Business as
REBEL FITNESS

Humboldt
3750 Harris Street
Eureka, CA 95503
2120 Bigham Court
Eureka, CA 95503

Rebel Fitness & Nutrition LLC
CA 201900110554
2120 Bigham Court
Eureka, CA 95503

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Katie Berrey, Owner
This statement was filed with the County Clerk of Humboldt County on January 24, 2019
KELLY E. SANDERS
by kl, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-034)

FICTITIOUS BUSINESS NAME
STATEMENT 19-00064

The following person is doing Business as
JADE STAR HERBALS

Humboldt
199 Hope Lane
Redway, CA 95560
PO Box 263
Redway, CA 95560

Jayne D Stark
199 Hope Lane
Redway, CA 95560

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Jayme D Stark, Owner
This statement was filed with the County Clerk of Humboldt County on January 22, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-026)

FICTITIOUS BUSINESS NAME
STATEMENT 19-00057

The following person is doing Business as
BLACK DOG BUILDING

Humboldt
2444 Old Arcata Rd
Bayside, CA 95524
PO Box 503
Arcata, CA 95518

Craig M Wasko
2444 Old Arcata Rd
Bayside, CA 95524

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Craig Wasko, Owner/Operator
This statement was filed with the County Clerk of Humboldt County on January 18, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-032)

FICTITIOUS BUSINESS NAME
STATEMENT 19-00098

The following person is doing Business as
MAVERICK AND HAYWOOD

Humboldt
295 E St
Arcata, CA 95521
827 Villa Way
Arcata, CA 95521

Michael S Barker
827 Villa Way
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Michael Barker, Owner
This statement was filed with the County Clerk of Humboldt County on February 7, 2019
KELLY E. SANDERS
by se, Humboldt County Clerk

2/14, 2/21, 2/28, 3/7 (19-051)

FICTITIOUS BUSINESS NAME
STATEMENT 19-00072

The following person is doing Business as
BAYSIDE BOOKS

Humboldt
64 Sunny Brae Center
Sunny Brae, CA 95521
2427 Plunkett Rd
Bayside, CA 95524

Tara K Blaine
2427 Plunkett Rd
Bayside, CA 95524

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Tara Blaine, Individual Owner
This statement was filed with the County Clerk of Humboldt County on January 17, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/14, 2/21, 2/28, 3/7 (19-048)

FICTITIOUS BUSINESS NAME
STATEMENT 19-00069

The following person is doing Business as
DZC ARCHAEOLOGY CONSULTING

Humboldt
2370 Lindstrom Ave
Samoa, CA 95564

Dimitra A Zalarvis-Chase
2370 Lindstrom Ave
Samoa, CA 95564

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Dimitra A. Zalarvis-Chase, Owner
This statement was filed with the County Clerk of Humboldt County on January 24, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-041)

NCJDAILY

No longer just a weekly, the *Journal* covers the news as it happens, with depth and context readers won't find anywhere else.

northcoastjournal.com/NCJDaily



Let's Be Friends

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00074**

The following person is doing Business as
RASCALS FAMILY FARM

Humboldt
500 Doreen Dr
Honeydew, CA 95545
PO Box 12
Honeydew, CA 95545

Norma J Orlando
500 Doreen Dr
Honeydew, CA 95545
James J Orlando
500 Doreen Dr
Honeydew, CA 95545

The business is conducted by a Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Norma S Orlando, Owner
This statement was filed with the County Clerk of Humboldt County on January 25, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-027)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00035**

The following person is doing Business as
SOUTH FORK MOUNTAIN SPRING WATER CO.

Humboldt
202 Commercial St
Eureka, CA 95501

Aldon LLC
CA 200303210069
202 Commercial St.
Eureka, CA 95501

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Scott Cooper, Vice President
This statement was filed with the County Clerk of Humboldt County on January 14, 2019
KELLY E. SANDERS
by se, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-028)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00084**

The following person is doing Business as
GEMINI ENTERPRISES

Humboldt
2445 Redwood Street
Eureka, CA 95503

Michael C. Coragliotti
2445 Redwood Street
Eureka, CA 95556
Timothy A. Coragliotti
2445 Redwood Street
Eureka, CA 95556
Roberta A. Coragliotti
2445 Redwood Street
Eureka, CA 95556

The business is conducted by a General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Michael C. Coragliotti, General Partner
This statement was filed with the County Clerk of Humboldt County on January 30, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-039)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00088**

The following person is doing Business as
ROCK-N-ROSE

Humboldt
1785 Mygina Ave
McKinleyville, CA 95519

Cynthia A Annotto
1785 Mygina Ave
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Cynthia Annotto
This statement was filed with the County Clerk of Humboldt County on February 1, 2019
KELLY E. SANDERS
by se, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-038)

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME ZOE MARIE
LUNA CASE NO. CV190025
SUPERIOR COURT OF CALI-
FORNIA, COUNTY OF
HUMBOLDT 825 FIFTH ST.
EUREKA, CA. 95501**

PETITION OF:
ZOE MARIE LUNA
for a decree changing names as follows:
Present name
HARPER CELESTE SNIDER
to Proposed Name
HARPER CELESTE LUNA
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: March 8, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: January 9, 2019
Filed: January 9, 2019
/s/ Kelly L. Neel
Judge of the Superior Court

1/24, 1/31, 2/7, 2/14 (19-021)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00039**

The following person is doing Business as
UNDERGROUND CANVAS

Humboldt
1103 H St Apt A

Patrishia L Gutierrez
1103 H St Apt A
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Patrishia Gutierrez, Owner
This statement was filed with the County Clerk of Humboldt County on January 14, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/24, 1/31, 2/7, 2/14 (19-020)

Cartoons



Free Will Astrology

Week of Feb. 14, 2019

By Rob Brezsny

freewillastrology@freewillastrology.com

ARIES (March 21-April 19): When directors of movies say, "It's a wrap," they mean that the shooting of a scene has been finished. They may use the same expression when the shooting of the entire film is completed. That's not the end of the creative process, of course. All the editing must still be done. Once that's accomplished, the producer may declare that the final product is "in the can" and ready to be released or broadcast. From what I can determine, Aries, you're on the verge of being able to say, "it's a wrap" for one of your own projects. There'll be more work before you're ready to assert, "it's in the can."

TAURUS (April 20-May 20): In accordance with astrological omens, I invite you to create your own royal throne and sit on it whenever you need to think deep thoughts and formulate important decisions. Make sure your power chair is comfortable as well as beautiful and elegant. To enhance your ability to wield your waxing authority with grace and courage, I also encourage you to fashion your own crown, scepter, and ceremonial footwear. They, too, should be comfortable, beautiful and elegant.

GEMINI (May 21-June 20): In 1995, astronomer Bob Williams got a strong urge to investigate a small scrap of the night sky that most other astronomers regarded as boring. It was near the handle of the constellation known as the Big Dipper. Luckily for him, he could ignore his colleagues' discouraging pressure. That's because he had been authorized to use the high-powered Hubble Space Telescope for a ten-day period. To the surprise of everyone but Williams, his project soon discovered that this seemingly unremarkable part of the heavens is teeming with over 3,000 galaxies. I suspect you may have a challenge akin to Williams', Gemini. A pet project or crazy notion of yours may not get much support but I hope you'll pursue it anyway. I bet your findings will be different from what anyone expects.

CANCER (June 21-July 22): A study by the Humane Research Council found that more than 80 percent of those who commit to being vegetarians eventually give up and return to eating meat. A study by the National Institute of Health showed that only about 36 percent of alcoholics are able to achieve full recovery; the remainder relapse. And we all know how many people make New Year's resolutions to exercise more often but then stop going to the gym by February. That's the bad news. The good news, Cancerian, is that during the coming weeks you will possess an enhanced power to stick with any commitment you know is right and good for you. Take advantage!

LEO (July 23-Aug. 22): Are there two places on earth more different from each other than Europe and Africa? Yet there is a place, the Strait of Gibraltar, where Europe and Africa are just 8.7 miles apart. Russia and the United States are also profoundly unlike each other, but only 2.5 miles apart where the Bering Strait separates them. I foresee the a metaphorically comparable phenomenon in your life. Two situations or influences or perspectives that may seem to have little in common will turn out to be closer to each other than you imagined possible.

VIRGO (Aug. 23-Sept. 22): Virgo basketball star Latrell Sprewell played professionally for 13 years. He could have extended his career at least three more seasons, but he turned down an offer for \$21 million from the Minnesota team, complaining that it wouldn't be sufficient to feed his four children. I will ask you not to imitate his behavior, Virgo. If you're offered a deal or opportunity that doesn't perfectly meet all your requirements, don't dismiss it out of hand. A bit of compromise is sensible right now.

LIBRA (Sept. 23-Oct. 22): In 1992, an Ethiopian man named Belachew Girma became an alcoholic after he saw his wife die from AIDS. And yet today he is renowned as a Laughter Master, having dedicated himself to explore the healing powers of ebullience and amusement. He presides over a school that

teaches people the fine points of laughter, and he holds the world's record for longest continuous laughter at three hours and six minutes. I nominate him to be your role model in the next two weeks. According to my analysis of the astrological omens, you will be especially primed to benefit from the healing power of laughter. You're likely to encounter more droll and whimsical and hilarious events than usual, and your sense of humor should be especially hearty and finely-tuned.

SCORPIO (Oct. 23-Nov. 21): A study published in the journal *Social Psychological and Personality Science* suggests that people who use curse words tend to be more candid. "Swearing is often inappropriate but it can also be evidence that someone is telling you their honest opinion," said the lead researcher. "Just as they aren't filtering their language to be more palatable, they're also not filtering their views." If that's true, Scorpio, I'm going to encourage you to curse more than usual in the coming weeks. According to my analysis of the astrological omens, it's crucial that you tell as much of the whole truth as is humanly possible. (P.S. Your cursing outbursts don't necessarily have to be delivered with total abandon everywhere you go. You could accomplish a lot just by going into rooms by yourself and exuberantly allowing the expletives to roll out of your mouth.)

SAGITTARIUS (Nov. 22-Dec. 21): In the mid-1980s, a California carrot farmer grew frustrated with the fact that grocery stores didn't want to buy his broken and oddly shaped carrots. A lot of his crop was going to waste. Then he got the bright idea to cut and shave the imperfect carrots so as to make smooth little baby carrots. They became a big success. Can you think of a metaphorically comparable adjustment you could undertake, Sagittarius? Is it possible to transform a resource that's partially going to waste? Might you be able to enhance your possibilities by making some simple modifications?

CAPRICORN (Dec. 22-Jan. 19): Mongolia is a huge landlocked country. It borders no oceans or seas. Nevertheless, it has a navy of seven sailors. Its lone ship is a tugboat moored on Lake Khovsgol, which is 3 percent the size of North America's Lake Superior. I'm offering up the Mongolian navy as an apt metaphor for you to draw inspiration from in the coming weeks. I believe it makes good astrological sense for you to launch a seemingly quixotic quest to assert your power, however modestly, in a situation that may seem out of your league.

AQUARIUS (Jan. 20-Feb. 18): "A freshness lives deep in me which no one can take from me," wrote poet Swedish poet Gunnar Ekelöf. "Something unstilled, unstillable is within me; it wants to be voiced," wrote philosopher Friedrich Nietzsche. In accordance with your astrological omens, I propose we make those two quotes your mottoes for the next four weeks. In my opinion, you have a mandate to tap into what's freshest and most unstillable about you — and then cultivate it, celebrate it, and express it with the full power of your grateful, brilliant joy.

PISCES (Feb. 19-March 20): According to the *Encyclopedia of Occultism and Parapsychology*, the word "obsession" used to refer to the agitated state of a person who was besieged by rowdy or unruly spirits arriving from outside the person. "Possession," on the other hand, once meant the agitated state of a person struggling against rowdy or unruly spirits arising from within. In the Western Christian perspective, both modes have been considered primarily negative and problematic. In many other cultures, however, spirits from both the inside and outside have sometimes been regarded as relatively benevolent, and their effect quite positive. As long as you don't buy into the Western Christian view, I suspect that the coming weeks will be a favorable time for you to consort with spirits like those. ●

Employment

Opportunities

AMERICAN STAR PRIVATE SECURITY

Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262.

HOME CAREGIVERS PT/FT

Non-medical caregivers to assist elderly in their homes. Top hourly wages. 707-725-3611

DON~RN~LVN

Actively Interviewing Licensed Nurses in Fort Bragg, California

We require a nurse with strong clinical assessment and interpersonal skills.

This is a great opportunity to work in a high-quality, nursing facility.

Multiple Shifts and Extensive Benefits Package.

707-964-6333
or terriem@SOHCFTB.com



EDUCATION: EQUAL OPPORTUNITY TITLE IX For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039.

Hiring?

Post your job opportunities in the Journal.



442-1400 x314
northcoast
journal.com



MANAGER OF CLIENT PROCESS & CALL CENTER Responsible for planning, implementing, and managing a new region-wide Call Center

Wage: \$40-\$70k/YR

Full Time; Benefited

Location: HSU Campus Area <https://hraps.humboldt.edu/other-employment>



sequoiapersonnel.com
2930 E St., Eureka, CA 95501
(707) 445.9641

SEQUOIA PERSONNEL SERVICES

Retail Sales Manager
Controller • Class B Driver
Bookkeeper • Receptionist
Payroll Accountant • Laborers
Investment Administrator
Route Driver • Job Coach
Administrative Assistant



YUROK TRIBE JOB OPENINGS

For information www.yuroktribe.org,
hr@yuroktribe.nsn.us or 707-482-1350

#0991 SURVEY SPECIALIST

RG/FT WEAVERVILLE \$30.19-39.39 2/22/19

#1041 JOM TUTORS

RG/PT WEITCHPEC OR EUREKA \$13.68/15.22/16.91 OUF

#1056 SOCIAL WORKER

RG/FT ALL AREAS \$25.12-35.96 2/15/19

#1087 SELF GOVERNANCE DIRECTOR

RG/FT KLAM/WEIT \$74,838-97,647 2/15/19

#1088 GRANTS/CONTRACT SPECIALIST

RG/FT KLAMATH \$18.75-27.03 2/15/19

#1092 HS SITE SUPERVISOR

RG/FT KLAMATH \$21.23-26.13 2/15/19

#1093 HEAD START TEACHER

RG/FT KLAMATH \$21.23-27.72 2/15/19

#1095 GUIDANCE TECHNICIAN I

RG/FT EUREKA \$16.91/20.72/25.12 2/15/19

#1096 CHILD CARE TEACHER AIDE

RG/FT KLAMATH \$13.68/15.22 2/15/19

#1098 SECURITY CONTROL OPERATOR

RG/FT WEITCHPEC \$13.68-16.82 2/15/19

#1099 EDUCATION ADMIN ASSISTANT

RG/FT KLAMATH \$16.91-22.06 2/22/19

#1100 PLANNER I/II

RG/FT KLAMATH \$13.68/16.91 2/22/19



Come join Mad River Community Hospital and enjoy the satisfaction of working with a team.

Yes, you can be happy at work...here. If you have to work, why not do so with some of the best in the business. We are looking to hire **Medical Staff Coordinator, MRCH Clinics Supervisor, RN, MRCH PR/Marketing Coordinator, Certified Hyperbaric Tech** and other positions.

Look on our web site for openings:
www.madriverhospital.com



INTERESTED IN A CAREER IN BEHAVIORAL HEALTH? A CAREER TO USE YOU LIVED EXPERIENCE AS A TOOL TO SUPPORT OTHERS? LOOKING FOR AN EMPLOYER COMMITTED TO YOUR CAREER AND WELL-BEING? Crestwood Behavioral Health Center is looking for On-Call case managers, recovery coaches, nurses, cooks, housekeepers, AM/PM/NOC shifts to join the Team. This is an incredible opportunity to get psych training and experience, as well as get your foot into our 20-facility California wide organization. Benefits include sick time accrual & 401 K, and lots of training.
Apply at: 2370 Buhne Street, Eureka
707-442-5721



SoHum Health is **HIRING**

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707) 923-3921

CURRENT JOB OPENINGS

LICENSED VOCATIONAL NURSE — CLINIC

Full Time position. Current California LVN license and BLS certification required. Work 8-hour shifts in our outpatient Rural Health Clinic. Advancement opportunities available!

LICENSED VOCATIONAL NURSE

Full Time position. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility.

CERTIFIED NURSE ASSISTANT (CNA)

Full Time or Part Time; 12 hour shifts; minimum 2 days a week. Direct Patient Care, activities with the residents/ patients. Must possess CNA Certificate and CPR Certification.

SECURITY WORKER

Per Diem/On-call, relief. Nights required, 7:00 pm – 7:00 am. Security certification preferred.

New hires qualify for benefits as soon as they begin employment!

SHCHD minimum wage start at \$15.50 per hour featuring an exceptional benefits package, including an employee discount program for services offered at SHCHD.



HUMBOLDT AREA FOUNDATION

Humboldt Area Foundation is now accepting applications for a

Chief Executive Officer

This is an exempt, full time position based in Bayside, CA. Compensation is \$133k-\$155k, depending on qualifications and experience, plus health benefits, retirement benefits, and paid holiday and sick time. Some evening/ weekend work hours and out of town travel expected.

Humboldt Area Foundation (HAF) seeks a CEO to provide engaged and forward-thinking leadership to fulfill HAF's mission and strategic initiatives. The CEO will lead the foundation in its mission to promote and encourage generosity, leadership and inclusion to strengthen our communities. The ideal candidate will collaborate with the Board of Directors and internal leadership team to establish and implement future strategies and plans to ensure successful community engagement and impact. The ideal candidate must be able to recognize community trends, needs and opportunities, envision strategies to address them, while ensuring staff focus and financial resources are aligned and directed to the highest priority work. The CEO will model and embrace an organizational culture built on inclusive values—listening, convening, racial equity, and respect. The CEO will build and foster effective relationships and partnerships within communities and Tribal Nations served by HAF, as well as within regional, state and national philanthropic circles that partner with HAF. The CEO will be a strong, clear, and effective manager providing oversight and support to staff ensuring internal operations are, in essence, best-in-class for a community foundation.

Minimum qualifications for this position include a four-year college degree in business, public/non-profit administration, or other relevant foundation-related field; ten years of progressively responsible work experience required managing and leading a large organization; effective communicator with demonstrated skills including listening, and strong verbal and written communication abilities; experienced and confident public speaker; has background and experience to effectively communicate and work with diverse populations, establish and maintain working relationships with individuals from diverse backgrounds, and a work history demonstrating respect for cross-cultural perspectives and experiences; excels at working collaboratively, and has demonstrated experience and commitment to teamwork and partnerships; proven capability of providing strategic direction while identifying new needs and opportunities; demonstrated capability of identifying funding strategies and means to support an organization's mission and strategic initiatives; excels in overseeing and supporting a talented staff to achieve organizational objectives; strong operational experience demonstrating effective leadership and oversight of internal operations including: service delivery, accounting, finance, HR, and IT; significant financial knowledge and experience, including developing and managing financial plans, forecasts, and budgets; proven ability to align and allocate resources to meet an organization's mission and strategic initiatives within approved budget.

Please visit our website for application procedures and the complete job announcement, including all desired qualifications at www.hafoundation.org/jobs. For more information, contact Deborah Downs at deborahd@hafoundation.org or (707) 442-2993. Please submit your resume and cover letter to CEO hiring@hafoundation.org

Deadline to Apply: March 1, 2019



Area 1 Agency on Aging

HICAP (HEALTH INSURANCE & ADVOCACY PROGRAM) COUNSELOR FOR EUREKA AND DEL NORTE

2 – Non-exempt positions available
32 hours/week, Mon.–Thurs. \$16/hr

Duties: Provide Supplement Plans, Medicare Prescription Drug Plans and long-term care insurance. Must have excellent computer skills and be able to understand and clearly communicate complex information.

To Apply: email or mail A1AA employment application found online at www.a1aa.org, resume, cover letter, and three letters of recommendation to: ncoward@a1aa.org, Nancy Cloward, HICAP Manager, A1AA, 434 7th St., Eureka, CA 95501

Redwoods Rural HEALTH CENTER

Job Opening

Redwoods Rural Health Center Seeks a

Full-time Medical Biller

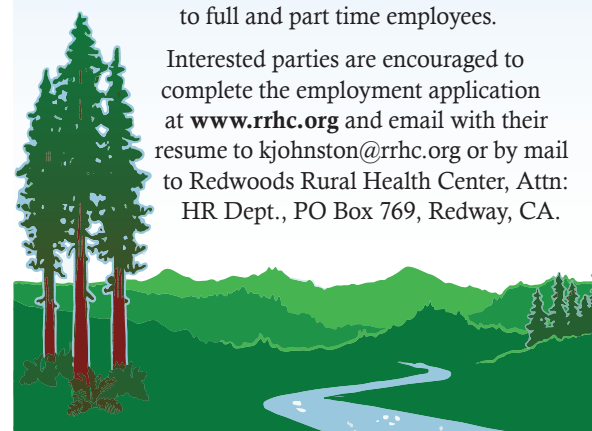
RRHC seeks an experienced billing associate. Candidates must have strong knowledge of coding, collections, insurance credentialing, and computer proficiency. Coding certification is preferred.

Full-time Front Desk Reception

Qualified applicants must be customer-service oriented and possess excellent phone, computer and general office skills. Spanish-speaking and knowledge of public substance programs preferred.

RRHC is an EOE and offers a flexible schedule, 4-day work week, and competitive compensation packages. Health benefits, paid-time off, and retirement match available to full and part time employees.

Interested parties are encouraged to complete the employment application at www.rrhc.org and email with their resume to kjohnston@rrhc.org or by mail to Redwoods Rural Health Center, Attn: HR Dept., PO Box 769, Redway, CA.



The North Coast Journal is seeking DISTRIBUTION DRIVERS



Wednesday afternoon/
Thursday morning routes in

**Arcata • Fortuna/Ferndale
Willow Creek/Hoopa**

Must be personable, have a reliable
vehicle, clean driving record and insurance.
News box repair skills a plus.

Contact Melissa
707.442.1400 • melissa@northcoastjournal.com

ResolutionCare



CLINICAL DIRECTOR

We are seeking an inspired **Clinical Director** to lead our team as we restore the tradition of person-centered home care through the soulful application of technology.

Our incredible transdisciplinary team supports people and families to chart their own path on their own terms in the face of serious illness.

It's a rare opportunity to participate in creating the future of healthcare. The Clinical Director will join our Leadership group in building an ever stronger clinical program while providing training and mentorship to our staff.

ResolutionCare offers excellent compensation, generous benefits, and a flexible, supportive workplace. Our mission is to provide capable and compassionate palliative care to everyone, everywhere in the face of serious illness. A valid CA RN license is required, hospice or palliative care experience preferred.

To learn more about us and see a job description, visit resolutioncare.com.

To apply send a resume and cover letter to info@resolutioncare.com.

Position open until filled.



Northcoast Children's Services

ASSOCIATE TEACHER, Smith Lane, Fortuna

Assists teacher in the implementation & supervision of activities for Toddlers. Req. a min. of 12 ECE units – including core classes & must have 1 course in Infant Toddler & at least 1 year exp. working w/ children. FT Mon-Fri. 36 hrs/week, \$12.91-\$13.56/hr. Position is Open Until Filled.

Submit applications to:

Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For addtl info & application

please call 707- 822-7206 or visit our website at
www.ncsheadstart.org

Redwoods Rural

HEALTH CENTER

Job Opening

Redwoods Rural Health Center Seeks a

Part-Time Chief Financial Officer

Responsible for revenue cycle management, including supervision of accounts payable, payroll, front desk and billing departments.

Prepares monthly financial reports for the Board of Directors, as well as budgets, financial analysis and reports for the organization, grants, PPS reconciliation and the Medicare Cost Report

Oversees the annual financial audit, including the single audit for federal funds. Works well in a collaborative, team environment

Knowledge of health care billing and reimbursement, with a minimum of 5 years experience, is required

Bachelor's in Accounting, Finance or Economics required, Master's of Business Administration or related field & CPA preferred

Visit our website – www.rrhc.org. CVs should be submitted to Tina Tvedt, 101 West Coast Rd. PO Box 769, Redway, CA, 95560 or via e-mail. Call for more info (707)923-7521.

RRHC is an EOE and offers a flexible schedule and competitive compensation packages. Health benefits, paid-time-off, and retirement match available to full and part-time employees.



NOW HIRING

SALES REPS

NORTH COAST JOURNAL

Seeking full-time motivated individuals eager to develop and manage sales programs across print, web and mobile platforms. BASE SALARY + COMMISSION + BENEFITS.

**SEND YOUR RESUME TO MELISSA@
NORTHCOASTJOURNAL.COM**

NOW HIRING

ADVERTISING ASSISTANT

NORTH COAST JOURNAL

We are looking for an outgoing individual who will contribute to our team. This job will cover a multitude of different tasks. Must be organized, be able to multitask, work in a busy and semi-loud but fun environment. Knowledge of advertising and marketing is a plus. Willing to train the right person.

**SEND YOUR RESUME TO MELISSA@
NORTHCOASTJOURNAL.COM**

insider
HUMBOLDT FUN. RIGHT NOW

**INSIDER
ONLINE**

Check out Humboldt's newest website!



» HUMBOLDTINSIDER.COM «



DIRECTOR OF HARBOR OPERATIONS The Humboldt Bay Harbor, Recreation and Conservation District is seeking qualified applicants for the Director of Harbor Operations position. The Director will perform management of the Harbor District's commercial properties and safety functions related to the Humboldt Bay Harbor and Port Operations.

To be considered, resume and letter of interest must be received by February 25, 2019 www.humboldtby.org/jobs



We are **EXPANDING!!**

Exciting employment opportunity available:

- **Parent Support Specialist** •
\$15.99/hr
- **Administrative Specialist** •
\$17.43/hr
- **Professional Development Specialist** •
\$17.43/hr
- **Full Time Mental Health Support Specialist** •
\$18/hr
- **Family Empowerment Services Division Director** •
\$4,333.55/mo

These full-time positions offer excellent benefits: paid vacation/sick leave, 13 holidays, paid health, dental, vision, 401(k) and life insurance.

- **Intermittent Mental Health Support Specialist** •
\$18/hour

Please see job description on our website for comprehensive list of requirements and detailed list of duties.

For ALL positions candidates:

Must be able to pass DOJ/FBI criminal history fingerprint clearance. Applications available at www.changingtidesfs.org, 2259 Myrtle Ave., Eureka, CA 95501, or by calling (707) 444-8293. Please submit letter of interest, resume, and application to Nanda Prato at the above address or via email to nprato@changingtidesfs.org.

Changing Tides Family Services is an equal opportunity employer and does not discriminate on the basis of race, religion, national origin, ancestry, gender, marital status, sexual orientation, age, disability, or on any other inappropriate basis in its processes of recruitment, selection, promotion, or other conditions of employment.



MARINA MANAGER The Humboldt Bay Harbor, Recreation and Conservation District is seeking qualified applicants. The Marina Manager will perform a variety of activities as they relate to the management and daily operations of the Woodley Island Marina. Must have maritime experience.

To be considered, resume and letter of interest must be received by February 19, 2019 www.humboldtby.org/jobs



K'ima:w Medical Center

an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:

FACILITIES MANAGER

DEADLINE TO APPLY IS 5 PM, FEB. 20, 2019.

CERTIFIED DATA ENTRY CLERK (MEDICAL CODER)

DEADLINE TO APPLY IS 5 PM, FEB. 20, 2019.

MEDICAL BILLER (PATIENT ACCOUNTS CLERK I)

DEADLINE TO APPLY IS 5 PM, FEB. 22, 2019.

COALITION PROJECT ASSISTANT

DEADLINE TO APPLY IS 5 PM, FEB. 22, 2019.

PHARMACY TECHNICIAN

DEADLINE TO APPLY IS 5 PM, FEB. 22, 2019.

COMMUNITY HEALTH REPRESENTATIVE (CHR)

DEADLINE TO APPLY IS 5 PM, FEB. 25, 2019.

ELDER CASE AIDE

DEADLINE TO APPLY IS 5 PM, FEB. 27, 2019.

SOBER LIVING OPERATIONS CASE MANAGER

DEADLINE TO APPLY IS 5 PM, FEB. 27, 2019.

MEDICAL ASSISTANT

DIRECTOR OF NURSES - DON

SENIOR RADIOLOGICAL TECHNOLOGIST

PHYSICIAN

RN (MEDICATION-ASSISTED TREATMENT)

RN CARE MANAGER

DENTAL HYGIENIST

CERTIFIED ALCOHOL AND DRUG COUNSELOR

ALL POSITIONS ARE OPEN UNTIL FILLED, UNLESS OTHERWISE SPECIFIED

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call **530-625-4261** or email: hr.kmc@kimaw.org for a job description and application. Resume and CV are not accepted without a signed application.



Hiring?

Post your job opportunities in the *Journal*.

442-1400 x314
classified@northcoastjournal.com

Marketplace

Art & Collectibles

Year-round classes in clay and glass
gallery & gift certificates
open studio space available

Fire Arts Center
520 South G Street across from the marsh
Arcata, CA 95521
www.fireartsarcata.com

Clothing

THE COSTUME BOX
Party Ready Costume Shop
Costume Rental & Sales
Ben Nye Make-up * Wigs
Unique, Funky, Retro Thrift
202 T St. Eureka 443-5200

FLASHBACK
Vintage Clothing & Costumes
40% off Sale
116 W. Wabash
Eureka, CA 95501
707-443-3259
[izorasflashback on ebay & etsy](http://izorasflashback.on.ebay.com)
"Clothes with Soul"

Merchandise

HEALTHCARE CAREER TRAINING ONLINE. Start a New Career in Medical Billing & Coding. Medical Administrative Assistant. To learn more, call Ultimate Medical Academy. 877-625-9048 (AAN CAN)

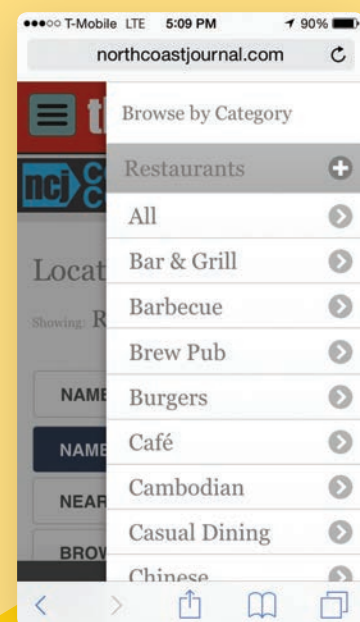
DINING A-Z



400+

RESTAURANTS

Search by food type, region and price.



Browse descriptions, photos and menus.

Roy's AUTO CENTER

USE YOUR TAX REFUND FOR YOUR DOWN PAYMENT!!



2010 TOYOTA PRIUS IV
HATCHBACK, HEATED LEATHER SEATS,
MOONROOF, NAVIGATION, PREMIUM SOUND.
51 MPG CITY #48318 **ONLY \$8,995**



2005 FORD F-350 SUPER DUTY XLT
FX4 OFF-ROAD, CREW CAB, POWER STROKE
TURBO DIESEL, TOW PACKAGE, NICE!
#47518 **ONLY \$13,995**



2016 JEEP COMPASS LATITUDE
4WD, HEATED LEATHER SEATS,
BLUETOOTH, SIRIUS SATELLITE RADIO &
MORE! #18318 **ONLY \$15,995**

A PARTIAL LIST OF OUR CURRENT INVENTORY OF CARS, TRUCKS, SUVs & VANS

CARS

2011 BMW M3 Convertible Hardtop #15118	\$26,995
2016 Subaru WRX Turbo AWD 6 Spd Manual #36218	\$23,995
2017 Chevy Volt LT Electric/Hybrid NICE! #47218	\$19,995
2015 Hyundai Sonata Limited Leather, 35mpg! #02119	\$15,995
2015 Honda Civic EX-L Leather, Moonroof #47418	\$15,995
2015 Toyota Prius C Nav, Moonroof! #48918	\$15,995
2011 Chrysler 300 Ltd Nav, Leather, BU Cam #35018	\$15,995
2015 Toyota Prius c One Hybrid 53 MPG! LOW MILES! #39618	\$15,995
2017 Toyota Corolla LE Back-Up Cam, 36 MPG, 1-OWNER #44918	\$15,995
2016 Ford Fusion Back-Up Cam, 34 MPG, SHARP! #42918	\$15,995
2011 Chevy Camaro LT Rally Sport 6 Spd Manual, NICE! #35718	\$15,995
1989 Chevy Corvette 6 Spd, FAST! #30817	\$14,995
2015 Kia Forte 6 Spd Manual, 39 MPG! #41718	\$13,995
2017 Hyundai Accent Like new! 36 MPG! #45118	\$12,995
2012 VW Jetta TDI Diesel Turbo, 37 MPG! #36418	\$12,995
2009 Ford Mustang Premium 24 MPG, 1-Owner! #43118	\$11,995
2015 Chevy Cruze LS 6 Spd Manual, 36mpg! #00519	\$10,995
2008 Chevy HHR SS Turbo Charged Wagon! #44118	\$7,995
2005 Honda Civic EX 5 Spd Manual, 34mpg! #02419	\$5,995
2008 Chevy Aveo5 LS 5 Spd Manual, 34mpg! #02819	\$5,995

TRUCKS

2016 Ford F-250 Super Duty Lariat 4x4 6.7L Diesel, 6 Spd #41918	\$43,995
2011 GMC Sierra 2500HD SLE 4x4 Z71 Duramax #02918	\$36,995
2016 Toyota Tacoma TRD Off-Rd 4x4, Double Cab. #48418	\$35,995
2012 Ford F-150 Lariat 4x4 Ecoboost, Crew Cab #36518	\$30,995
2014 Ford F-150 Crewcab Leather, Low Miles! #02219	\$29,995
2017 Nissan Titan SV 4x4 CrewCab Like New! #01119	\$29,995
2015 Chevy Colorado Z71 4x4 Crew Cab. #43618	\$29,995
2017 Nissan Titan SV 4x4 Crew Cab, Like New! #25118	\$29,995
2009 Ford F-250 Super Duty XLT 4x4 6.4L Diesel, Crew Cab #42718	\$26,995
2011 Chevy Silverado 1500 LT Z71 4x4 Crew Cab. #47018	\$24,995
2010 Nissan Titan PRO-4X 4x4 Crew Cab #34318	\$22,995
2011 GMC Sierra 1500 SLT 4x4 Crew Cab, Nav! #04219	\$21,995
2014 Ram 1500 Big Horn Turbo Diesel, Crew Cab! #01419	\$21,995
2013 Chevy Silverado 1500 4x4 5.3L ExCab. #39018	\$18,995
2016 Ford Ranger XLT 5 Spd Manual, Campershell! #03419	\$17,995
2011 Nissan Titan SV 4x4 Crew Cab, Leather Seats #43718	\$17,995
2007 Toyota Tundra SR5 4x4 CrewMax TRD Off-Rd #40718	\$17,995
2007 Dodge Ram 1500 SLT HEMI 5.7L, Megacab #38518	\$17,995
2007 Chevy Colorado LT Crew Cab, CLEAN. #36918	\$15,995

SUVs & VANS

2017 Toyota 4Runner SR5 4WD, 3rd Row, LIKE NEW! #15918	\$33,995
2014 Toyota 4Runner SR5 Premium 4WD, 3rd Row, NICE! #03319	\$30,995
2016 Ford Expedition EL XLT 4x4, 3rd Row #17318	\$29,995
2017 Chevy Traverse LT 3rd Row, Like New! #40418	\$27,995
2015 Toyota Highlander LE 3rd Row, AWD! #14918	\$25,995
2014 Honda Odyssey EX-L 8 Passenger #47118	\$23,995
2015 Subaru Forester 2.5i Prem AWD, Moonroof #48018	\$21,995
2017 Kia Sorento LX AWD 3rd Row #42418	\$21,995
2015 Subaru Forester 2.5i Prem 6 Spd Man, AWD! #00319	\$20,995
2015 Subaru Outback 2.5i Premium AWD, Lanewatch #41518	\$20,995
2015 Ford Edge SEL AWD, Backup Cam, Extra Clean #44018	\$19,995
2016 Nissan Pathfinder 4x4 3rd Row! #02118	\$19,995
2017 Dodge Journey SXT 3rd Row AWD, Like New! #42018	\$19,995
2015 Chevy Traverse LT 3rd Row, AWD #29518	\$18,995
2015 Chrysler Town & Country Touring Leather, 3rd Row #00719	\$17,995
2017 Jeep Compass Latitude 4WD, LIKE NEW! #26818	\$17,995
2010 Toyota Highlander SE AWD 3rd Row #40218	\$15,995
2016 Jeep Compass 4x4 Like New! #18318	\$15,995
2005 Toyota Sequoia Limited 3rd Row, Nav #33618	\$10,995
2011 Ford Transit Connect Cargo Van XLT Great Deal! #46618	\$9,995

VIEW OUR INVENTORY ONLINE AT
ROYSAUTOCENTER.COM

You gotta see the boys at Roy's!

5th & Broadway
Eureka
707-443-3008



Like us on
facebook!

facebook.com/roysautocenter

All vehicles subject to prior sale. All prices plus tax, license, smog & documentation.
Prices good through 2/26/19.

2 Locations to Serve You!

5th & A Street
Eureka
707-443-7697

(707)
443-4861



NORTHWOOD
CHEVROLET • HYUNDAI • USED CARS

7th & D
Street,
Eureka

LIMITED LIFETIME POWERTRAIN WARRANTY!

2018 CHEVROLET CAMARO 2 SS MANUAL



MSRP \$52,730
Model Year Closeout - \$3,000
Customer Cash - \$1,000
Select Market Bonus Cash - \$1,000

\$47,730

2018 CHEVROLET CAMARO ZL 1



MSRP \$69,860
Model Year Closeout - \$4,000
Customer Cash - \$1,000
Select Market Bonus Cash - \$1,000

\$63,860

2018 CHEVROLET MALIBU



MSRP \$29,090
Model Year Closeout - \$1,300
Customer Cash - \$2,500
Cash allowance when financed with GM Financial - \$750

\$24,540

2018 CHEVROLET MALIBU



MSRP \$25,515
Model Year Closeout - \$1,300
Customer Cash - \$2,500
Cash allowance when financed with GM Financial - \$750

\$20,965

2018 CHEVROLET MALIBU



MSRP \$27,830
Model Year Closeout - \$1,300
Customer Cash - \$2,500
Cash allowance when financed with GM Financial - \$750

\$23,280

2018 CHEVROLET SONIC



MSRP \$21,780
Model Year Closeout - \$1,000
Customer Cash - \$1,500
Cash allowance when financed with GM Financial - \$1,000

\$17,780

2018 CHEVROLET SUBURBAN



MSRP \$76,885
Price Reduction Below MSRP - \$4,466
Model Year Closeout - \$1,600
Cash allowance when financed with GM Financial - \$2,306
Cash Allowance - \$1,685

\$66,828

2018 CHEVROLET TRAX



MSRP \$24,345
Model Year Closeout - \$1,000
Customer Cash - \$2,500
Select Market Bonus Cash - \$750
Cash allowance when financed with GM Financial - \$750

\$19,345

2018 HYUNDAI ACCENT



MSRP \$18,355
Price Reduction Below MSRP - \$500
Retail Bonus Cash - \$1,500

\$16,355

2018 HYUNDAI ACCENT



MSRP \$18,355
Price Reduction Below MSRP - \$500
Retail Bonus Cash - \$1,500

\$16,355

2018 HYUNDAI SANTA FE



MSRP \$43,270
Price Reduction Below MSRP - \$2,000
Retail Bonus Cash - \$4,000

\$37,370

2018 HYUNDAI ELANTRA GT



MSRP \$23,325
Price Reduction Below MSRP - \$1,000
Retail Bonus Cash - \$2,500

\$19,825

2019 CHEVY BOLT



7 in stock

**up to
\$6,000
off**

ALL NEW 2019 SILVERADO



**up to
\$6,500
off**

2018 MODEL YEAR END BLOWOUT

WWW.NORTHWOODCHEVY.COM

Marketplace

Miscellaneous

AIRLINE CAREERS begin here - Get started by training as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 800-725-1563 (AAN CAN)

ALL CLOTHES & SHOES 1/2 OFF! Men's, Women's Children's-Really!!! Dream Quest Thrift Store February 14-20. Where your shopping dollars support local youth! (530) 629-3006.

ATTENTION: OXYGEN USERS! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 866-642-3015 (AAN CAN)

AUTO INSURANCE STARTING AT \$49/ MONTH! Call for your fee rate comparison to see how much you can save! Call: 855-780-8725 (AAN CAN)

DISH TV \$59.99 For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Call Now: 1-800-373-6508 (AAN CAN)



WRITING CONSULTANT/EDITOR. Fiction, nonfiction, poetry. Dan Levinson, MA, MFA. (707) 443-8373. www.ZevLev.com

Fix your floating rates
HUMBOLDT
MORTGAGE COMPANY
50 GLORIOUS YEARS
since 1964
Bob@HumboldtMortgage.net
(707) 445-3027
2037 Harrison Ave., Eureka
CalBRE: #01144618, NMLS: #323296

NEED A ROOMMATE?

Roommates.com will help you find your Perfect Match today! (AAN CAN)

Auto Service

ROCK CHIP? Windshield repair is our specialty. For emergency service CALL GLASWELDER 442-GLAS (4527) humboldtwindshieldrepair.com

Cleaning



CLARITY WINDOW CLEANING Services available. Call Julie 839-1518.

Computer & Internet



Macintosh Computer Consulting for Business and Individuals Troubleshooting Hardware/Memory Upgrades Setup Assistance/Training Purchase Advice 707-826-1806 macsmist@gmail.com

Home Repair

2 GUYS & A TRUCK. Carpentry, Landscaping, Junk Removal, Clean Up, Moving. Although we have been in business for 25 years, we do not carry a contractors license. Call 845-3087

Musicians & Instructors

BONGO BOY
Recording for Local & Touring Artists in a professional, relaxed atmosphere by experienced, qualified engineers
e-mail: bongoboycd@sbcglobal.net
www.bongoboystudio.com
Celebrating 15 years in Humboldt County!
We also offer full-color CD & DVD short run & mass replication, Graphic design, CD Mastering, VHS-DVD & Cassette-CD
(707) 839-5090

BRADLEY DEAN ENTERTAINMENT Singer Songwriter. Old rock, Country, Blues. Private Parties, Bars, Gatherings of all kinds. (707) 832-7419.

Other Professionals

CIRCUS NATURE PRESENTS A. O'KAY CLOWN & NANINATURE Juggling Jesters & Wizards of Play Performances for all ages. Magical Adventures with circus games and toys, Festivals, Events & Parties (707) 499-5628 www.circusnature.com

KNIFE SHARPENING Knives • Blades • Shears Trimmers • Custom Orders Pick Up and Drop Off: **ARCATA: All Under Heaven** Arcata Plaza, 825-7760 **EUREKA: Little Japan** Henderson Center, 798-6003 **HARVEY'S SHARP-N-THINGS** 707 616-7022



PERMANENT MAKEUP & MICRONEEDLING Custom Cosmetics is now offering microneedling as well as permanent makeup services for the brows, eyes and lips. Microneedling along with stem cell cytokines reduces fine lines, wrinkles, stretch marks and scars. Younger skin in a few months. Are you interested? Call today for a free no obligation consultation.

(831) 295-1995
www.cosmeticinks.com

Real Estate

HUMBOLDT PLAZA APTS. Opening soon available for HUD Sec. 8 Waiting Lists for 2, 3 & 4 bedroom Apts.

Annual Income Limits:
1 pers. \$20,900; 2 pers. \$23,900;
3 pers. \$26,900; 4 pers. \$29,850;
5 pers. \$32,250; 6 pers. \$34,650;
7 pers. \$37,050; 8 pers. \$39,450

Hearing impaired:
TDD Ph# 1-800-735-2922

Apply at Office:
2575 Alliance Rd. Bldg. 9 Arcata,
8am-12pm & 1-4pm, M-F
(707) 822-4104



Lodging

Ripple Creek Cabins
TRINITY ALPS WILDERNESS AREA
Getaway in beautifully furnished cabins on the Upper Trinity River. Hike, bike, fish or just relax in seclusion.
OPEN YEAR ROUND
www.ripplecreekcabins.com
(530) 266-3505
(530) 531-5315

Home & garden improvement experts on page 8.



442-1400 x319
melissa@northcoastjournal.com

McKinleyville

\$399,900
CUSTOM MCKINLEYVILLE HOME! Soaring ceilings welcome you in this spacious 2-story, 3 bedroom, 2.5 bath home with a loft area. The open floor plan with tons of natural light augment the great location. The kitchen features granite counter tops and stainless steel appliances. Enjoy outdoor entertaining with the wraparound covered deck and large lot that offers pastoral views and even a paved basketball court. Call today for your private showing! MLS# 252856



MING TREE REAL ESTATE
REALTY www.mingtreerealty.com

Sylvia Garlick #00814886 • Broker GRI/Owner
1629 Central Ave. • McKinleyville • 707-839-1521 • mingtreesylvia@yahoo.com

Marketplace

IN HOME SERVICES

We are here for you

Registered nurse support
Personal Care
Light Housekeeping
Assistance with daily activities
Respite care & much more

Insured & Bonded

Serving Northern California for over 20 years!



MENDOCINO • LAKE & HUMBOLDT CAREGIVERS
WE ARE HERE FOR YOU

TOLL FREE 1-877-964-2001

Body, Mind & Spirit

HIGHER EDUCATION FOR SPIRITUAL UNFOLDMENT. Bachelors, Masters, D.D./Ph.D., distance learning, University of Metaphysical Sciences. Bringing professionalism to metaphysics. (707) 822-2111

- T JONATHON PROCTOR -
Transformational Counselling

"This is what change looks like"

ACCEPTING NEW CLIENTS
707 445 2437

Loving Hands

Institute of Healing Arts



State-licensed school of Massage Therapy

Private Practice

Finnish Sauna

Valentine Special!
Gift certificate for 2
1 hr Swedish massages &
½ hr sauna for
\$110!

725-9627

739 12th St. Fortuna
www.lovinghandsinstitute.com

NCJDAILY

No longer just a weekly.



northcoastjournal.com/NCJDaily



PLACE YOUR AD HERE

442-1400 x314

classified@northcoastjournal.com

the LAND MAN OFFICE

315 P STREET • EUREKA
707.476.0435



MULTIPLE LISTING SERVICE
MLS



Charlie Tripodi
Owner/
Land Agent
BRE #01332697
707.476.0435



Kyla Tripodi
Owner/Broker
BRE #01930997
707.834.7979



Katherine Fergus
Realtor
BRE #01956733
707.601.1331



Tyla Miller
Realtor
BRE #01919487
707.362.6504



Hailey Rohan
Realtor
BRE #02044086
530.784.3581



3375 PIGEON POINT ROAD, EUREKA - \$495,000
±6 Acres, privacy, 3600 sq ft tri-level house w/ basement, 2 car garage, loft, large open yard.

BERRY SUMMIT – LAND/PROPERTY - \$535,000

±21 Acres with interim county and temporary state permit for 13,550 sq ft of outdoor cultivation space!



NEW LISTING!



ELK PRAIRIE VINEYARD - \$1,350,000
Established ±20 acre vineyard w/ 3 homes, winery, cellar, tasting room, mature grapes & olive trees.

KNEELAND – LAND/PROPERTY - \$699,000

±40 Acres featuring interim permit for 7,500 OD & 2,500 ML, meadows, outbuildings & more!



FERNDALE – LAND/PROPERTY - \$1,250,000
±80 Acres w/ State approved and County stamped permit for 22,000 sq ft ML and 6,400 sq ft OD cultivation space!

RUTH – LAND/PROPERTY - \$199,000

±40 Acres w/ south facing flats, 2 ponds, water storage, irrigation systems & several structures.



HONEYDEW – LAND/PROPERTY - \$589,000
±40 Acres with State & County Interim permit for 5,828 OD. Features river frontage, large flat, cabin, yurt, and well.

1293 MARSHALL LANE, HOOPA - \$259,000

Flat, usable ±.65 parcel, fully fenced, w/ Mill Creek frontage, fruit trees, 2 cabins w/ bath & electric. OWC.!



NEW LISTING!

WILLOW CREEK – LAND/PROPERTY - \$1,175,000

±140 Acre property with temporary State and interim County permit for 28,900 sq. ft. of outdoor cultivation space!



MANILA – LAND/PROPERTY - \$349,000

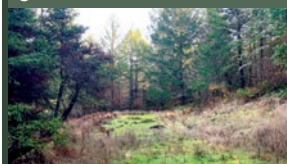
±9 Acres of coastal land w/ community services at the property and has multiple lot subdivision potential.

ALDERPOINT – LAND/PROPERTY - \$749,000

±6 Acre turn key farm w/ State & County Interim permit for 20k OD and 4k ML! Complete with PG&E, community water, pots & greenhouses!



REDUCED PRICE!



BRIDGEVILLE – LAND/PROPERTY - \$499,000

±40 Acres featuring State and County interim permit for 10,550 OD, creek frontage, springs, 3 ponds, cabin, & outbuildings!

WILLOW CREEK – LAND/PROPERTY - \$325,000

±80 Acres w/year-round creek, flat, mountain views. Permit app for 17,500 sf OD and 2500 sf ML.



RUTH – LAND/PROPERTY - \$295,000

±160 Acres surrounded by NFS land w/ meadows, a mix of oak and fir timber, cabin & outbuildings, pre-existing ag infrastructure.

INDIAN ISLAND – LAND/PROPERTY - \$99,000

Unique property with a one bedroom cabin. Boat accessible only. Property has no utilities.



REDUCED PRICE!

REDWOOD VALLEY – HOME ON ACREAGE - \$399,000

±1.2 Ac w/ creek frontage, 2/1 home, guest cabin, pool & deck, garage/shop, tool shed, orchard.

EUREKA – LAND/PROPERTY - \$135,000

2 Eureka lots totaling ±.14 acres. With permits paid for 2 commercial buildings and city services, these parcels are ready to go!



1740 MYRTLE AVENUE, EUREKA - \$259,000

3 bed / 2 bath home in Myrtle town with detached garage and room for RV parking!

humboldtlandman.com

Love Blooms

This Valentine's Day, indulge your loved ones - or yourself - with fair-trade roses from the Co-op. It's a gift of love that gives back.



Open Daily
6am to 9pm

811 I St. Arcata • 25 4th St. Eureka
www.northcoast.coop

NORTH COAST
CO-OP